



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5323 Pearl Road
Cleveland, Ohio 44129-1503
Tel: (440) 842-8442

ATS Founded in 1902

May 23, 2025

Issue 11

2025 Easter Coloring Contest

The ATS Youth Activities Committee would like to thank all the junior members who sent in their colored Easter pictures.

CONGRATULATIONS to the Winners!

Ages 3-4

Emillia-Jayne Sanchez, BR 27

Ages 7-8

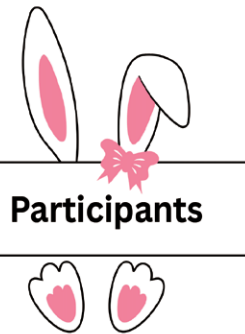
Quinn Carlevale, BR 30

Ages 5-6

Mariah Klinck, BR 18
Eugene Morgan, BR 1

Ages 9-10

Allie Schroll, BR 4



Participants

Alice Emig, Br 30
Amelia Werner, BR 18
Angelo Castelucci, BR 45
Benson Carlevale, BR 30
Camden Jackson, BR 19
Claire Cunningham, BR 29
Claire Burick, BR 27
Clarke Lockwood, BR 4
Daniel Mezzara, BR 30
Easton Robb, BR 18
Elise Fogle, BR 33
Ella Popovich, BR 0
Ella Robb, BR 18
Emmarie Popovich, BR 0

Eva Fleischer, BR 37
Evan Burick, BR 25
George Lanahan, BR 0
Giuliana Mshar, BR 30
Henry Stelle, BR 25
Henry Lanahan, BR 0
Jack Collier, BR 9
Jacob Burick, BR 25
Jacob Stelle, BR 25
Judah Stelle, BR 25
Kendall Emerich, BR 27
Kira Meekins, BR 4
Landon Loyd, BR 30
Laurel Emerich, BR 27

Madelyn Loyd, BR 30
Myra Bartell, BR 30
Niklaus Bartell, BR 30
Paige Davis, BR 30
Remi Burick, BR 27
Remy Gillis, BR 45
Rhett Burick, BR 25
Richman Cook, BR 27
Rosie McCormick, BR 30
Shepard Collier, BR 9
Sloan Duponty, BR 30
Trace Burick, BR 25
Zella Morgan, BR 4
Zoey Ryan, BR 8

PRESIDENT'S MESSAGE

By Denise Aeling Crawford
ATS Nat'l President



Memorial Day is fast approaching. In contrast to Veterans Day, which honors all who served in the military, Memorial Day is a day to remember those who died for our freedoms. It is a time to honor and reflect on the lives of the brave men and women who gave the ultimate sacrifice while serving in the United States Armed Forces. As Americans, our freedom comes at a cost and Memorial Day is the opportunity to recognize that cost with reverence and gratitude. Have you found yourself saying "Happy Memorial Day" to people? Or "Have a nice long weekend"? For Gold Star families, active-duty soldiers or veterans who have lost friends and family members, these comments can hurt. We don't mean it that way, but maybe we should say "Wishing you peace and reflection on this Memorial Day" or "Take some time to remember those who gave all", instead. The following quote from Ronald Reagan is very powerful: "Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same." So, let's take a moment on this coming Memorial Day to reflect on our freedom that we enjoy here in the United States and honor our fallen heroes who helped give us this freedom. Indeed, we live in the "Home of the free, only because of the brave".

Speaking of freedom, the Transylvanian Saxons enjoyed freedom after traveling to the Carpathian Mountains and settling in the area known as Siebenbürgen or Transylvania way back in the day. We Saxons are celebrating 800 years of the Andreanum or Golden Charter. This Charter was created in the year 1224 by King Andrew II from Hungary who gave the Saxon people the privilege to govern or rule themselves. The original document was lost. However, a new document was re-written and signed by King Charles I Robert in 1317. This document was kept in the Archives of the Saxon Nation in Hermannstadt and is now in the Romanian/Sibiu State Archives. When attending the Sachsentreffen in Hermannstadt last summer, a presentation of the Golden Charter took place. I was able to take a few pictures of the Charter (under glass and under watch from a soldier) that was on display. During the North American Heimattag

Continued on Page 3

**TIMELY - DO NOT DELAY
MAILED TUESDAY, MAY 20, 2025**

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5323 Pearl Road Cleveland OH 44129-1503



Countdown to our
North American Saxon Heimattag
Youngstown, Ohio July 11 - 13, 2025
49 days left!
See Page 5 for Reservation
and Hotel Information



Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsen to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donations to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5323 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name_____

Address_____

City_____State_____

Zipcode_____

Amount Donated \$_____

Please indicate if donation is in memory
or honor of someone



TSBA
CONVENTION

**Bowlers convention
this year is June 14
in New Castle.
Audit 9:30 a.m.
Meeting 10:30 a.m.**

**Please contact
Rich Baker at
(724) 854-0149
by June 7
and let him know
how many are
coming from your
branches.
Refreshments
will be served.
Location:
Eintracht
Singing Society
108 Taylor Street
New Castle, PA**

Treasury to
eliminate most
paper checks

As check fraud and mail theft become more common, the U.S. Treasury plans to phase out paper checks for things like tax refunds and Social Security payments.

Instead, most payments will be made to direct deposit, debit and credit cards, and digital wallets -- methods that are more secure and save time and money.

Some exceptions will be made, however. According to Kiplinger, special arrangements will be made for those who don't have access to banking services. About 450,000 people receive Social Security payments by check now.



ATS SAXON RELIEF FUND



We petition our Saxon fraternal community - members, branches, affiliate organizations, and friends to continue to support our Saxon Relief Program.

The need is still great and we ask our members and friends to continue to support our Saxon Relief Fund program with generous contributions.

Please send your contributions to our ATS office, 5323 Pearl Road, Cleveland, Ohio 44129. Write checks payable to the "ATS SAXON RELIEF FUND". Thank you for your help!



NOTE: Gift packages can be ordered for delivery to a specific relative or friend in Transylvania for a minimal cost of **\$50.00**. Send your check payable to the "ATS Saxon Relief Fund" and the **exact name and address** of the recipient to our ATS Office. Please print or type for clarity. The package contents include non-perishable items such as: Coffee, Milk, Cocoa, Sugar, Rice, Flour, Margarine, Soup, Chocolate, Cheese, Sausage, Yeast, etc.

Alliance of Transylvanian Saxons
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SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES
IS WEDNESDAY - 12 NOON.

You may either
E-MAIL: saxonvolksblatt@aol.com
POSTAL MAIL:
Saxon News Volksblatt
29076 Fall River Dr
Westlake, OH 44145

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, MAY 28, 2025	FRIDAY, JUNE 6, 2025
WEDNESDAY, JUNE 11, 2025	FRIDAY, JUNE 20, 2025
WEDNESDAY, JUNE 25, 2025	FRIDAY, JULY 4, 2025

Please have your articles in by 12 Noon.

