

Uolksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by The Alliance of Transylvanian Saxons Home Office: 5393 Pearl Road Cleveland, Ohio 44129-1597 Tel: (440) 842-8442

ATS Founded in 1902 January 29, 2016 Issue 3

BRANCH 30, YOUNGSTOWN By Tom Fizet

Saxon News from the West Coast.

Right around the corner here comes Valentine's Day. You may want to reserve your table early to RSVP, Saturday February 13, in the Restaurant and Lounge. Valentine specials are on the menu. Restaurant opens at 5:00 p.m., with dinner at 6 p.m.. Entertainment by "One Man Band".

Let me set the story straight: Jerry Kovacs and Rich Spencer are responsible for the Saxon Golf League. Practice night will be April 19, 2016, at. 4:30 p.m; the golf sessions will also start at 4:30 p.m. The season will begin on May 3, 2016. The Golf League is always open to new members, Show your paid up dues card and show up on either date.

The Seahawks didn't win; Pittsburgh didn't win. Irregardless, there will be a Super Bowl Party on Sunday, February 7th at the club in the Lounge and Restaurant. You can bring your own snacks. Food and

ATTENTION: TSBA BOWLERS

Next Session:

Sunday, February 14, 2016

Hosted by Cleveland-West

Time: 11:00 AM

Bowling Location:

Freeway Lanes of Parma

12859 Brookpark Road

Parma, Ohio

Luncheon:

Sachsenheim

7001 Denison Avenue

Cleveland, Ohio

Meal Cancellations or Additions

Please call CJ Schmitz

at (440) 235-3343

Deadline is February 9, 2016

drinks will be available from the bar. Game time is 3:30 p.m. Come early to get a good seat and greet your friends and be all set for the kick off.

On Ash Wednesday, February 10, 2016 the Restaurant and Lounge will start serving Fish Dinners on Wednesdays during Lent. The dinners are as tasty as they are on Friday. You are welcome to stop over before or after Church. See you then.

A reminder of the Branch meetings: Branch 22 and Branch 30 will meet on Sunday, February 14, 2016. For those who haven't paid their dues for 2016 this would be a good time to get this done. Dues not paid by the March meeting will result with your card being deactivated; there is a five dollar fee to reactivate it.

The Pork and Kraut Dinner for February is going to be on Sunday, February 21, 2016. Dinners are open to the public and begin at 11:30 a.m. serving until 2:30 p.m. or until sold out. Adults \$9.50, Children 12 and under \$5.00. You may be ready to get out and enjoy some fresh air and enjoy some friends and a good meal; see you there.

Our thoughts and prayers go out to Harry and Cookie Clay on the unexpected death of their granddaughter on Sunday, January 17th 2016. She was 25 years old. Harry and Cookie, you have Dorothy and my personal sympathies.

The Memorial and Celebration Committee reports the doors in the Ballroom have been installed. They present a nicer view for rentals and our members. There is continuing work going on in the Kitchen area, the hoods over the cooking area are being painted with special heat resistant paint, the counter top in the waitress area is to be replaced, other continuing work in the food area will be addressed as needed. You can keep this going by you donations to the M. & C. Committee for Memorials or to the Club Restoration. The flat roof over part of the Ballroom is in need repair.

Tom Hahn is doing well after his procedure at the Hospital. You can see him around the club; he cannot lift yet.

Pete Karsti and Friends will play in the Restaurant and Lounge on March 5th. Check out some German/Saxon food specials, meet old friends and enjoy the good sound from the Band.

Rick Lieb tells me that there are tickets available for the 300 Club, available from your ticket seller. For a good night out, food and fun, maybe a little luck also. The dinner and drawing is Saturday, September 10, in the Ballroom.

The inside couples Bocce play on Monday, Tuesday, and Wednesday evenings. Subs are always needed, contact Mike Teutsch Sr. or Jerry Kovacs.

Read the Saxon News, Youngstown, to keep up with what is going on at Branch 22/30. There is information for local happenings. Don't forget to contact your ATS Insurance Deputy when you want to purchase Insurance or an Annuity, great for all ages, infants included.

So Goes the News.

TIMELY - DO NOT DELAY

MAILED WEDNESDAY, January 27, 2016

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597



PRESIDENT'S MESSAGE

By Thomas J. Manning ATS Nat'l President



Here we are at the end of January and I believe all of us remember how we enjoyed the warmth of December. I think about it as I see all of the snow that is covering the sidewalks and driveways. In my opinion, the snow gods can shut off the snow machine any time soon and the sooner the better. If I had my druthers, I would rather mow the lawn than shovel the snow.

February will be marked with many dates of importance. By the time you read this column, we will know which football teams will be playing in the Super Bowl on February 7th. It seems that everyone is a football fan on that special day. February 10th is Ash Wednesday, the start of the Lenten Season which prepares many Christians for the coming of Easter. Valentine's Day is February 14th and the day to remember your sweetheart. That is one day that we should not forget to show our love and appreciation to our spouse or special friend. February 15th is President's Day on which we honor both George Washington and Abraham Lincoln for their dedicated service to these United States. Not only are these dates important, but we should also watch the Volksblatt for the dates of local activities of the various Branches of the ATS. I am sure they would welcome your attendance.

