



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5393 Pearl Road
Cleveland, Ohio 44129-1597
Tel: (440) 842-8442

ATS Founded in 1902

August 12, 2016

Issue 17

BRANCH 30, YOUNGSTOWN

By Tom Fizet

Saxon News from the West Coast

Don't complain if your *Volksblatt* doesn't arrive on time. My issue gets here 7 to 10 days after yours. If you would like a copy my new permanent address is Thomas W. Fizet, Sr.; 1301 N. Highlands Parkway # 306, Tacoma, WA 98406 -- use my Cell Phone # 330-792-7249, this hasn't changed. Like Johnny on Philip Morris, call me I will be there. Now I can get down to business.

Branches 22 and 30 will meet on Sunday, August 14, 2016 at 2:00 PM. The Branch meeting is open to all members who have a card for 2016; see you there. Ladies you have a Bocce Banquet on Thursday, August 18, 2016. Men remember your Bocce Banquet is Monday, August 22, 2016. The Youngstown Saxon Club will be closed on Labor Day, Monday September 5, 2016. Thanks for your patronage. Let the employees have a day off. See you on Tuesday.

The Retirees meet on Thursday, September 8, 2016. See Rick Lieb or your Ticket vendor for a ticket to the 300 Club Dinner and Drawing, Saturday, September 10, 2016. Come on out and have a night of fun and fellowship; best of all enjoy a delicious meal. Membership in the Saxon Club is not necessary to attend; bring a friend and see you there. You can enjoy some fine sausage on this day also, the Saxon Culture Group is having their Sausage Sale on the 10th in the morning.

When you have an outside event

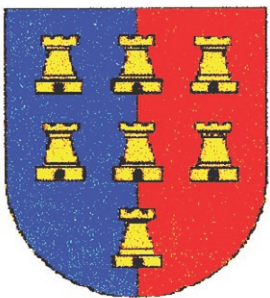
all you can say is, rain, rain, go away. There was much rain for the Picnic. Mike Teutsch, Jr. Is optimistic; he does not expect rain when the Club has the Speck Fry on September 11, 2016.

If you are sending a donation to help with the upkeep or restoration, the Memorial and Celebration Committee is the place to send contributions. This committee will disperse funds to the Restoration Committee as needed. They are very thankful for past funds and have accomplished much of the work needed. Thanks to John for repairing leaks around the air conditioners on the flat roof. This is a stop-gap; in the near future the flat roof will need replaced. The workers Harry, Tom, John, Mike, Mike Jr. and others are taking a break for now and will be back soon. Some of them need some good R & R. It gets to a point where you are not to climb on ladders and such. I can point out that a regular and very enthusiastic worker Rosemarie Kascher had surgery and is getting better in recuperation. I am sure she would enjoy some cards.

On Sunday, September 25, 2016 from 11:30 AM until 2:30 PM we will resume the Saxon Club Pork Dinners. Our favorite Saxon cook, who was in the kitchen for the Heimattag, Helen Fotiuk will be in the kitchen preparing the pork and seeing that all goes well.

There comes a time when the news is not too good. An Honor Member of the Youngstown Saxon Club, a great joke and story teller, William "Bill" J. Schwager, Age 92, passed away on July 16, 2016. Bill was a 1942 grad of Chaney High School, and his sports were basketball and tennis. He was an engineer for the Youngstown Sheet And Tube Company, retiring as Director of Safety at LTV in 1983. Bill was elected Man of the Year at the Youngstown Saxon Club for 2001. We share our prayers and sympathies with his children.

So goes the News.



TIMELY - DO NOT DELAY
MAILED WEDNESDAY, AUGUST 10, 2016

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597

HELP WANTED!



Attend the
monthly
meetings
of your Branch.
Help make
your Branch
a healthy Branch.