Did you miss the deadline?
Have you emailed your article past 12 Noon?
Please call Hanz Hermann at (440) 525-0020

PRESIDENT'S MESSAGE

Cont'd from Page 1

this July in Youngstown, we will have an exhibition of this Golden Charter. A representative from the Federation of Transylvanian Saxons will be here, along with an exact copy of the Golden Charter.

I hope many of you will attend the Heimattag, listen to the presentation of the Andreanum, enjoy the cultural performances, make new friends while catching up with old friends, and for a while, come together with your fellow Transylvanian Saxons and celebrate the Homeland.

Did you know that Benjamin Franklin revealed his design for bifocal glasses on May 23, 1785? According to History.com, Franklin revealed in a letter dated May 23, 1785, his design for what would later become known as bifocal glasses. Ben was an inventor, printer, author, diplomat, and a Founding Father. He had grown tired of alternating between two different pairs of glasses to help his near or far vision. He came up with an idea to, literally, split the difference. In that letter to his friend George Whatley, a London merchant and pamphleteer, Ben included a sketch of his newest invention, stating that he found the bifocals very useful while dining in France. Using them, he could see both the food he was eating and the facial expressions of the people who were seated across the table from him. This helped him better interpret their words, which was crucial for a diplomat in a foreign country. Franklin wrote "I therefore had formerly two pair of spectacles, which I shifted occasionally, as in travelling I sometimes read, and often wanted to regard the prospects. Finding this change troublesome...I had the glasses cut, and half of each kind associated in the same circle. By this means, as I wear my spectacles constantly, I have only to move my eyes up or down, as I want to see distinctly far or near, the proper glasses being always ready." Later known as bifocals, Franklin called the glasses "double spectacles".

Like with his other inventions, which included the

lightening rod, swim fins, a urinary catheter, and the Franklin Stove which provided more heat using less fuel than other stoves, Franklin had little interest in making money. He only wanted to help other members of the community struggling with vision deterioration. Benjamin Franklin never patented any of his inventions. His only intent was to share them freely.

Franklin was born in Boston in 1706. He moved to Philadelphia at age 17 and found work as a printer. He spent some years in London, again working in the printing business. He returned to Philadelphia in 1726 and opened a printing shop. Starting in the 1730s, he helped establish various community organizations, including a lending library at a time when books were hard to come by. That library remained the largest U.S. public library until the 1850s. Other organizations included the city's first fire company, a police patrol, and the American Philosophical Society. Franklin organized the Pennsylvania militia, raised funds to build a city hospital and spearheaded a program to pave and light the city streets. He was also a key figure in the colonial postal system.

Benjamin Franklin served in the Second Continental Congress during the American Revolution and helped to draft the Declaration of Independence in 1776. He negotiated the 1783 Treaty of Paris that ended the Revolutionary War. In 1787, in his final significant act of public service, he was a delegate to the convention that produced the Constitution of the United States in 1787. Franklin died in 1790 at the age of 84. More than 230 years after his death, Benjamin Franklin remains one of the most celebrated figures in U.S. history. Various towns, schools and businesses across America are named after him. He's also one of two non-presidents whose picture currently appears on U.S. bills in circulation. Alexander Hamilton (the first Secretary of the Treasury) is on the \$10 bill and Mr. Franklin is on the \$100 bill.

Until next time...



Beach bag essentials for the entire family

Memorial Day is the unofficial kickoff to summer, which means that it's finally beach (or lake or pool or swimming hole) season. A well-stocked beach bag will help you and your family enjoy a comfortable and safe day on the water.

Start with a good beach bag, wagon, or storage bin. Look for a bag that's lightweight and durable on its own, resists dirt and water, and can be wiped down easily. A plastic storage bin with a sealing lid is also a good choice if you're keeping multiple people supplied for the day. Collapsible folding wagons can also come in handy, especially if you're bringing beach chairs and other larger items.

- Swimsuits.
- Appropriate footwear. Basic sandals may suffice, or you may need quick-drying water shoes or athletic-style sandals to protect you from sharp rocks and slippery surfaces.
- Sun protection. Discard any expired sunscreen and restock. Bring plenty -- you should plan to reapply about every 80 minutes, and the average adult needs the equivalent of a shot glass full of sunscreen lotion to cover their entire body. UV-blocking hats and sunglasses provide additional protection.
- Beach towels and blankets.
- Waterproof phone pouch.
- Drinks and snacks. Fill large reusable water bottles.
- Beach cupholders. Beach cupholders can be inserted with a stake into the ground or hooked onto a chair.
- Swimsuit cover-ups and a change of clothing.



Association of Transylvanian Saxons in Germany e.V.

"Together side by side"

Heimattag from 6-9 June 2025
in Dinkelsbühl

Munich – The Association of Transylvanian Saxons in Germany is organising the 75th Homeland Day from 6 to 9 June in Dinkelsbühl under the motto "Together side by side". On the Pentecost weekend, thousands of visitors will be offered an attractive programme. Culture and entertainment, tradition and customs, dance and music guarantee an atmospheric Pentecost meeting - a festival of encounter for all generations.

Since 1951, Dinkelsbühl in Central Franconia has been the centre of the Transylvanian-Saxon world at Pentecost. This year's Heimattag will kick off on Friday evening (6 June) with a welcome party in the Festival Tent with live music.

At the official opening on Saturday (7 June), Dr. Bernd Fabritius, Federal Government Commissioner for Repatriate Issues and National Minorities and President of the Federation of Expellees, Dr. Petra Loibl, Member of the German Bundestag, Commissioner of the Bavarian State Government for Repatriates and Displaced Persons, Andreas Hofmeister, Member of the German Bundestag, Commissioner of the Hessian State Government for Displaced Persons and Ethnic German Repatriates, and Dr. Christoph Hammer, Mayor of the City of Dinkelsbühl, will speak.

At the festive service on Pentecost Sunday (8 June), retired Dean Hans-Gerhard Gross will preach. A traditional crowd puller is the traditional costume parade through the historic old town of Dinkelsbühl, in which around 100 groups with well over 2000 participants will take part. At the subsequent rally in front of the Schranne, Prof. Dr. Roman Poseck, Member of the Bundestag, Hessian Minister of the Interior, Security and Homeland Security, and the Federal Chairman of the Association of Transylvanian Saxons in Germany, Rainer Lehn, will speak. A greeting will be given by the musician Peter Maffay, who comes from Transylvania. The 75th anniversary of the Transylvanian newspaper is the subject of an exhibition in the House of History in Dinkelsbühl. As part of this year's award ceremonies, the journalist and historian Hannelore Baier will be awarded the Transylvanian-Saxon Culture Prize. The director of the "Dr. Carl Wolff" retirement home in Sibiu, Ortrun Rhein, accepts the Carl Wolff Medal.

The panel discussion on Pentecost Monday (9 June) in the Schranken Festsaal discusses the topic: "When is Dinkelsbühl again? Die Stadt, der Heimattag und die Siebenbürger Sachsen". Under the moderation of the Deputy Federal Chairman Werner Kloos, Dinkelsbühl's Lord Mayor Dr. Christoph Hammer, the Federal Officer for the Organization of the Heritage Day Horst Wellmann, the State Youth Leader of the Bavarian State Group of the Transylvanian-Saxon Youth in Germany (SJD-Bayern) René Buortmes and Martina Haas from the editorial office of the Fränkische Landeszeitung will discuss. The Heimattag 2025 includes a rich cultural program with exhibitions, lectures, book presentations, films, children's and youth events.