As of this writing, we have not received a bid from any of our local branches to host the Annual ATS Open Golfing Tournament for 2016. If any Branch would like to host this event, please notify Jacob Spor, Chairman of the Future Planning Committee, myself, or call the Home Office.

Quote of the Day: "Ask God's blessing on your work, but don't ask him to do it for you." We look to Providence for that extra spark we need for success, but to succeed, we still need to put in the effort. Like waiting for inspiration or happiness to arrive, a job well done still depends on our willingness to show up and take action. Work does not magically complete itself; we're responsible for our fair share of effort.

Take care until next time and may God bless the members of the ATS.

SAVE THE DATE!

NORTH AMERICAN
SAXON HEIMATTAG





Help celebrate Johannestag and Heimattag at the Youngstown Saxon Club.

Meet old friends and make new ones!

Details to follow.

It's Prime Time the Cleveland Sachsenhein Friday, February 5, 2016



Prime Rib Dinner Served 6:00 - 8:00 pm Only \$13.95

Reservations are Required by February 3, 2016. Call the Sachsenheim: (216)651-0888



CLEVELAND SACHSENHEIM'S WURSTMARKT/SAUSAGE SALE SATURDAY, FEBRUARY 13, 2016

> Westside Sachsenheim 7001 Denison Avenue Cleveland, OH 44102

LAST SALE FOR THIS SEASON!!

Pork Sausage with or without garlic \$3.60 per pound

Deadline for Sausage Orders: February 7th

Sausage/Sauerkraut with Polenta Dinner \$8.00 per meal (must preorder meal) Sausage Sandwiches will be available for purchase

> Orders can be placed by calling: Maria Fischer (216)741-1398 (Do not call after 9:30 pm)

ORDERS CAN BE PICKED UP AT THE SACHSENHEIM AFTER 1:00 pm (Not Before) on Sat., February 13, 2016

> YOUNGSTOWN **SAXON CLUB**

PORK-KRAUT DINNER

February 21, 2016

11:30 a.m. to 2:30 p.m.

\$9.50 Children \$5.00 includes coffee/tea/pop and dessert **OPEN TO THE PUBLIC!**

TAKE OUTS AVAILABLE!

BRANCH 11, LORAIN By Monica Gilles

The first meeting of 2016 was held on January 2. Before the meeting, we were treated to a delicious sausage and sauerkraut dinner provided by the trustees.

President Jeanne Petty reported that we collected 63 pounds of food at our Christmas dinner that was donated to the Second Harvest Food Bank.

By this time, all local members should have received letters and ballots regard the merger of Branch 11 into Branch 5. Please return your ballots before the deadline of February 6.

There was very much business to discuss at the meeting so it was short and sweet.

Reminder to please pay your local dues. Dues should be mailed to Sharron Powell; 1704 N. Urban Circle; Lorain, OH 44053 or drop them off at the next meeting.

Happy Birthday to Josephine Schneider and Carolyn Mroski. They are twins born 26 years apart.

Betty Ralph, who was present at the meeting, was drawn for the attendance prize. Sharron Powell won the door prize. Also, Monica Gilles and Jeanne Petty won special bonus prizes courtesy of Ginger Romes. Thanks Ginger!

Our next meeting will be held on Saturday, February 6 starting at 8pm at Slovak Home. Hope to see everyone there.

Pump prices generally stable

The national average price of regular unleaded gasoline probably can't fall too much further. But considering it's down about 75 cents per gallon from this time last year, most drivers probably won't complain.

Experts writing for the Kiplinger Energy Report think the national average will probably bottom out around \$1.80 per gallon, depending on where you live. A big rebound looks unlikely.

Regular unleaded prices will start climbing in anticipation of the spring travel season and as refiners begin to switch over from making winter-blend gas to the summer variety, which costs a little more to make.

Even the run-up expected to begin in late winter or early spring should be tame, with regular unleaded climbing some by the time warm weather returns.

Expect a similar path for diesel, with the current average price gradually trending up during early spring.

Alliance of Transylvanian Saxons Home Office: 5393 Pearl Rd., Cleveland, Ohio 44129 Telephone: (440) 842-8442

E-mail: office@atsaxons.com Website: www.atsaxons.com

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SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON.

You may either

MAIL: PO BOX 45198.

Westlake, OH 44145

(440) 399-9339 FAX:

E-MAIL: saxonvolksblatt@aol.com

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirma tion, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE ISSUE

WEDNESDAY, FEBRUARY 3, 2016 FRIDAY, FEBRUARY 12, 2016

WEDNESDAY, FEBRUARY 17, 2016 FRIDAY FEBRUARY 26, 2016

WEDNESDAY, MARCH 2, 2016 **FRIDAY, MARCH 11, 2016**

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 noon? Please call Hanz or Barb Hermann at (440) 892-0436.

ALLIANCE OF TRANSYLVANIAN SAXONS SCHOLARSHIP GRANTS - 2016

FRESHMAN ACADEMIC SCHOLARSHIP GRANTS

To be eligible for a Freshman Academic Scholarship Grant you must be a high school senior with an accumulated grade point average in high school of 2.8, or better.