PRESIDENT'S MESSAGE

By Joan Miller-Malue
ATS Nat'l President



On Saturday, July 30, ATS Family Day was held at Waldameer Park and WaterWorld in Erie. The weatherman cooperated with us by providing perfect weather for our members to enjoy the amusement and water park. It was so nice talking with our members from Alliance, Cleveland, Ellwood City, Erie, Lorain, New Castle, Salem and Youngstown. In the afternoon we played several games of Bingo and early evening we had a drawing for several gift cards and ATS coolers. We thank our families who attended and hope that next year a few more families will join us for Family Day.

Our children are a very important part of our fraternal family and we need to try to bring our youth membership together so that they get to know one another. I remember when I was first on the Board of Directors, Mr. Dan Rehner, who had served as ATS Second Secretary from 1934-46, told me the importance of keeping the young people together where they are having fun creating great memories that will strengthen the future survival of our fraternal. So it is up to the adults to find a way to create a network that will provide a bond and fun for our younger membership! We need to start at the local level. The ATS Board of Directors would love to see our children in a cultural folk dance or choral group as well as a band. If any Branch is interested in starting a cultural group and needs some help, please contact me and I will work with you to find persons to help you get organized. There are also other means of getting your local youth together. Why not a kids' fitness group which could include hiking, bike riding and exercising class. Or maybe a Creative Game Day or Evening where the kids get to play different games and enjoy a few refreshments. Having frequent parties or outings can be fun for your membership such as a pizza or ice cream party, a day at the pool or beach or group outing to baseball or soccer game. These are just a few ideas. I think we can all agree that we just need to work a bit harder to promote our youth activities in our local Branches.

I would like to start a new feature in the *Volksblatt* where members can submit announcements of ATS junior members' achievements if it be winning a swim meet, participating in a charity event, having a recital, participating in some special event. For example, Jason Krestel a member of Cleveland Branch 33 was chosen to throw out the first pitch at the Captain's Game which is a minor league team of the Cleveland Indians. He is seven years old, how exciting for him! Another example, Karina Thut a member of Chicago Branch 9 at the 2015 Rosenball in Chicago was crowned Rosenkönigin 2015-2016. What a lovely honor for Karina! It is important for our junior members to know that we care about their lives and that they are important to our organization. So parents, grandparents, aunts and uncles let's recognize your children's honors and activities by submitting a short notice and picture for the new "Juniors' Corner." You can send it to saxonvolksblatt@aol.com.

Some more Transylvanian Saxon History Trivia: 1543 Johannes Honterus, a famous Transylvanian humanist and reformer, carries out the Reformation in Kronstadt and the Burzenland. In 1547, Johannes Honterus published a "Book of Religious Rules for all Germans in Transylvania" binding all Saxon settlements to the Lutheran doctrine. From 1557-1568 the principal of religious tolerance begins to materialize in Transylvania. In 1572 the Saxons accept the Augsburg Confessions and Birthälm becomes the headquarters of the Lutheran Bishop.

Ich wünsche allen einen schönen Tag.

Become concerned and involved

about the future of your Branch.

Do something about it and it will flourish!

Schloss Horneck needs OUR help!

Since 1960 Schloss Horneck has housed the Siebenbürger Museum, the Siebenbürger Library and Archive, the Siebenbürger-Institut and is the base for many Saxon organizations. A seniors home is also located on the property. Last September the Verband der Siebenbürger Sachsen in Deutschland purchased the property for one million Euro.



Donations were received from individuals and organizations to help fund the purchase of the property. The purchase of Schloss Horneck gives the Siebenbürger Saxons throughout the world a central location where Saxon artifacts, books and other historical documents can be collected and stored to preserve our ethnic history for many years.

The Federation of Transylvanian Saxons is asking for donations from all Saxons and Saxon organizations to help in funding of this historical facility. If you are interested in giving a donation to help fund this project please complete the form below and send to the ATS Home Office, 5393 Pearl Road, Cleveland, OH 44129. Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK FUND

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP CODE _____
AMOUNT DONATED \$ _____

You can indicate if donation is in memory or honor of someone:

LORAIN BRANCH 5 SUMMER FAMILY PICNIC



WHEN: AUGUST 21, 2016

WHERE: FRENCH CREEK RESERVATION

PINE TREE SHELTER # 1

WHAT TIME: 1 P.M. - DUSK

WE WILL PLAN TO EAT AROUND 2 P.M.