The detailed program can be found online: www.siebenbuerger.de.

INVITE

your relatives and friends
to join the crowd at ATS.

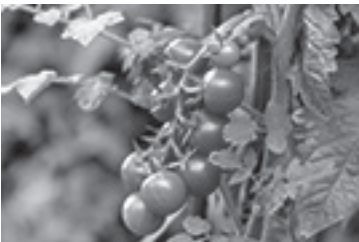
FRATERNAL CALENDAR

NATIONAL EVENTS

June 14, 2025
TSBA Convention Host: New Castle
June 15 - 20, 2025
Saxon Summer Camp at Camp Frederick
June 21, 2025
ATS Annual Fishing Charter
Linda Mae Charter, Eastlake, OH
July 11 - 12, 2025
North American Saxon Heimattag
Host: Youngstown Saxon Club
July 26, 2025
ATS Family Day at Waldameer
October 18 - 19, 2025
ATS Open Bowling Tournament
Host: Merrillville, IN

LOCAL EVENTS

June 1, 2025
Cleveland Saxon Dance Group
European Tour Dance Program Performance
June 15, 2025
Cleveland Sachsenheim Fathers' Day Dinner
June 18, 2025
Cleveland Sachsenheim / Gemütlichkeit Musikanten
Pilsner Patio Party
June 29, 2025
Chicago Br. 9 Annual Summer Picnic
July 13, 2025
Youngstown Saxon Day Picnic
July 19, 2025
Cleveland Sachsenheim / Gemütlichkeit Musikanten
Krampus in July
August 16, 2025
Cleveland Sachsenheim Sommer Oktoberfest
August 17, 2025
Cleveland East Br. 33 Annual Picnic
Penitentiary Glen
August 20, 2025
Chicago Br. 9 Performance of the Youth Dance Group
from Herzogenaurach Germany
Donauschwablen Club, Des Plaines
September 27, 2025
Cleveland Sachsenheim Clambake
October 15, 2025
Cleveland Sachsenheim Lagerfest
October 24, 2025
Cleveland Sachsenheim Children's Halloween Party
November 9, 2025
Cleveland Sachsenheim Veterans' Day Dinner
November 19, 2025
Cleveland Sachsenheim Tree Trimming
December 5-6, 2025
Cleveland Sachsenheim Sausage Making / Sale
December 13, 2025
Cleveland Sachsenheim
Children's Christmas Party



How to water
tomato plants

Tomatoes need consistent watering, but the exact amount depends on climate, soil type, and growth stage. Mature tomato plants typically need about 1 to 2 inches of water per week, which translates to roughly 1-2 gallons per plant per watering, depending on the plant size and weather. In hotter, drier climates, they may need closer to 2 inches, while in cooler, humid areas, 1 inch might suffice. Water deeply 1-2 times per week rather than shallow daily watering. Deep watering encourages roots to grow downward, making plants more drought-resistant. If the top 1-2 inches of soil feel dry, it's time to water. Young tomato plants (seedlings and transplants) need more frequent, lighter watering to establish roots—about 0.5 inches every 2-3 days, keeping the soil consistently moist but not soggy. Once tomatoes start setting fruit, they need more water to support growth. During this stage, aim for the higher end of the 1-2 inch range per week. Inconsistent watering here can lead to issues like blossom end rot (caused by calcium deficiency linked to uneven moisture) or fruit cracking (from sudden overwatering after a dry spell). In hot weather (above 85°F), tomatoes may need watering every 2-3 days, especially if they're in direct sun. In cooler weather, you can stretch it to once a week. If you don't water enough, leaves will look wilted, especially during the heat of the day, and the soil will feel dry. Fruit production may slow. If you water too much, you will see yellowing leaves, soggy soil, or a musty smell. Too much water, which can lead to root rot. Tomatoes don't like "wet feet"—good drainage is key.

ATTENTION:
Members Cleveland East Branch 33
2025-2026 Application for
Scholarship/Reimbursement College Expenses

Branch 33 members who are newly entering or continuing college (undergraduate studies only) are invited to apply for a Freshman (\$1,000) or Sophomore/Junior/Senior (\$500) scholarship for the 2025-2026 academic year. IT IS THE MEMBER'S RESPONSIBILITY to call or write to REQUEST an application.

DEADLINE IS May 30, 2025

Here are the eligibility requirements, i.e. the RULES.

- 1. At least one parent or guardian or grandparent of the applicant must be a member in good standing of ATS Branch 33 for the past two (2) years.
- 2. Scholarship applicants must be a member in good standing of ATS Branch 33 for the past two (2) years, having transferred from Junior/Juvenile status to Active/Adult i.e. local dues paying status.
- 3. Freshman: High School accumulative GPA minimum 2.0
- 4. Upperclassman: College accumulative GPA minimum 2.5

Branch 33 members attending college for undergraduate studies can request an application by mailing in the form below or via e-mail to Karyn Schmidt at mbks26@gmail.com. Questions call Karyn at (216) 382-7397.

Application Request for Branch 33
College Scholarship/Reimbursement

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

College/University: _____

Year: circle one
Freshman Sophomore Junior Senior

Parent/Guardian/Grandparent Name: _____

DEADLINE IS May 30, 2025:

Mail to: Karyn Schmidt
4979 Anderson Road, Lyndhurst OH 44124

ASK YOUR DEPUTY HOW
A CERTIFICATE OF
MEMBERSHIP IN THE ATS
CAN HELP YOU TO SAVE!

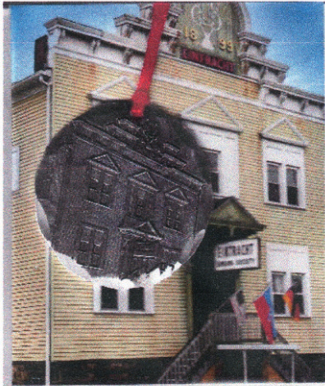


Alliance of
Transylvanian Saxons



Keep your memories alive
with this
Wendell August
ornament depicting the
unique Eintracht building in
New Castle, PA

\$20



"A Brief History of the
Transylvanian Saxons"
Booklet \$1.50

Pre-paid orders can be mailed in the continental United States for an additional
fee. Contact Judy Both at 724-654-0573 or jboth1512@comcast.net



**St. Peter's
German and Saxon
Lutheran Church**
11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.org

10:00 Service
Nursery
Coffee following service
Senior Circle

BRANCH 10, COLUMBUS
By Donald Blum

MONTHLY MEETING
May 19, 2025
Hickory House
550 OfficeCenter Place
Gahanna, Ohio 43239
12 Noon
Our meetings are the Third
(3rd) Monday of the month.
**Remember to bring a
canned good item, house-
hold product or other food
item.**

"The generous will
themselves be blessed, for
they share their food with
the poor."