Twenty-one Scholarship Grants will be awarded to freshmen in undergraduate study at an accredited college or university in the United States and three renewable grants to present recipients of the Victor Deptner Scholarship.

\$1,000	Four Year Renewable Grant from the Victor Deptner Memorial Scholarship
\$1,000	Past ATS Officers' Memorial Scholarship
\$1,000	Henry Schindler Scholarship
\$1,000	Michael W. Schassburger Memorial
. ,	Scholarship
\$1,000	Jon Weber Memorial Scholarship
\$1,000	ATS Branch 33 National Scholarship
	Endowment Award
\$1,000	Julia & Martin Konnerth Memorial
	Scholarship
\$1,000	Julia & Martin Konnerth Memorial
	Scholarship
\$1,000	Branch 10 - Columbus Scholarship
\$1,000	Branch 14 - Canton Scholarship
\$1,000	Davidson-Schuller Appreciation
	Scholarship Award in honor of ATS
	and Branches 33 & 34
\$1,000	Rev. & Mrs. John Foisel Memorial
	Scholarship
\$1,000	John F. Spack Memorial Scholarship
\$1,000	John and Mary Guip Memorial Scholarship
\$1,000	Branch 5 – Lorain Scholarship
\$1,000	Dale & Rose Segedi-Kaufman
#4 000	Memorial Scholarship
\$1,000	Dale & Rose Segedi-Kaufman
ф 7 БО	Memorial Scholarship
\$ 750 ¢ 750	Niles-Branch 20 National Scholarship
\$ 750 \$ 500	New Castle Branch 27 Scholarship ATS Scholarship Award
\$ 400	Donzella Herman Scholarship
φ 400	

Applicants for the Scholarships listed must be ATS members in good standing with a minimum of two years continuous membership prior to the scholarship application deadline of April 15th. High School seniors must have maintained a 2.8, or better, grade point average in high school.

Complete the Request Form below to receive your Application. Please note: upon our receipt of the Request Form, an official ATS Scholarship Application Form will be mailed to you. The <u>completed official</u> ATS Scholarship Application Forms from the applicant and school must be received at the ATS Home Office before April 15th.

REQUEST FOR ATS HIGH SCHOOL SENIOR SCHOLARSHIP Name Address City, State, Zip Code Tele:_____ E-mail:____ Br. No.___ Cert. No.____

Requests must be received by March 15th

MAIL SCHOLARSHIP REQUEST FORM TO:

ATS Home Office 5393 Pearl Road Cleveland, Ohio 44129-1597

Request Forms must be received by March 15, 2016

Please note: Only official ATS Scholarship

Application Forms will be accepted for consideration.

	JEST FOR ATS UNDERGRADUATE NUING EDUCATION SCHOLARSHI
	Name
	Address
	City, State, Zip Code
Tele:	
E-mail:	
Br. No.	Cert. No.

UNDERGRADUATE CONTINUING ACADEMIC SCHOLARSHIP GRANTS

The ATS is offering twelve Academic Undergraduate Continuing Education Scholarship Grants to our members who are not current year high school graduates and are not entering college in their freshman year of study but are in an <u>undergraduate program</u>.

\$1,000	Award in memory of Marie Stirner
\$1,000	Award in memory of Marie Stirner
\$1,000	Award in memory of Marie Stirner
\$1,000	Award in memory of Marie Stirner
\$1,000	Award in memory of Gertie & Ernie Gottschling
\$1000	Lorain Saxon Ladies Branch 11 Scholarship
\$ 500	ATS Branch 34 Cleveland East Scholarship
\$ 500	Award in memory of Karl & Charlotte Klamer
\$ 500	Farrell-Branch 7 Scholarship
\$ 500	ATS Scholarship Award
\$ 500	ATS Scholarship Award
\$ 500	ATS Scholarship Award
Applicants	must be ATS members in good standing, with contin

Applicants must be ATS members in good standing, with continuous membership for a minimum period of two (2) years. They must have a grade point average of at least 2.8. They may be any age; however, they cannot be a current year high school graduate or entering their freshman year of college.

Applicants must be enrolled in an **undergraduate program** as a **full-time student** at an accredited college or university in the United States.

Requests for **official ATS Undergraduate Continuing Academic Scholarship Applications** may be made by calling the ATS Home Office (440) 842-8442, or by completing the Form printed below by March 15, 2016.