THE BRANCH WILL PROVIDE THE MAIN ENTREE,
TABLEWARE, AND BEVERAGES.

THE LADIES WILL PROVIDE DELICIOUS SIDE DISHES.

Dues Paying Members are FREE!!

Non Members are \$10.00;

Children \$5.00 Non Member

Children Under 12 are Free.

RSVP TO BRIAN GILLES

AT (440) 315-5214 by AUGUST 14

BRANCHES 14 & 17, CANTON By Cheryl Schnebelen

I hope everyone is having a good summer and are looking forward to the fall. We will be having our next meeting on Sunday, September 11, at 1:00. Lunch and refreshments will be served and we will be discussing a variety of topics of interest to our members. If you have not been attending, all local ATS members are welcome, so please give Mary Rowinsky a call at 330-478-9333. The meetings are being held at Vino Fabbrianti, 4029 Hills & Dales Rd NW, Canton, 44708.

See you there!!

Home Tip

While you may only associate insulation in your walls and attic with wintery weather, inadequate insulation can cause your home to be warmer in the summer as well. Heat from the outside can be more easily transferred into your home if your home is not well weatherized. If your insulation is lacking, adding to it can reduce the loss of air conditioned air and can block heat from entering your living spaces, increasing your comfort and saving you money.

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SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON.

You may either

MAIL: PO BOX 45198,
Westlake, OH 44145

FAX: (440) 399-9339

E-MAIL: saxonvolksblatt@aol.com

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, AUGUST 17, 2016	FRIDAY, AUGUST 26, 2016
WEDNESDAY, AUGUST 31, 2016	FRIDAY, SEPTEMBER 9, 2016
WEDNESDAY, SEPTEMBER 14, 2016	FRIDAY, SEPTEMBER 23, 2016

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 noon?

Please call Hanz or Barb Hermann at (440) 892-0436.

Commonsenseisnotsocommon-Voltaire

ATS FAMILY DAY

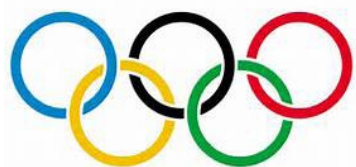
We played Bingo during the afternoon and had a drawing at 5:00 pm. We congratulate the winners:



Bingo Winners: L-R: James Crawford, Lois Cornell, Rich Konieczny; Edith Ghere, Kaleb Caldwell. They received Subway gift cards.



Winners of Evening Drawing: Cassidy Fisher, Elizabeth Wimer, Kaleb Caldwell, George Cornell, Melinda Jackson, Maria Phillips. (Not shown: Raegan Lewis, Camden Jackson, Keith Jackson) Winners won various \$25 gift certificates or an ATS cooler.



By the Numbers: The Olympics in Rio

- More than 10,500 athletes from 206 nations will participate in 28 sports at the Summer Olympic Games in Rio de Janeiro, Brazil this August.

- There will be 6 million Olympic Games tickets for sale with an average price of \$36.

- About 55% of tickets for events will cost less than \$30.

- The Olympic and Paralympic Village covers an area of 75 hectares, equivalent to 100 soccer fields.

- Only 26% of the sports venues had to be built for the Games, thanks to previous building for the Pan American Games, the Parapan American Games, and the Fifa World Cup.

Source: City of Rio De Janeiro

Back to School Tips for Parents

There are some simple things you can do to help your kids be safe as they head back to school. Take a moment to go over this list of safety reminders.

- Your child should know his or her address, phone number, your cell phone, work, or other contact number, and how to use 911 in case of an emergency.

- Plan a safe route to school, choosing the most direct way with the fewest street crossings. Tell your child to stay on this route and review safe street crossing procedures. Teach your child all traffic safety rules and remind him or her to be especially careful during bad weather. If possible, your child should always walk or bike to school with a buddy.