EVENTS
Olga has put together flyers
for Heimattag, the summer
picnic and a schedule of
special dates for the entire
year, including the Christmas
Party. The mailer with these
events went out about 10
days ago. If you did not
receive the information and
would like to be included
please private message or
email us so we can get you
added and included.

CELEBRATIONS
Happy birthday to Heinz
Birtler (May 15), Jill Blum
(May 24) and George Lassel
(May 29). Alles Gute zum
Geburtstag!

FACEBOOK PAGE
Alliance of Transylvanian
Saxons, Columbus Branch
10 (Facebook Group).
We are happy to announce
that the group has grown to
235 members. Please invite
people to join our Facebook
Group, that is open to all
people interested in sharing
or reading about our Saxon
Heritage. We will continue
to modify and improve the

BRANCH 27, NEW CASTLE
By Dolores Both

Happy Mothers Day to all
our wonderful mothers. We
lovingly celebrate you. To
our deceased mothers, we
cherish you with the many
loving memories we have in
our hearts.

Members and guests gath-
ered at Soni's Restaurant on
May 1, 2025, at 6:00 p.m. for
dinner to celebrate Mother's
Day and to donate needed
items to ARISE (the women's
shelter). Members received
a raffle ticket for each item
donated. Doris Shenker was
the winner of the beautiful
Tree of Life necklace created
and donated by Katy Hudak.
Thank you, Katy! Doreen
Hietsch won the second
raffle prize, a stainless steel

2 qt. covered saucepan.
Congratulations Doris and
Doreen!

Thank you to our gener-
ous members and guests
for the many items donated
to ARISE.

The evening's entertain-
ment was provided by a
Spin to Win game. Cat-
egories included, *What Am
I*, *Nursery Rhymes*, *Well-
known Mothers*, and *Bonus*.
The questions really chal-
lenged our memories, but
the team effort of our ladies
and guests made everyone
a prize winner. We sure
had a lot of fun! Thank you,
Judy, for the fun we had and
for pushing us to the limits.
Thank you, Judy and Katy,
for donating the lovely gifts
we all won.

The Bake-Off on Saturday,
April 26, was a sweet suc-
cess! Twenty cakes, cookies
and desserts were entered
by the ladies and club mem-
bers. It was a gourmet treat
tasting all the sweets. First-
place winner of a covered
casserole dish with carrier
was Belinda Morningstar.
Her amazing strawberry
cheesecake was made us-
ing the original recipe from
Lindy's in New York. Second
place winner of a cookie
sheet, apron, and dish towel
was Elisabeth Kirr for her
pineapple cookies. Third-
place winner of a 10-piece
bowl set with lids was Judy
Both for her buckeye brown-
ies. Congratulations to our
winners and thank you to all
for the delicious desserts.

Our sympathies go out to
our treasurer, Linda Stoops,
and her family on the death
of her cousin.

Schedule of meet-
ings:
June 5 - Tanner's Restau-
rant 5:30 p.m.
July 10 - Soni's Restaurant
6:00 p.m.

Facebook page as needed.
While we welcome you to
join the Columbus Branch
10, you do not need to be
a member to join the Face-
book Group. You are invited
to join our Facebook group
and share your Saxon his-
tory or just enjoy what others
post. If you are interested in
becoming part of the Face-
book group you can request
an invitation or send me
your email address (donald-
cblum@prodigy.net), and we
will set you up.

We are happy to say, we
continue to add Saxon/
German heritage individu-
als to the Facebook Group.
Some of the new members
include people from Europe
and Canada. We encourage
you to spread the word about
our group.

**Our Facebook Group is
an excellent place to share
pictures that anyone would
have of the Transylvanian
Trip. It's a good reason to
join and become a part of
sharing Heritage informa-
tion.**

It's PICNIC TIME with the

A.T.S. COLUMBUS SAXONS--BRANCH 10

Sunday, June 29th, 2025

from 12 NOON to 4:00 PM

at MCGILL PARK same as last year

6725 Lithopolis-Winchester Rd.

Canal Winchester, OH 43110

RSVP: call or text Sara Alzner Brown at 614-395-2646

With number of family members & side dish by June 22!

(Meats, Buns, Drinks, Condiments PROVIDED by A.T.S. COLUMBUS SAXONS-BRANCH 10)

WE ARE LOOKING FORWARD TO SEEING YOU THERE!

Whoops...

Hospital regulations
require a wheelchair
for patients being dis-
charged. But a student
nurse, found one gentle-
man dressed and sitting
on the bed. He insisted
he didn't need a wheel
chair.

After a chat about
rules, he reluctantly let
the nurse wheel him to
the elevator. On the way
down the nurse asked
him if his wife was
meeting him.

"I don't know. She's
upstairs in the bathroom
changing out of her hos-
pital gown."



Mark Richards
Age: 73
Died: April 22, 2025
Branch 45, Ellwood City, PA

Ingrid Joy
Age: 84
Died: April 10, 2025
Branch 30, Youngstown, OH

Susanna Kauntz
Age: 92
Died: May 8, 2025
Branch 10, Columbus, OH

A Special Love

**One Sunday in the month of May
is designated Mother's Day.**

**A day to celebrate a special love
granted by our God above.**

**In all the states from coast to coast
about their mother children boast.**

**"Her talents are the best there is,
and she is a baking whiz!"**

**No matter what her skills may be,
a super hero is what I see.**

**Her gentle touch and caring ways
helped us through the endless days.**

**She held our hand and with us walked
guiding our future as we talked.**

**She may be gone from earthly strife,
but what you are celebrates her life.**

**If you're lucky enough to still have her near,
cherish the woman you call "mother dear".**

An original poem by Judith E. Both 2019





Join us at the Annual Saxon Branch 9 Summer Picnic Celebration

There will be food, fun, raffles and fellowship.



The committee would appreciate donations of baked goods.

Where: Linne Woods, Grove 1, on Dempster and Ferris Ave. in Morton Grove

When: Sunday, June 29, 2025

Time: Beginning at 11:00 AM



BRANCH 9, CHICAGO
By Rose-Marie Hauer

Our meeting was held on May 5, with good attendance. President Thut wished all the moms a very Happy Mothers Day and bakery treats were shared with all in attendance.


Upcoming events

Picnic on June 29 at Lynne Woods.

Evening Dinner and the and performance by the Transylvanian Youth Dance Group Herzogenaurach on August 20, 2025. Dinner at 5:00 p.m. Performance at 6:30 p.m. On line reservations: <https://forms.gle/NTTaBkNLJJpcQTQ6A> or call Elfi at (847) 732-0939. Cost \$30 per person.

Banquet September 14, 2025 - canceled.

Our next meeting will take place on June 2, at 7 p.m.



ATS ANNUAL FISHING CHARTER

SATURDAY, JUNE 21, 2025

LINDA MAE CHARTER

226 E. Island Dr. Eastlake, OH

Just 20 miles East of Downtown Cleveland

\$35.00 for ATS members
\$75.00 for non-members

Pre-paid reservations only
Including fishing and bait
Charter departs at 2 p.m
Please arrive by 1:30

This is a great opportunity to enjoy what nature has to offer. What better way to spend the day having a great time, relaxing and fishing on Lake Erie. And the great thing about it is it's fun for everybody, from the person who never had a rod in their hand to the professional angler.