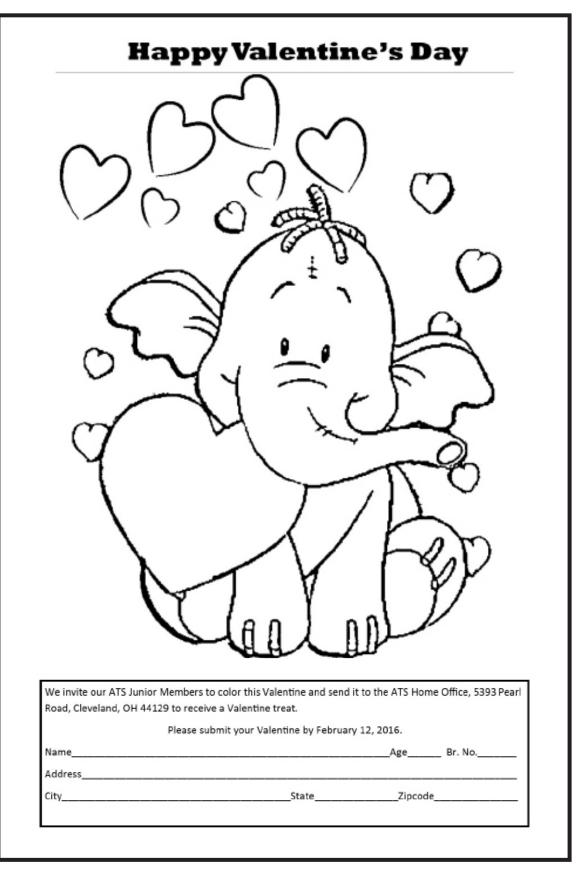
Completed official ATS Applications for scholarship grants must be received at the ATS Home Office before April 15th. Undergraduate Continuing Academic Scholarship winners will be chosen in a random drawing conducted by the ATS Scholarship Committee.

How to have 'the pot talk' with your teen

Experts writing in Family Circle say that with more time on their hands in summer, teens are more likely to try drugs, especially marijuana. You need to have "the talk."

- * To get started, say they're at an age where they might be offered marijuana, and you're wondering what they think about that. Try to get the teen to speak up and give you an insight.
- * Mention that you know they don't want to talk about it, and it's not easy for you either, but you're hoping you can navigate the issue together. Let your kid know the conversation is crucial so you both become aware of where the other stands.
- * If you have discovered paraphernalia in your teen's room, you'll want to know what's happening. Ask if there is something going on in their lives that they think pot helps them deal with.

Confide to them that one reason you're asking is that at their age they take a huge risk by using any substance now. In the teens, the brain is still developing so don't interfere with that.



FRATERNAL CALENDAR

NATIONAL EVENTS

May 14 - 15, 2016

ATS Convention

Hosted by Br. 19 Salem - Celebrating 125th Anniversry June 24 - 26, 2016

North American Saxon Heimattag Hosted by Br. 30 Youngstown

LOCAL EVENTS

January 30, 2016

Cleveland Winterfest

February 1, 2016

Salem Br. 19 Meeting 7:30 p.m.

February 3, 2016

Salem NO Retirees

February 4, 2016

Salem Bar Open 8 p.m.-10 p.m.

February 5, 2016

Cleveland Sachsenheim Prime Rib Dinner

February 7, 2016

Youngstown Super Bowl Party, Lounge

February 8, 2016

Salem Br. 18 Meeting 7:30 p.m.

February 9, 2016

Cleveland Sachsenheim Fat Tuesday Buffet

February 10, 2016

Youngstown Special Fish dinner, Ballroom

February 11, 2016

Salem Bar Open 6p.m.-8p.m.

Salem Set-up for Fish Fry 6:00 p.m.

February 12, 2016

Salem Fish Fry (1) 5:00 p.m.-7:00 p.m.

February 13, 2016

Youngstown Valentine Dinner

Cleveland Sachsenheim Sausage Sale

February 14, 2016

Youngstown Branch 22/30 meet at 2 PM

TSBA Bowling - Cleveland West

February 17, 2016

Youngstown Special Fish Dinner

February 18, 2016

Salem Set-up for Fish Fry 6:00 p.m

Salem Bar Open 6p.m.-8 p.m.

February 19, 2016

Salem Fish Fry (2) 5:00 -7:00 p.m.

February 21, 2016

Youngstown Pork Dinner, Ballroom

Cleveland Br. 4 Chinese Auction/Sausage Dinner

February 24, 2016

Youngstown Special Fish Dinner

February 25, 2016

Salem Set-up for fish fry 6:00 p.m.

Salem Bar Open/Peanut Night 6 p.m.-8 p.m.

February 26, 2016

Salem Fish Fry (3) 5:00 p.m.-7:00 p.m.

March 2, 2016

Youngstown Special Fish Dinner

Salem Saxon retirees 11:30 a.m.

March 3, 2016

Set-up for fish fry 6:00 p.m.

Salem Bar Open 6 p.m.-8 p.m.

March 4, 2016

Salem Fish Fry (4) 5:00 -7:00 p.m. March 7, 2016

Salem Br. 19 Meeting 7:30 p.m.

March 9, 2016

March 10, 2016

Youngstown Special Fish Dinner

Youngstown Retirees Meet

March 12, 2016

Youngstown Culture Group Sausage sale, tentative

Youngstown Saxon Club



In our Main Ballroom Sunday Evenings DOORS OPEN @ 5PM ~ BINGO STARTS @ 6:45PM \$10, \$15 & \$20 Special Packages • Tear Offs

Birthday Specials • Pig Number

We're wheelchair accessible!

Food Available! Security Inside & Outside!

BRANCH 33, **CLEVELAND EAST** By Arline Krestel-Suts

A reminder to members of branch 33 there will be no meeting Wednesday, February 10th. Our next business meeting will not be until Wednesday, March 9. The meeting will start at 7 PM with a soup and chili dinner.