- Your child should be instructed to never talk to or accept rides or gifts from strangers. Discuss what a "stranger" is with your child. Many children consider a "stranger" to be someone who looks menacing, but a stranger is simply anyone that your child doesn't know or trust.

INVITE

your relatives and friends to
join the crowd at ATS.

**Branch 33
Cleveland East
had its Annual
Summer Picnic
at Penitentiary
Glen Kirtland
on July 31.
Games, good
food, and
Gemütlichkeit!**



Have an accomplishment
of your Junior member that you
would like to share with your fraternal
family? Email photos and/or info to:
Saxonvolksblatt@aol.com

ATS JUNIORS' CORNER



Congratulations to Karina Thut, Chicago Branch 9, for being crowned 2015 - 2016 Rosenkönigin at the Donauschwaben's Rosen Ball in Chicago.



Congratulations to Jason Krestel, Cleveland Branch 33, who threw out the first pitch at the Lake County Captains game on Saturday, July 16, 2016. Jason is seven years old and attends many of the TSBA sessions with his father Jeff Krestel.

FRATERNAL CALENDAR

NATIONAL EVENTS

August 13, 2016
ATS Golf Outing
Hosted by Youngstown Br. 30
October 22 - 23, 2016
ATS Open Handicap Bowling Tournament
Hosted by New Castle Br. 25

LOCAL EVENTS

August 12, 2016
Salem Joint Social Dinner 6:30 p.m.
August 14, 2016
Youngstown Branches 22 & 30 meet at 2 pm
August 18, 2016
Youngstown Ladies Bocce Banquet
Salem Bar Open 8 p.m. - 10 p.m.
August 20, 2016
Salem Breakfast Buffet 7 a.m. - 10 a.m.
August 22, 2016
Youngstown Men’s Bocce Banquet
August 25, 2016
Salem Bar open/Peanut Night 8:00 p.m.-10 p.m.
August 27, 2016
Cleveland Br. 1 Oktoberfest
Youngstown Joe Kubic Memorial Golf Outing
September 1, 2016
Salem Bar open 8 p.m.-10 p.m.
September 5, 2016
Youngstown, Saxon Club closed for Labor Day
September 7, 2016
Salem Saxon Retirees 11:30 a.m.
September 8, 2016
Youngstown Retirees meet
Salem Bar Open 8 p.m. - 10 p.m.
September 9, 2016
Salem Joint Social Dinner 6:30 p.m.
September 10, 2016
Youngstown 300 Club dinner
Youngstown Culture Group Sausage Sale
September 11, 2016
Youngstown Branches 22 & 30 meet 2 pm
Youngstown Speck Fry
September 12, 2016
Salem Br. 18/19 Mtgs. 7:30 p.m.
September 15, 2016
Salem Bar open 8 p.m. - 10 p.m.
September 17, 2016
Salem Breakfast Buffet 7 a.m. - 10 a.m.
Youngstown Golf League Banquet
September 18, 2016
Youngstown Oktoberfest
September 22, 2016
Salem Bar Open 8 p.m. - 10 p.m.
September 25, 2016
Youngstown monthly Pork Dnners start up
September 29, 2016
Salem Bar Open/ Peanut Night 8:00 p.m.-10 p.m.
October 1, 2016
Salem 50 Year Dinner (CH) 6:00 p.m.
October 3, 2016
Salem Br. 19 Meeting 7:30 p.m.
October 5, 2016
Salem Saxon Retirees 11:30 a.m.
October 6, 2016
Salem Bar Open 8 p.m. - 10 p.m.
October 8, 2016
Ellwood City Oktoberfest Dinner
October 10, 2016
Salem Br. 18 Trustees Audit 6.00 p.m.
Salem Br. 18 Meeting 7:30 p.m.
October 13, 2016
Salem Bar Open 8 p.m. - 10 p.m.
October 15, 2016
Salem Breakfast Buffet 7 a.m.-10 a.m.
Salem Joint Social Dinner & Halloween Party (CH) 6:30p.m.
October 17, 2016
Salem Sausage Orders Due
October 20, 2016
Salem Bar Open 8 p.m. - 10 p.m.
October 22, 2016
Salem Sausage Sale 9 a.m. - 1:30 p.m.
Salem German Dinner/October Fest ????
October 27, 2016
Salem Bar Open/Peanut Night 8 p.m.-10 p.m.