Space is limited. First Come, First Serve!

Additional fees, as needed, are:
Ohio one-day Fishing License \$14.00
Fishing Pole Rental \$15.00 (lost lures are \$5)
No License required for anyone under the age of 16

Names: _____


Address: _____

Cell Phone Number: _____ Email: _____

Please make checks payable to ATS

Mail reservation and check to ATS Home Office 5323 Pearl Road Cleveland, OH 44129

DEADLINE FOR RESERVATIONS: May 31, 2025





Come join the Siebenbürger Sachsen as we welcome the Transylvanian Youth Dance Group Herzogenaurach

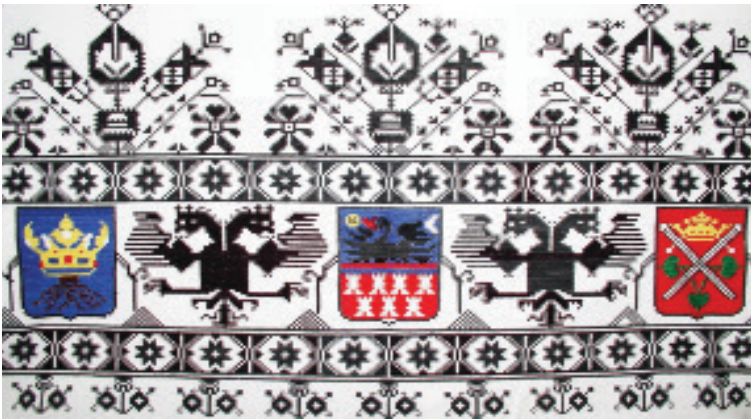


Traveling directly from Herzogenaurach, Germany and touring the USA.

Wednesday, August 20, 2025
Donauschwaben Facility 625 Seegers Road, Des Plaines, IL
Dinner will be served at 5:00pm
Dance performance at 6:30 pm
Advance tickets are \$30.00 per person which includes Buffet Dinner & Show- No refunds

Make your reservation(s) on line:
<https://forms.gle/NTTaBkNLJJpcQTQ6A>
Any questions contact Elfi at 847-732-0939
Reservations required by August 13.

Make checks payable to: Transylvania Saxon Benefit Society



New homeowner?
4 repairs to know

A ton of little things go wrong in a home and knowing a bit about repairs can save a lot of time and money.

Today you can see simple repairs by watching videos. They key is knowing which repairs to try yourself.

1. Toilets. They operate with a simple mechanism. Most of the problems with toilets can be solved by replacing simple parts.
2. Faucets. You don't need to be an engineer. Leaky faucets can easily be fixed or replaced even if you aren't a DIY person.
3. Drains. Clog? Try a plunger to clear the clog and skip chemical drain cleaners.
4. Screens. Got a hole in a window screen? If the frame is in good shape, the repairs are easy, according to Family Handyman. It takes minutes to replace screens.



Salem Saxon Scholarships

Salem Branches 18 & 19

SCHOLARSHIP APPLICATIONS

AVAILABLE AT THE GUIDANCE OFFICE
SALEM HIGH SCHOOL
UNITED LOCAL HIGH SCHOOL
WEST BRANCH HIGH SCHOOL

OR EMAIL BABRAYN@SBCGLOBAL.NET

**BRANCH 33,
CLEVELAND EAST**
By Arline Krestel-Suts

The history of the doughnut goes back centuries, long before the discovery of the New World. And every culture has their own recipe for making these delightfully delicious fried balls of dough.

Our Transylvanian Saxon ancestors brought Krapfen to America. They offered a taste of home. Our mothers and grandmothers made Krapfen and have passed on their recipe. But many of us younger generations have been Americanized... We don't make them; it's easier to run up to Dunkin or Giant Eagle to buy a watered-down industrialized version.

So, we sisters of Branch 33 thought why don't we bring the tradition of making Krapfen back? I mean, we do Saxon Sausage so why not do Krapfen?! Personally, I have never tried and scared to start. It's intimidating- my own mother and grandmother made them so well... how could I even get to their level of donut making?

Enter Ema Litschel, with the knowledge and patience to teach her brethren of Branch 33. And Krapfen making does take time and patience. So, thank you, Ema, for helping us re-learn the art of Krapfen, so we also can pass it on before it is lost in this modern New World.

Frankly, I love sharing the kitchen, cooking and baking with a group of women (and a few men came too)! Hard work but so much more fun as a group activity. So, here we share several pictures of our Krapfen making event on May 10th; made over 50 dozen. Whew! And I'm not embarrassed to gloat- the Krapfen turned out and tasted fantastic! Maybe next year we'll make more....

Cleveland East making Krapfen!



Henry Hum wore words of inspiration



Wayne Kraus made sure all is clean



Margie Ziegler preps yeast & milk



Ema Litschel & Sue Guip mix dough, pounding the air in



Dough has risen! On to rolling



Too flat, gotta let them rise more



Arline Suts and Cindy Schneider man the frying



OK! Done to the perfect color



Looking good!



Ema adds a little powder sugar for sampling



Donna Foisel and Cindy Schneider in Quality Control



Henry and Barb Hum fold the boxes



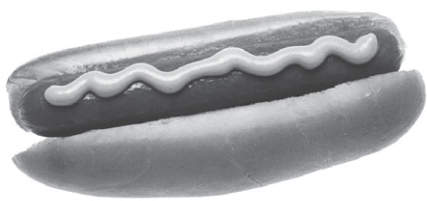
Oh yes, just like Oma's

**Besseres kann kein Volk vererben,
Als der eigenen Väter Brauch.
Wenn des Volkes Bräuche sterben,
Stirbt des Volkes Seele auch.**

**No people can inherit better things,
As the custom of their own fathers.
When the people's customs die,
The soul of the people also dies.**



Boxes ready to be filled



**Hot dogs:
Red hot since 1487**

Hot dogs are the quintessential American summer food. Cookouts simply wouldn't be the same without them. But like so many iconic American foods, the hot dog is so much more than just lunch -- it reflects the story of America itself.

Traditionally, the German city of Frankfurt-am-Main gets the credit as the birthplace of the first frankfurter in 1487, but they're not the only city that claims the hot dog. Some say that the wiener is named for Wien -- the Austrian city that English speakers call Vienna.

The frankfurter (or wiener or little-dog) sausage came to America in the 19th century with immigrants from Germany and Austria.

The first hot dog stand (as far as we know) opened in 1871 on Coney Island. The proprietor, a German baker names Charles Feltman, did a brisk business selling sausages with rolls, moving more than 3,600 in just the first year.

In 1893, hot dogs found their spiritual home: The baseball park. German immigrant Chris Von de Ahe, owner of the St. Louis Browns major league baseball team, started selling them during Browns games.

The origin of the name "hot dog" is something of a mystery. According to one popular legend, hot dog vendors at the New York Polo Grounds accidentally coined the name in 1901 as they shouted "Get your dachshund sausages while they're red hot!" during an unseasonably cold April day.