Modern jerky goes exotic

Low carb, dried meat snacks have come a long way since the kind of beef stick sold in the gas station. These are the modern jerkies that foodies like. Rather than the traditional beef, some are made from such ingredients as elk, ostrich, alligator, venison, turkey, buffalo, trout or ahi tuna.

If it's a beef jerky stick, it may be flavored with curry, teriyaki, jalapeno peppers, and the beef even may from grassfed cattle. These upscale jerkies are pricey but are a tasty and convenient snack that's high in protein.

You can even make your own. According to Berkeley-Wellness.com, here's how to

Cut lean meat (like sirloin, flank steak or top round) into thin strips. Marinate them in a low-sodium sauce or apply a low-sodium rub. Then leave them in the refrigerator for up to a day.

Bake them on low heat, 200 degrees or lower if possible, until it's dry, which will take anywhere from 45 minutes to several hours, depending on the thickness of the strips.

It costs a lot less to make your own jerky, and you'll probably like it.



On February 7: Super Bowl 50 Madness

Super Bowl Sunday is an unofficial American holiday. Last year, about 114-million viewers tuned into the game on NBC. Over 118-mllion took in Katy Perry's half-time performance, making it the mostwatched broadcast in the history of U.S. television.

On Feb. 7, 2016, even nonfootball fanatics will be among the 68,500 tickets holders in Levi's Stadium, Santa Clara, CA, home of the San Francisco 49ers. Hundreds will see the game from the stadium's luxury suites, and millions will tune in on CBS' broadcast with fans

NBC is so confident of its enormous audience, the price for a 30-second ad has gone up 11 percent to \$5 million. People often tune in to see the ads.

For the first time ever, the Bowl game is branded with the Arabic numeral 50, rather than Roman numerals. The franchise and every spectator is on the 50 yard line celebrating the fiftieth game. Pepsi, sponsor of the already anticipated halftime spectacular, says the On the Fifty theme will honor the past, recognize the present and look forward to the next 50 years.

Legendary players and coaches of winning games will join popular music artists to ensure a thrilling, star-studded event sure to make history of its own. The stage is the largest in the world. When Coldplay was confirmed as the headliner, Chris Martin, the Grammy award-wining British rock band's lead singer, said the thought of performing on it made him nervous, but the privilege was the "greatest moment in our band's life." Bruno Mars and a host of other stars will join Coldplay on stage.

Stadium security will be strict and intensified.

It's never too early to start saving for your retirement years

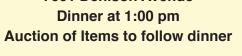


Sideboards

Name_ Address_

ATS BRANCH 4 - 2016 FUND RAISER CHINESE AUCTION/SAUSAGE DINNER

Sunday, February 21, 2016 **Cleveland Sachsenheim** 7001 Denison Avenue Dinner at 1:00 pm



ADMISSION BY PREPAID RESERVATIONS ONLY!

Children 10 & Under - \$4.50 Auction Tickets - \$7.00 (Sold day of Auction)



Items for children

and adults

Chinese Auction/Sausage Dinner Sunday, February 21, 2016 By Prepaid Reservation Only

Adult Dinners @ \$9.00 each Children's Dinners @ \$4.50 ea **Total Amount Enclosed**

Tele No._ Email_ Meal Tickets will be held at the Door.

We will have assigned seating...Please indicate if you wish to sit with Specific individuals_

Deadline for Reservations is February 14th. Mail to Joan Miller-Malue, 17105 Hilliard Rd, Lakewood OH 44107



St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters _church@sbcglobal.net
www.stpeterswarren.or

Rev. Waldemar Gies Pastor pastorgies@sbcglobal.net

10:00 Bilingual Service

Nursery School Coffee following service. Bible Study, Senior Circle, Sunday School, Church Choir, Bell Choir

St. John's Lutheran Church

1000 Ford Road Highland Hts., Ohio (440) 449-1334 Rev. Roberta Davis-Newhouse Pastor

9:00 Worship Service



SALEM SAXON CLUB
BAR IS OPEN
EVERY THURSDAY.
PLEASE CHECK
CALENDAR OF EVENTS
FOR TIMES.

FTC issues warning on fake Social Security email

The Federal Trade Commission has posted an alert about a Social Security-related email scam. According to the alert, the email has the following traits:

- It contains the phrase "Get Protected" in the "Subject" line.
- The "From" field is spoofed to appear as "no-reply@ssa. gov."
- The email discusses alleged new safety features offered by the Social Security Administration.
- It references the "S.A.F.E Act 2015."
- The links included in the email do not lead to a page at ssa. gov, the official Social Security Administration website. You can see this by hovering your curser over the link text in the email.

If you receive an email like this, do not click any links or open any attachments. You should instead forward it to phishing@uss.com.

Source: http://www.consumer.ftc.gov/blog/scammers-fake-social-security-email

App of the Month: Periscope

Launched in March, Periscope is the number one livestreaming app in the world today. Individual users and various media outlets use it to offer live coverage of events from a smartphone to the world. The app works with Twitter, allowing the user to tweet out a link to his or her Live Stream. This free app allows users to access news and events as they happen. Broadcasters can choose to make their streams private or public, making it versatile enough for both journalists and individuals who just want to share some of their daily memories.