NOTES OF THANKS

Additional Thank-You Notes from Scholarship Winners:

... Thank you very much for the extremely generous scholarship. It was an honor to receive it and it is very helpful to me as I enter college. It will definitely go to good use next year at Purdue.

Thanks again,
Daniel Schuller

... I am honored and very thankful to be chosen for the Julia and Martin Konnerth Memorial Scholarship Award. This award will be beneficial as I begin my undergraduate career at the University of Notre Dame. The future is bright and I’m happy to have the support of ATS, as well as my local Saxon group.

Sincerely,
Hannah Swope



Westside Sachsenheim
7001 Denison Avenue
Cleveland, OH 44102

Join Us
Saturday, August 27, 2016

Entertainment by
Cleveland Saxon Dance Group
Klang & Gesang

Doors Open 4:00 pm
German Buffet

Face-Painting for
Kids 6 – 8 pm

Admission \$5.00.....Children under 12 years free



Don’t knock the weather; nine-tenths of the people couldn’t start a conversation if it didn’t change once in a while. --
Kin Hubbard



Oktoberfest Dinner
October 8, 2016
Ellwood City Saxon Club
901 Millview Street Ellwood City, PA
724-758-3268

Saxon Food * Sauerbraten & Vegetables
Spaetzle * German Sweet & Sour Cabbage
Dessert -- Apple Kuchen

Time: 5:00 pm
Price: \$9.00

BRANCH 26,
MERRILLVILLE
By Helen Brooks

The meeting of Saxon Lodge 26 was called to order by President Randall Floyd and we said the Pledge of Allegiance. The Roll Call of officers was done by Sam Palyok and all were present. The Minutes were read and accepted.

It was reported that several members were on the sick list and they are as follows: Don Bowman, Bertha Schuffert, Ethel Schuffert and Jimm Smith. Our thoughts and prayers go out to all and we hope for a quick recovery.

The expense report was read and accepted. There was discussion about the upcoming bowling tournament in New Castle PA. All members interested in participating should inform Sam Palyok. We heard many comments about our Rail Cats outing and it was a very good time. Brigitte and Randall told about the fun they had at the Heimattag in Youngstown. They also sported the shirts from the event.

We welcomed Judy and Charlie back from their vacation. We looked forward to going to the theater to see “The Odd Couple” on July 17th, 2016 at 2:30 p.m. A picnic is planned for our September meeting. Lucky Mike Gottschling won the drawing again. The attendance was won by Pat Jar-muszka.

The meeting was closed and we all enjoyed a pizza supper and friendship.
Till we meet again!



Riddles for Kids:
Back to School

Q: How did the teacher fix her broken ruler?
A: With measuring tape!

Q: What kind of school would you find on top of a mountain?
A: A high school!

Q: When is a report card like a flower garden?
A: When it is full of bees!

Q: What did the little skunk like best about school?
A: Show and Smell!

Q: What is yellow, has four wheels, and has lots of arms and legs?
A: A school bus full of children!

Q: How did the giraffe do in school?
A: She was at the top of her class!

CHURCHES



St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.or

10:00 Bilingual Service
Nursery

Coffee following service

Senior Circle

Sunday School

Church Choir

Bell Choir

St. John's Lutheran Church

1000 Ford Road
Highland Hts., Ohio
(440) 449-1334

Rev. Roberta Davis-Newhouse
Pastor

9:00 Worship Service



SALEM SAXON CLUB
BAR IS OPEN
EVERY THURSDAY.
PLEASE CHECK
CALENDAR OF EVENTS
FOR TIMES.