Hot dogs are firmly fixed to American culture. Between Memorial Day and Labor Day each year, Americans eat an estimated 7 billion hot dogs.

HEIMATTAG



Name: _____ Age: _____ Branch No. _____ Cert. No. _____

Address: _____

City: _____ State: _____ Zip Code: _____

Juvenile Members are encouraged to color and mail to the ATS Home Office for a special treat.

Please mail to the ATS Home Office; 5323 Pearl Road; Cleveland, OH 44129

Before June 30, 2025

Arlington Memorial Amphitheater: The heart of Memorial Day

On Memorial Day, the day set aside for honoring those who gave their lives for our country, no place is more central to than the Arlington Memorial Amphitheater.

Located at Arlington National Cemetery, the outdoor amphitheater attracts thousands of visitors every year for its moving 11 a.m. service, held every Memorial Day since 1920.

In the center of its eastern steps, is the Tomb of the Unknown Soldier, guarded around the clock by the U.S. Army's 3rd Infantry Regiment, "The



Old Guard.”

The marble-clad amphitheater seats 4,000, with standing room for another thousand. The main stage has three levels, each of which directs the gaze of a speaker to a klismos chair.

The klismos chair is always empty, facing the audience as a reminder of the missing heroes honored by the monument.

When the cornerstone of the amphitheater was laid, a box was sealed inside. Some of the articles it contained were a Bible, The Declaration of Independence, The U.S. Constitution, a map design for the city of Washington, D.C., one of each U.S. coin and postage stamp used in 1915, a 1915 U.S. Flag and an autographed photo of President Woodrow Wilson.

ATS BRANCH DIRECTORY

Cleveland, OH Br. 1
Mtg. 3rd Mon. 7:00 p.m.
Sachsenheim
7001 Denison Ave
Cleveland OH 44102
(216) 651-0888
PRES: Robert M. Hanek
22677Peachtree Ln
Rocky River OH 44116
(216) 385-9932 rhanek8@yahoo.com
SEC'Y. Same as President
ATS SEC'Y. Same as President
LOCAL DUES to August Botsch
12606 Arliss Dr Lakewood OH 44107

Alliance, OH Br. 3
Mtg. 3rd. Wed.- 6:30 p.m.
American Legion Post 166
141 W Main St Alliance OH
PRESIDENT John H. Aeling
15590 Georgetown St. NE
Minerva, 44657
(330) 862-3706
JDAlI852@yahoo.com
SEC'Y. John Esterly
2940 Cedarwood Dr
Alliance Oh 44601
(330) 821-8766
ATS SEC'Y. Helen Aeling
15354 Georgetown St. NE
Minerva OH 44657
(330) 862-2563
SICK NOTICES & LOCAL DUES to
John Aeling
Address shown as President

Cleveland, OH Br. 4
Mtg. 3rd. Mon. 7:00 p.m.
Sachsenheim 7001 Denison Ave.
(216) 651-0888
PRES. Monica M. Weber
(440) 356-5936
SEC'Y. Joan A. Miller-Malue
17105 Hilliard Rd.
Lakewood OH 44107
(216) 233-8631
miller-malue@cox.net
ATS SEC'Y Donna Jankow
7663 Ragall Pkwy
Middleburg Hts OH 44130
(440) 826-0773
SICK NOTICES to
Joan A. Miller-Malue
Address as above
LOCAL DUES to
Donna Jankow Address as above

Lorain, OH Br. 5
Mtg. 3rd Monday of month 7:00 p.m.
American Slovak Club
2915 Broadway, Lorain
PRES. Monica Gilles
3520 Beavercrest Dr. #107
Lorain OH 44053
(440) 309-7894
gillemo76@hotmail.com
SEC'Y. Brian Gilles
244 Ashwood Dr.
Avon Lake OH 44012
(440) 315-5214
bgilles74@yahoo.com
ATS SEC'Y. Ginger Romes
1507 West 39th St
Lorain OH 44053 (440) 989-8424
dgromes@roadrunner.com
SICK NOTICES to Jane Mowery
3600 Jaeger Dr Unit 3101
Lorain OH 44053 (440) 246-3004
janie.e.mowery@gmail.com
LOCAL DUES to
Michael W. Johnson
2151 Lakeland Ave
Lakewood OH 44107
(440) 225-8441 mikjo79@gmail.com

Farrell, PA Br. 7
Mtg. 3rd Tuesday 5:30 p.m.
Farrell Lions Den
810 Lions Club Lane Farrell PA
(724) 981-7130
PRES. Karen Zaborowski
1715 Shady Dr Farrell PA 16121
(724) 346-0373
SEC'Y.Same as President
ATS SEC'Y. Bonnie Gregorich
55 Oak Tree Ct
West Middlesex PA 16159
(724) 528-0309
SICK NOTICES to Karen Zaborowski
LOCAL DUES to Kathy Schuller
PO Box 834 Andover OH 44003
(440) 293-6973

Alliance, OH Br. 8
Mgt. 3rd Wed. 6:30 p.m.
American Legion Post 166
141 W Main St Alliance OH
PRES. Denise Crawford
9415 Elsmere Dr
Parma OH 44130
(330) 257-0267 dcrawfordcpa@outlook.com
SEC'Y. Lesley Reed
611 N. Market St Minerva OH 44657
(330) 868-3816
ATS SEC'Y. Helen E. Aeling
15354 Georgetown St. NE
Minerva OH 44657
(330) 862-2563 HHA658@aol.com
LOCAL DUES to: Lesley Reed
Same address as above
SICK NOTICES to: Barb Esterly
2940 Cedarwood Dr Alliance 44601
(330) 821-8766 jackprint@sbcglobal.net

Chicago, IL Br. 9
Mtg. 1st Mon. 7:00 p.m.
Donauschwaben Club
625 E Seegers Rd, Des Plaines IL
PRES. Diethild Thut
923 E Slayton Dr
Palatine IL 60074
(847) 414-2660
dedethut11@yahoo.com
SEC'Y. Elfi Sanderson
1425 London Lane
Glenview IL 60025
(847) 998-0939
elfisanderson@gmail.com
ATS SEC'Y: Claudia Schmidt
8550 Niles Center Rd Skokie IL 60077
(847) 899-8663
SchmidtC274@gmail.com
LOCAL DUES AND SICK NOTICES TO:
Claudia Schmidt
Address as shown above

Columbus, OH Br. 10
Mtg. 3rd Monday at Noon
Hickory House,
550 Officecenter Place Gahanna OH
PRES.Olga Hesch
7260 Refugee Rd
Pickerington OH 43147
H (614) 837-4038 C (614)432-3666
Olga.hesch@gmail.com
SEC'Y. Elizabeth Lassel
300 Glade Run Rd
West Jefferson OH 43162
H (740) 845-0564 C (614) 769-3986
ATS SEC'Y. P. Michael Roth
8063 Ivory Gull Cir Pickerington OH 43147
(614) 216-0008
LOCAL DUES and SICK NOTICES to
Donald Blum
6436 Lakeview Cir
Canal Winchester OH 43110
H (614) 837-1915 C (614) 580-8616
donaldblum@prodigy.net