Join us for the Cleveland Saxon Dance Group's 6th Annual Chili Cook-off Fundraiser

Westside Sachsenheim 7001 Denison Avenue Cleveland, OH



Saturday , March 12, 2016 Doors open at 7 p.m.

Tickets \$10 in advance from any Dance Group member or \$12 at the door. Children under 12 half price.

Includes admission, three chili samples, accompaniments and desserts Additional chili samples \$1 each A cash bar will be available

Contact Stephanie Miller at 216-647-3229 with any questions or if you would like to enter a chili for judging in the contest. Cost is \$20 per entry (includes admission ticket for entrant) and prizes will be awarded for the top two entries based on ballots cast by attendees.

Think about this ...

The duration of yellow lights is unpredictable, so be prepared to stop



Traffic engineers in the United States have never agreed on how to time yellow lights so the interval between green and red is just right.

If it's too short, drivers may run the red light by mistake. If it's too long, they may intentionally risk driving through the intersection.

In the past, the Institute of Transportation Engineers (ITE) has tried to come up with a formula, but they couldn't get enough support from their 15,000-plus members. That was 30 years ago, but they're trying to create a standard again. Their findings might come before the board late this year at the earliest.

The current proposal relies on four factors: determining how long the yellow should last; vehicle approach speed; driver perception-reaction time; and the deceleration rate and grade of the road. Because no studies are available on these factors, the information they use will be approximations

Timothy Gates, an engineering professor at Michigan State University and co-author of an ITE report, says it's a matter of validating appropriate input values.

"If the formula suggests you need 4.5 seconds, and if you provide drivers with 3 seconds, you're putting drivers into a case where they either have to stop abruptly or proceed through and run the risk of running the red light," Gates reported recently in The Wall Street Journal.

BRANCH 26, MERRILLVILLE By Helen Brooks

The meeting for Branch 26 was held on Sunday, January 10, 2016 at 2 p.m.

President Randall Floyd called the meeting to order. The pledge to the flag was said.

Secretary Sam Palyok read roll call of officers; all were present.

At this time we had the installation of officers which was done by Linda Smith: President: Randall Floyd; Vice-president: Don Schuffert; Secretary: Sam Palvok: Financial Secretary: Zita Palyok; Treasurer: Pete Guip; Trustees: Bill Allbach, Brigitte Floyd and Judy Andrews; Sick Committee: Willard Schuffert and Martin Smith. We thank these dedicated members for their services.

We then continued with the meeting. Minutes were read by Sam Palyok and approved. It was voted to donate to the Cancer Society as well as the Ross Township Trustee Food Pantry.

Pete Guip gave the treasurer's report and it was accepted.

It was reported that Willard Schuffert was in the hospital. Bertha is also having some health issues. We wish them well.

Expenses were read and approved. Zita Palyok , financial secretary, took in dues and reported that all was OK.

Brigitte put forth some ideas for club activities. One was to see "The Odd Couple" at the



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Mildred J. Szostek

Age 91

Died: December 24, 2015 Branch 26, Merrillville IN

Ethel D. Roth

Age 93

Died: December 25, 2015 Branch 33, Cleveland OH

Michael Adam

Age 85

Died: January 13, 2016 Branch 33, Cleveland OH

Performing Arts Center, the other being the Rail Cats Ball Park; dates and times to be announced.

We received a letter informing us that our member Agnes Palinski had passed away in December. She was a sister to Kay Falk. Our sympathies go ou to her family.

The raffle was won by lucky Mike Gottschling, and attendance prize by Linda Smith.

Motion made to adjourn, and we then enjoyed pizza and friendship.

Till we meet again.

It matters not

where you were born or where you live, but what's in your HEART.

Be Proud to be Transylvanian Saxon!

At the Cleveland Sachsenheim



Grumpy's Amazing Fat Tuesday Buffet

February 9, 2016 Serving 5 - 7:30 pm

No Reservations Required Only \$9.95

& Andouille Sausage Gumbo, Cajun Chicken, Cajun Pork Stew, Gator Casserole, Dirty Rice, King's Bread.

It's the Best Mardi Gras Deal in Town!

PotPourri

Your Horoscope

February

ARIES: If you have the opportunity to take a business trip, attend a workshop or go to a seminar, don't hesitate. Think of the new ideas and the networking opportunities.

TAURUS: Because Taurus people are famous for not liking big changes in their lives, consider how wise it would be to get a physical. Any conditions can be handled now.

GEMINI: When you want a vacation at the same time the kids are at summer camp, better get the arrangements for camp, and your vacation started right away.

CANCER: Do you feel it coming? When you feel a change is in the offing, it might give you a feeling of uncertainty. With your skills and capabilities, know that you'll do well.

LEO: You've got the talent, you've got the guts, and your initiative is high. Why are you worried? You can achieve your goals, and the stars are right. Keep the courage. It won't be long.

VIRGO: If you're think that helping co-workers will encourage them to support your ideas or projects, don't count on it. They'll still make independent decisions.

LIBRA: A lot of guys are born under the Libra sign, and some still think it's "Lucky Libra." Avoid counting on luck for Valentine's Day. Trade candy or flowers for a kiss instead.