Youngstown Saxon Club



In our Main
Ballroom
Sunday Evenings

DOORS OPEN @ 5PM
BINGO STARTS
@ 6:45PM

\$10, \$15 & \$20
Special Packages
Tear Offs

Birthday Specials
Pig Number

We're wheelchair
accessible!

Food Available!
Security
Inside & Outside!

BRANCH 9, CHICAGO

By Rose-Marie Hauer

Greetings and I hope everyone is having a nice summer!

Our Picnic was on July 24, and it was very well attended especially with the hot weather! We had guests in attendance from Texas and a special thanks to the older adults who made sure their parents could be there for the event. Thank you to the committee for an excellent job preparing the food and thank you to all the ladies that brought such tasty desserts. The committee did an outstanding job! Thank you to all the members who donated prizes for the raffle. The PICNIC was a success!

On behalf of President Thut and Branch 9, the club would like to acknowledge the following Brothers

and Sisters and thank them for 50 years of dedication and membership with Branch 9. Many have worked tirelessly over years to make our club so successful. We thank Sister Sara Dera, Sister Sara Hartig, Sister Rosa Kroner, Sister Anna Miller, Brother John Morgen, Sister Rosemarie Morgen, Brother Andy Schiller, Sister Katharine Toecker, Sister Katharina Wagner, and Sister Pauline Zultner. Thank you for all of your hours, all of your days, and for many of you, for all of the years you have dedicated. You are truly priceless.

I am sad to report that on

July 13, Brother Wilhelm Salmen passed away. His wake was held at Drake Funeral Home and the funeral was at Rosehill Cemetery. Branch 9, extends its deepest sympathy to his family.

*"Du starbst uns viel zu früh
Und wirst so schwer vermisst*

*Du warst so lieb und gut
Dass man dich nie vergisst."*

The annual Steuben Parade will be on Saturday, September 10. Please contact President Thut if you are able to march in the parade as soon as possible.

Our next meeting will be September 12, instead of the 5th due to the Labor day weekend.

God Bless us all!



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Charles F. Burkey

Age 89

Died: November 6, 2015
Branch 30, Youngstown OH

Walter R. Spack

Age 84

Died: July 24, 2016
Branch 19, Salem OH

Sara Alzner

Age 81

Died: July 27, 2016
Branch 10, Columbus OH

Caitlin E. Lowen

Age 23

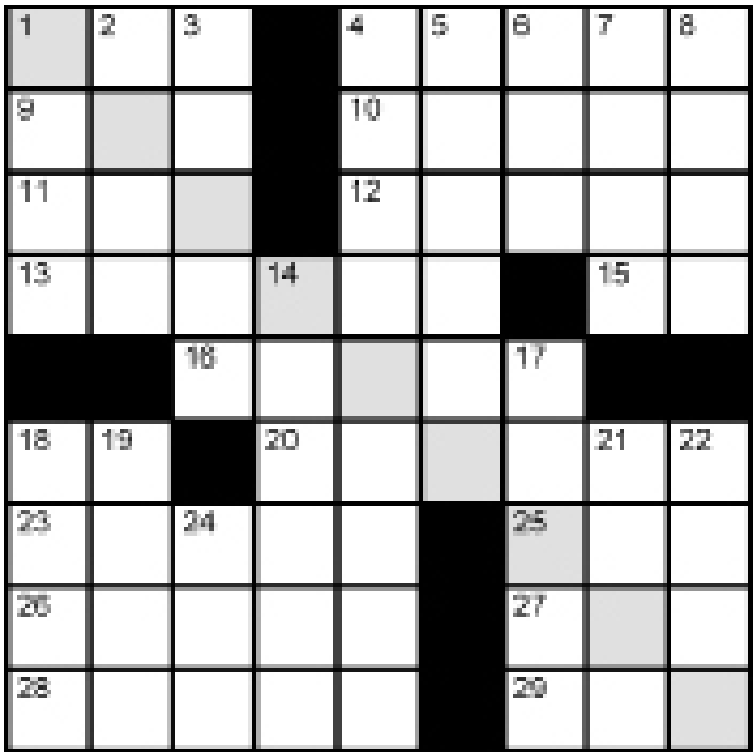
Died: August 2, 2016
Branch 22, Youngstown OH