Canton, OH Br. 14
Mtg. 2nd Sunday
Location varies
PRES. Thomas J. Rowinsky
1656 Dunkeith Dr NW, Canton, 44708
(330) 478-9333
ATS SECRETARY: Helen Aeling
15354 Georgetown St NE
Minerva OH 44657
(330) 862-2563 HHA658@aol.com
SICK NOTICES to Thomas Rowinsky
Address as shown above

Canton, OH Br. 17
Mtg. 2nd Sunday Location varies
PRES. Mary Rowinsky
1656 Dunkeith Dr NW
Canton OH 44708
(330) 478-9333
mkrowinsky@neo.rr.com
SEC'Y. Mary Rowinsky
1656 Dunkeith Dr NW
Canton OH 44708
(330) 478-9333
ATS SECRETARY: Helen Aeling
15354 Georgetown St NE
Minerva OH 44657
(330) 862-2563 HHA658@aol.com
SICK NOTICES to Mary Rowinsky
NO LOCAL DUES

USE ONLY THIS FORM FOR CHANGE OF ADDRESS AND CANCELLATIONS

All information in the form
to the right and below must
be correctly typed, or legibly
written.

- ☐ CHANGE
☐ CANCELLATION
☐ NEW to receive paper

☐ THIS CHANGE IS FOR: HOME OFFICE RECORDS & VOLKSBLATT ☐ VOLKSBLATT ONLY
Date: _____ Signature of Person Making Change _____

Mail to: Alliance of Transylvanian Saxons, 5323 Pearl Road, Cleveland, Ohio 44129-1503

CHANGE OF ADDRESS FORM

Branch No. _____ Certificate No. _____

SS# _____ Date of Birth _____

Name _____

Old Street Address was _____

City/State/Zip _____

New Street _____

City/State/Zip _____

Salem, OH Br. 18
Mtg. 2nd Mon. 7:00 p.m.
Saxon Club 1980 St. Rt. 9 Salem,
44460 (330) 222-1770
PRES.Chris Phillis
3824 Depot Rd Salem 44460
affordablebbq@yahoo.com
SEC'Y. / ATS SECRETARY
Barbara Spack
1389 Brookview Dr Salem, 44460
(330) 501-1491 babrayn@sbcglobal.net
SICK NOTICES to Theresa Spack
384 W Pershing
Salem OH 44460 (330) 831-4119
LOCAL DUES TO: Helen Aeling
15354 Georgetown St. NE Minerva
44657
(330) 862-2563 HHA658@aol.com

Salem, OH Br. 19
Mtg. 1st Mon. 7:30 p.m.
Saxon Club 1980 Newgarden Rd
Salem OH 44460 (330) 222-1770
PRES. Glenn Spack
943 Stewart Rd Salem OH 44460
(234) 320-4132
SEC'Y. Robert P. Vogt, Sr.
973 Sunset Blvd. Salem, 44460
(330) 881-3346 mvcobra27@gmail.com
ATS SEC'Y Glenn Spack
Address and phone as above
SICK NOTICES to Glenn T. Spack
address above
LOCAL DUES to Richard Vogt, Sr.
c/o Salem Saxon Club
1980 Newgarden Rd, Salem, 44460
(330) 222-1770

New Castle, PA Br. 25
Mtg. 2nd Thursday 8:00 p.m.
Eintracht Hall 108 Taylor St.,
New Castle PA 16101
(724) 652-7221
PRES. Karl E. Hermann
1650 Union Valley Rd
Wampum PA 16157
(724) 732-3426
karlhermann@comcast.net
SEC'Y. Jacob Holzhauser
764 Rose Point Rd New Castle 16101
(724) 971-1260
newcastleeintracht@gmail.com
ATS SEC'Y: Danual Forsberg
385 Trihaven Ln
New Wilmington, PA 16142
(724) 971-3448
danualforsberg@gmail.com
Local Dues: Joshua Stelle
10 Ludwig Rd New Castle, PA 16105
(724) 699-3039 Stellejw1@comcast.net

Merrillville, IN Br. 26
Meeting first Sunday at 2 p.m.
Slovak Club - 6920 Broadway
(219) 756-5101
PRES. Randall Floyd
1806 E 73rd Ave, Merrillville IN 46410
(219) 798-6908
Rfloyd1066@msn.com
SEC'Y.Brigitte Floyd
1806 E 73rd Ave, Merrillville IN 46410
(219) 688-6561
gittyfloyd@gmail.com
ATS SEC'Y. Jeff Szostek
625 Lake Shore Dr
Hobart IN 46342-5017
(219) 313-7854 219szos@gmail.com
LOCAL DUES to Zita Palyok
724 E. 25th Pl, Lake Station IN 46405
(219) 962-7345 randz724@comcast.net
Sick Notices to Brigitte Floyd
Listed above

New Castle, PA Br. 27
Mtg. 1st Thurs. 6:00 p.m.
Soni's Restaurant
3209 Wilmington Rd, New Castle
PRES. Judith Both
1512 Drespling Ln
New Castle PA 16101
(724) 654-0573
jboth1512@comcast.net
SEC'Y. Dolores Both
3512 Hunters Woods Blvd #1
New Castle PA 16105
(724) 658-7407 doloresboth@verizon.net
ATS SEC'Y. Judy Both
1512 Drespling Ln New Castle 16101
(724) 654-0573
LOCAL DUES to Katy Hudak
4097 County Line Rd
New Castle PA 16101
(724) 924-9286 katyb26@hotmail.com
SICK NOTICES to Judith Both

Monaca / Rochester PA Br. 29
Mtg. 2nd Monday 7 p.m.
Saxon Club 112 Simes Ave
Rochester, PA 15074
PRES. Cristy Roberts (724) 601-2047
SEC'Y Tiffiane Smilek (724) 709-1891
ATS SEC'Y Donald Ash (724) 777-9059
All correspondences should be
mailed to Saxon Club address above

Youngstown, OH Br. 30
Mtg. 2nd. Sun. 2:00 p.m.
Saxon Club 710 S. Meridian
Youngstown OH 44509
(330) 792-7973
PRES. Ernie Roth Sr.
6280 Morningside Rd
Hubbard OH 44425
(330) 501-1110 djera@netzero.net
SEC'Y Fran Hinerman
4535 Mellinger Rd
Canfield OH 44406
(330) 507-1340
ATS SEC'Y Julaine Gilmartin
4173 Timberland Trail
Canfield, OH 44406
(330) 799-5171
LOCAL DUES Val Thomas
5947 Tippecanoe Rd
Canfield OH 44406 (234) 201-3993
SICK NOTICES to
Rosemary Zamary
3202 Starwick Ct
Canfield OH 44406
(330) 792-0388
rzamary@yahoo.com