SCORPIO: Are you stingy with your holiday pictures or just neglecting to send something to a relative, friend or your boss? Come on, you aren't too busy to do that.

SAGITTARIUS: Realize that your favorite pet will not live as long as you will. Enjoy your dog or cat every day. Don't be overwhelmed at the end.

CAPRICORN: You are extra sensitive and susceptible to other people's moods. Try not to fall into this trap. Maintain a mental separation between you and others.

AQUARIUS: If someone wants to form a partnership with you, they'll have to give you plenty of leeways. Otherwise, the alliance won't be worth your time. Consider it carefully.

PISCES: Every effort you make this year will be rewarded in due course. Making a living, relationships, and everyday life take a lot of work. This year you'll be appreciated.

February birthdays

- 1, Michael C. Hall, TV actor in Dexter, Raleigh, NC, 1971.
- 2, Zosia Mamet, TV actress in Girls, Randolph, VT, 1988.
- 3, Isla Fisher, actress in Wedding Crashers, Oman, 1976.
- 4, Oscar De La Hoya, boxing champion, Los Angeles, CA, 1973.
- 5, Jane Bryant Quinn, financial writer, Niagara Falls, NY, 1939.
- 6, Barry Miller, stage, screen actor, Tony, Los Angeles, CA, 1958.
- 7, James Spader, star of TV's The Blacklist, Boston, MA, 1960.
- 8, Nick Nolte, star of many movies, Omaha, NE, 1941.
- 9, Jay Inslee, Gov. of Washington (D), Seattle, WA, 1951.
- 10, Greg Norman, champion golfer, Australia, 1955.
- 11, Jennifer Aniston, film star, Sherman Oaks, CA, 1969.
- 12, Robert Griffin III, football player, Japan, 1990.
- 13, Stockard Channing, movie star, New York, NY, 1944.
- 14, Teller, magician (Penn and Teller), Philadelphia, PA, 1948.
- 15, Amber Riley, actress in Glee, Los Angeles, CA, 1986.
- 16, Eric Laden, actor in Mad Men, Houston, TX, 1978.
- 17, Rene Russo, movie star, Los Angeles, CA, 1954.
- 18, Matt Dillon, many movies, Westchester, NY, 1964.
- 19, Amy Tan, author, Joy Luck Club, Oakland, CA, 1952.
- 20, Rihanna, famous singer, Barbados, 1988.
- 21, Jennifer Love Hewitt, movie star, Waco, TX, 1979.
- 22, Vijay Singh, professional golfer, Fiji, 1963.
- 23, Kelly Macdonald, movie and TV star, Scotland, 1976.
- 24, Floyd Mayweather, Jr., quintuple boxing champ, Grand Rapids, MI, 1977.
- 25, Tea Leoni, star of TV's Madam Secretary, New York, NY, 1966.
- 26, Fats Domino, great singer, New Orleans, LA, 1928.
- 27, Adam Baldwin, movie star, Chicago, IL, 1962.
- 28, Mario Andretti, team owner, race driver, Italy, 1940.
- 29, Cam Ward, famous hockey player, Canada, 1984.



Here's why reducing your top blood pressure number matters ... a lot

Individuals with systolic blood pressure at the 140 mm Hg level are usually satisfied by that number. They may be more concerned about the risks of carrying around too much body fat.

Now, however, there's new evidence that systolic pressure of 120 brings lower risks for heart disease, stroke, kidney failure and erectile dysfunction. The evidence shows that high blood pressure is the heart's worst enemy.

The higher risks were reinforced by the SPRINT trial, which was presented at the annual meeting of the American Heart Association. The trial was a large study of the effects 140 mm Hg blood pressure compared with 120 or below. Systolic pressure, represents the heart as it contracts and pumps blood to the rest of the body.

The researchers randomly assigned 9,300 hypertensive patients over age 50 to either the 140 or the 120 group.

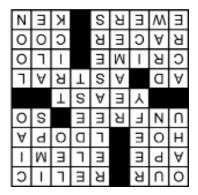
Results were published in the Journal of the American Medical Association.

Those who were close to 120 had significantly lower rates of premature heart-related death and death from any cause. They reduced their risk of heart failure by 38 percent and death from heart problems by 43 percent when compared to the 140s.

Dr. Paul Whelton of Tulane University, chairman of the SPRINT trial said, "Overall we deem that the benefits of lower blood pressure far outweigh any potential for risk."

Major organizations are considering the recommendation for reducing systolic pressure to 120. It could be the beginning of the new normal.

Nearly one in three Americans has hypertension, one reason heart disease is the top killer of both men and women in the United States.





Docs, Cops, and Prof tactic

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Across

- 1. "Days of ___ Lives"
- 4. Archaeological find
- 9. Animal that beats its chest
- 10. Varnish resin
- 11. Garden tool
- 12. Parkinson's drug
- 13. Locked up
- 15. Therefore
- 16. Bakery supply
- 18. Commercial
- 20. Stellar
- 23. Arson, for one
- 25. U.N. agency
- 26. Indy entrant
- 27. Bill and
- 28. Decorative jugs
- 29. Barbie's beau

- Down
- 1. Diamond Head locale
- 2. "Once ___ a time..."
- 3. Like an atoll4. Those who set free
- 5. Firstborn
- 6. "Seinfeld" uncle
- 7. Little devils
- 8. Italian farewell14. Pipe smoker's tool
- 17. Bridge unit
- 18. "God's Little ____"
- 19. Tie
- 21. Balm ingredient
- 22. Crackpot
- 24. Diamonds, slangily



"Everyone expects me to be a ham, but my father was a bore."