BRANCH 9 CHICAGO ANNUAL PICNIC



PotPourri

Fan of water life



- Across
1. The ___ Four
 4. New England catch
 9. Fanciful story
 10. Two-door car
 11. Infomercials, e.g.
 12. Watery eye discharge
 13. Giggle
 15. Hence
 16. Link
 18. Radio mode
 20. Pinch pennies
 23. Collar attachment
 25. Jersey call
 26. Free-for-all
 27. Prevent
 28. Brenda, of the comics
 29. Setting for TV's "Newhart"

- Down
1. Off-pitch
 2. Adjutant
 3. Attack
 4. Like an owl
 5. Legacy sharer
 6. Parisian way
 7. Creative work
 8. Floor model
 14. Many a snake
 17. Rain clouds
 18. "___ for the poor"
 19. Encounter
 21. Bellyache
 22. Smut
 24. In the style of



In season now: Peas

Green peas, also known as English or garden peas, are out of the garden and ready for dinner this month.

Not only are they delicious, but they contain some surprising health benefits.

Bite for bite, peas have twice the folate of raw spinach and more fiber than cooked broccoli. Doctors have long known that getting more dietary fiber is one of the best ways to lower cholesterol, and with it the risk for heart disease.

In the intestine, the fiber in peas binds with bile from the liver and traps it in the stool. By removing bile, which is very high in cholesterol, the body automatically brings cholesterol levels down.

Here's an important, but little-known fact: The chlorophyllin in peas has a special molecular shape that allows it to grab cancer-causing chemicals in the body. Nutrition experts at the University of Toronto say the chlorophyllin attaches to carcinogens and helps prevent them from being absorbed. They recommend eating peas and other bright, green vegetables as often as possible.

Studies in Denmark show that the fiber in peas can result in a reduction of total triglyceride levels if eaten regularly for just two weeks.

Peas fresh from the garden have more nutrients than others. Canned peas lose some nutrients, but frozen are almost as good as fresh.

Though the pods of some peas are edible, the peas themselves contain most of the fiber, folate, niacin, phosphorus, riboflavin, thiamin, vitamin C, and vitamin A.

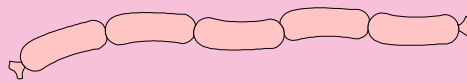
For a nutritious treat, cook a 16-oz bag of frozen peas in 1/4 cup of water for 3 minutes. Drain and add 1 tablespoon minced chives, 2 teaspoons minced tarragon, 2 tablespoons butter, and a sprinkle of salt. Delicious!

Mood and happy memories

Can a picture or memory of a happy event change your mood? Researchers think that is possible.

University of Massachusetts/Amherst researchers found that people with good memory for details recovered more completely after seeing negative films and photos.

According to the Journal of Experimental Aging Research, new research will focus on whether memory impairment in older adults might be associated with incomplete recovery from emotional experiences.



Secret Recipe For Saxon Sausage (All in good fun.)

Step 1- Get six macho Saxon guys together in the boiler room of one of the guy's apartment buildings.

Step 2 - Clean up the mess on the back stairs made by the blood that dripped from the box of pork butts so wife stops yelling at the guys.

Step 3- Drink case of beer while deboning pork butts. Ask wife where she keeps the Band-Aids

Step 4 -Grind pork butts while arguing about the correct size of grinder plate to use.

Step 5 - Have two guys add the salt to the meat because they can't remember if they already added it or not.

Step 6- Get into argument about how much garlic everyone wants in the sausage. "We always did it like this...."

Step 7- Drink a round of shots of Christian Brothers while watching two of the guys work the sausage stuffer.

Step 8- Add the extra fat to the sausage that you forgot to add. Don't de-case the meat you already stuffed into casings....Some people like it dry...."