Ellwood City, PA Br. 32
Mtg. 2nd. Wed. 7:30 p.m.
Saxon Club 901 Millview St.
(724) 758-3268
PRES. Laura Goehring
113 Mahony Ave Ellwood City PA 16117
(724) 971-2040
SEC'Y Johanna Jenkins
909 Old Zelenople Rd.
Ellwood City PA 16117
ATS SEC'Y Lori Berendt
2260 Cherry Hill Rd
Ellwood City 16117(724) 714-1217
SICK NOTICES to: Joan Evans
197 Portersville Rd Apt 3
Ellwood City PA 16117
(724) 752-1109

Cleveland, OH Br. 33
Mtg. 2nd. Weds. 7:00 p.m.
Messiah Lutheran Church
5200 Mayfield Rd, Lyndhurst OH 44124
PRES. Margarete Ziegler
38047 Parkway Blvd.
Willoughby OH 44094
(440) 488-6421
margarez@aol.com
SEC'Y. Arline Suts
413 Downing Dr Chardon OH 44024
(440) 867-6103
asuts@windstream.net
ATS SEC'Y. Karyn Schmidt
4979 Anderson Rd
Lyndhurst OH 44124
(216) 382-7397
SICK NOTICES to Arline Suts
Address and phone as above
LOCAL DUES to Michael Bretz
388 East 317th St.
Willowick OH 44095
(216) 392-6241 meb3172@att.net

Detroit, MI Br. 37
Mtg. 1st. Sun. 12:00 p.m.
St. Peters Lutheran Church
11423 Chicago Rd. Warren, MI
(586) 978-3850
PRES. Susanna Fleischer
11060 Furbush Rd. Holly MI 48442
(810) 694-1860
beetlebugsue7@peoplepc.com
SEC'Y. Trudy Kalvin
2448 Orpington Troy MI 48083
(248) 925-9995
ACTING ATS SEC'Y.
Susanna Fleischer
Address as above
LOCAL DUES to Ingrid Weihs-Ferguson
11711 Lancer Dr Sterling Hts MI 48313
iwferguson@aol.com

Ellwood City, PA Br. 45
Mtg. 3rd Tuesday 7:30 p.m.
Saxon Club 901 Millview St.
(724) 758-3268
PRES. John Dengel
305 Stamm Hollow Rd.
Ellwood City, PA 16117
(724) 622-1593
SEC'Y Dawn Dengel
Same as President
(724) 622-0152
ATS SEC'Y Cathie Bender
801 Park Ave.
Ellwood City, PA 16117
(724) 544-7232
LOCAL DUES to Kathy Carsele
318 Golf Ave.
Ellwood City, PA 16117
(724) 758-3002
Sick Notices to
Cathie Bender
Same as ATS Secretary





What is beef tallow?

Beef tallow is getting a lot of viral publicity as an oil for frying food. Even some high profile restaurants say they are switching to tallow from vegetable oils.

But, having lived your life in the 2000s, beef tal-low may seem strange. Tal-low was a staple before the rise of industrial seed oils in the 20th century. It fell out of favor partly due to marketing for heart-healthy vegetable oils, though re-cent skepticism about those claims has sparked a tallow revival among cooks, health enthusiasts, and proponents of ancestral diets (like paleo or carnivore).

Beef tallow is a rendered form of fat derived from beef, unlike lard which is derived from pork. It’s been used for centuries in cook-ing.

Tallow has a high smoke point of around 400–420°F, making it excellent for high-heat cooking like frying, roasting, or searing.

It has a rich flavor, impart-ing a deep, savory, umami-like taste to food, which is why it’s prized for frying potatoes, such as classic French fries.

Tallow is primarily com-posed of saturated (about 50–55 percent) and mono-unsaturated fats (about 40 percent), with a small amount of polyunsaturated fats. The monounsaturated fats (like oleic acid, also found in olive oil) are linked to heart health when part of a balanced diet.

According to the Mayo Clinic, grass-fed beef tal-low contains fat-soluble vitamins like A, D, E, and K2, as well as conjugated linoleic acid, which some studies suggest may have anti-inflammatory and fat-burning properties.

Some people find satu-rated fats like tallow easier to digest than heavily pro-cessed oils.

If you’re watching cholest-erol or saturated fat intake for medical reasons, mod-eration is key — though the link between dietary satu-rated fat and heart disease is increasingly debated.



ATS Family Day at Waldameer and Water World

220 Peninsula Dr. Erie, Pa.

Saturday, July 26, 2025

Over 100 Attractions and Waterpark full of Wet n' Wild Fun for Everyone

ATS has reserved a Picnic Pavilion – “Coaster #1”

Free Parking

Free Admission to Picnic Facility and Amusement Park

Bring Your Own Picnic Basket

Grill available by Pavilion

Discounted Tickets for Combo Pass – Amusement Park Rides and Water World

ATS Member \$22.00

Non-Member \$40.00

(Children under age 1 Free unless they want to enter Water World)

Hours for Water World 11 am – 7 pm

Waldameer Rides Noon – 9pm

TICKET ORDER FORM

NUMBER OF ATS MEMBERS @ \$22.00.....\$

Name and Certificate Number of Members:

Cert No. _____

Cert No. _____

Cert No. _____

Cert No. _____

Number of Non-Members @ \$40.00.....\$

Number attending that will not purchase combo pass

Amount Remitted.....\$

Mail tickets to: _____

Address _____ Telephone _____

City _____ State _____ Zipcode _____

Email: _____

Credit Card Number _____ Security Code: _____

Expiration : _____ Billing Zip Code: _____

Deadline for Ticket Orders is July 11, 2025.

Mail Order Form to: ATS Home Office

5323 Pearl Rd. Cleveland, OH 44129

How to comfort a bereaved person

When you have a friend or co-worker who has lost a loved one, you might be at a loss about what you should do. Here is some advice from grief counselors.

- The classic “I’m so sorry for your loss” works in all cases and may provide an opening for the bereaved to tell you how they feel. It’s best not to detour from this. This isn’t a time to be creative.
- Allow them to talk about their grief. Listen without interrupting.
- Don’t say you understand their pain or give examples in your own life. Don’t tell them they are



lucky for some reason or that they will soon feel better. Don’t give advice on how they should proceed with their lives.

- Understand the five stages of grief: denial (this can’t be happening), anger (how could he leave me), bargaining (trying to cope with the

loss), depression (this stage lasts the longest and must be dealt with carefully) and acceptance.

It’s not unusual for a person who is grieving to be moody. Understand that it’s probably not your fault.

- Don’t ask what you can do. If you can do something, such as make food, just do it. If you want to do something such as help clean or organize, ask what time you can help. If you see something that needs to be done, offer to do precisely that.
- Be natural, but do not tease as you might do to diffuse an awkward situation.
- Include them.

Study: Pain relief medications may lower dementia risk

People who take non-steroidal anti-inflammatory drugs (NSAIDs) like ibuprofen or aspirin might be less likely to develop dementia, according to a new study published in the Journal of American Geriatrics Society. Researchers found that adults who regularly took NSAIDs for at least two years were 12 percent less likely to develop dementia. A growing body of research has linked chronic inflammation, particularly in the brain, with dementia.

New Castle Eintracht Männerchor & Kinderchor

Spring Concert

May 5, 2025



Cleveland Saxon Dance Group

Trachtenball

May 5, 2025