Choruses

CLEVELAND, SECTION 1 EINTRACHT SAXONIA SACHSENCHOR

Rehearsal: Tuesdays 1:30 - 3:00 p.m.

PRESIDENT

Adolf Fischer 4567 Williamston Ave. Brooklyn, OH 44144 (216) 741-1398

SECRETARY

Christa Herbert 4703 West Ridgewood Dr. Parma, OH 44134 440-888-6094

NEW CASTLE, SECTION 6 EINTRACHT MÄNNERCHOR

Rehearsal: Every Tuesday at 8 p.m.

PRESIDENT

Daniel E. Reiber 115 Reiber Lane New Castle PA 16105 (724) 333-5836 crsig@comcast.net

SECRETARY

Gerald Holzhauser 3223 Frew Mill Rd New Castle PA16101 (724) 924-2203 holzhauserj@hotmail.com

ERIE SIEBENBUERGER SINGERS Meet Monday at

Meet Monday at Siebenbuerger Club

PRESIDENT

Tim Clint 5805 West Road McKean, PA 16426 (814)572-6639 Email: tjbclint@verizon.net

SECRETARY

Roland Mueller 3918 Lancaster Rd Erie, PA 16506 (814)920-2113 muelleram@yahoo.com



Cultural Groups

CLEVELAND SAXON DANCE GROUP

Rehearsal: Fridays 7:30 pm

Westside Sachsenheim

PRESIDENT

Amanda Seiler-Botsch 18920 Laurell Circle Strongsville OH 44136 (216) 235-5240 seilerbotsch@yahoo.com

SECRETARY

Monica Gilles 3520 Beavercrest Dr Apt 107 Lorain OH 44053 (440) 309-7894

YOUNGSTOWN SAXON CULTURE GROUP

Meets: 2nd Sunday of Month

Youngstown Saxon Club

PRESIDENT
Robert Bachinger
5268 N Beacon Dr
Youngstown OH 44515
(330) 792-5177

bman1017@gmail.com

SECRETARY

Dana Bachinger 333 Beechcrest Ave Youngstown OH 44515 (330) 507-5369 dana.bachinger@gmail.com

TRANSYLVANIAN SAXON BOWLING LEAGUE

PRESIDENT

Glenn Spack 943 Stewart Rd. Salem, OH 44460 (330) 332-8174 sspack2@neo.rr.com

VICE PRESIDENT

Tom Simon 3916 Avalon Ct. Austintown, OH 44515 (330) 720-7988 ts112063@gmail.com

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Are your

children,

grandchildren,

nieces and nephews

members of the ATS?

Let them benefit from

our fraternal program

and be a part of our

history!

B



BOOKS

The Saxon Cook Book - Third Edition Over 400 Saxon/American Recipes \$12.00 per copy (postpaid)

Fleeing to the Friendly Enemy by Barbara Ohler Weber A true story of the author's experiences during World War II and her immigration to America in the 1950's. \$14.00 per copy (postpaid)

Flucht aus Siebenbürgen by Monika Görig/Maria Schneider Memoirs of Maria Schneider written in German describing her family's hardships when they had to flee from their home in 1944 and start a new life in Austria. \$20 per copy (postpaid)

Saxons Through Seventeen Centuries, author Rev. John Foisel A paperback which provides a romantic account of the customs and phases of intellectual development of the Transylvanian people. Not intended to be a history of Transylvania, rather a story of our people based upon seventeen centuries of history. \$15 per copy (postpaid)

DVD - "Leaving Transylvania" producer/director Dieter Auner A documentary on an elderly Saxon couple from Arbegen that had chosen to stay in Transylvania during the massive exodus of Saxons in the 1990's and now after a decade of loneliness and disorientation is faced with abandoning their home and emigrating to Germany to be with family.

\$20 per copy (postpaid)

Note: All books have English Text. Proceeds from book sales go to the Saxon Orphan Fund Program.

Order From:

The Alliance of Transylvanian Saxons 5393 Pearl Road, Cleveland, Ohio 44129 Make Checks/Money Orders payable to ATS ORPHAN FUND ATS Member, please indicate Branch number.



YOUNGSTOWN SAXON RETIREES Meets 2nd Thursday

PRESIDENT

Kay Ring 1043 Villa PI Girard, OH 44420 (234) 421-5116

SECRETARY

Mary Terese Laret 3304 Quentin Dr. Youngstown, OH 44511 (330) 799-2789

SALEM SAXON RETIREES

Meets 1st Wednesday of each month

PRESIDENT

Lois Whitacre 15425 Lisbon St. Minerva, OH 44657 (330) 862-2607

SECRETARY

Dianne Kuttler 4282 McCann Rd Salem OH 44460 (330) 525-0120

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