Step 9- Put finished sausage into basement fridge next to the cake the lady of the house baked. Don't worry; the garlic smell won't transfer to the cake.

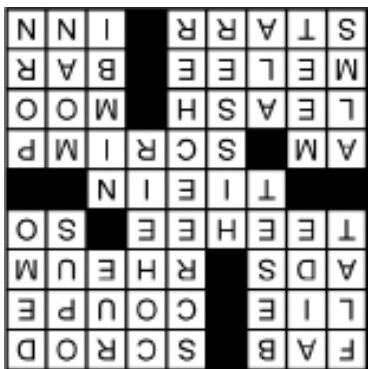
Step 10- Pat each other on the back for the great job you did.

Step 11- Leave resulting mess for the wife to clean up.

From Branch 9 Chicago's 75th Anniversary Booklet



"I'd like to run a few more tests just to rule out 'Baseball Fever.'"



I used to
have a
handle on
life, but it
broke.



Why is a roller coaster thrilling?

You feel light. You feel heavy. You're wrong-side up and upside wrong.

Welcome to the roller coaster thrill.

According to Science, the rush a coaster brings is because of constant changes on your body and you have two principles of physics to thank: gravity and acceleration.

When the coaster dives down a steep hill, you feel an upward pull as acceleration lifts you up, and gravity pulls you down at the same time.

If the coaster is going fast enough, you experience the same sense of weightlessness as a skydiver in free fall. You might not realize it but one of the reasons this seems thrilling is that your body, organs and muscles are accelerating at different times. Your organs are not in left in place as they normally are but instead they

are each weightless. That is what makes the thrill hill feeling.

When the coaster goes fast up a steep hill, the gravity and acceleration pull you in the same direction, making you feel heavier.

"If you were to sit on a scale during a roller coaster ride, you would see your weight change from point to point on the track," writes Tom Harris, structural engineer, for Science.

That is the physics of the experience, but part of the tingle is the sensory experience. You feel the air. You see the height. You see you are upside down. You feel yourself pressing against the seat.

You know you are going fast because you see yourself passing structures. But you never actually feel velocity. You only feel change in velocity (acceleration).



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Brooklyn, OH 44144
(216) 741-1398
SECRETARY
Christa Herbert
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Parma, OH 44134
440-888-6094

**NEW CASTLE, SECTION 6
EINTRACHT MÄNNERCHOR**
Rehearsal:
Every Tuesday at 8 p.m.

PRESIDENT
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New Castle PA 16105
(724) 333-5836
crslg@comcast.net

SECRETARY
Gerald Holzhauser
3223 Frew Mill Rd
New Castle PA16101
(724) 924-2203

**ERIE
SIEBENBUERGER SINGERS**
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Email: tjbcclint@verizon.net

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Cultural Groups

**CLEVELAND SAXON
DANCE GROUP**
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7:30 pm
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**YOUNGSTOWN
SAXON CULTURE GROUP**
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Are your
children,
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members of the ATS?
Let them benefit from
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City/State/Zip _____

All information in the form to the right and below must be correctly typed, or legibly written.

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☐ NEW to receive paper

THIS CHANGE IS FOR:

☐ HOME OFFICE RECORDS & VOLKSBLATT

☐ VOLKSBLATT ONLY

Date: _____ Signature of Person Making Change _____

Saxon Summer Camp



Laying Down: Paige Tellman and Jake Botsch; Kneeling: Lukas Jones, Vala Schobel, Grace Zgola; Back: Adia and Joshua Muntean, Andreas Schobel, Zach Botsch, Grace Botsch, Kori Hall and Anneliese Kirr.



Adia Muntean and Zach Botsch
Lukas Jones and Joshua Muntean

The Campers all had a Great Time!



Anneliese Kirr & Grace Zgola



Andreas & Vala Schobel



Paige Thellman and Grace Zgola



Grace Botsch & Kori Hall



Lukas and Jake



Paige, Joshua & Lukas



Vala

Adia



Grace

Paige

Joshua

Anneliese

Lukas

They couldn't believe how heavy the Church coats were!