



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5393 Pearl Road
Cleveland, Ohio 44129-1597
Tel: (440) 842-8442

ATS Founded in 1902

January 1, 2016

Issue 1

BRANCH 18, SALEM

By Barbara Spack

When the end of the year approaches, one often reflects on the events of the passing year and looks with hope toward the coming new year. With the close of 2015, the Salem Saxon Bingo will also come to an end. The bingo committee met and decided that the bingo license would not be renewed for 2016. Back in 2013, Annette Jermolenko had an idea that she presented and worked very hard at. With her energy and enthusiasm, Bingo got off the ground in Salem in June 2014. She recruited a group of volunteers and set up the game plan. It worked; and the inception of Bingo became a reality. Annette decided to step away shortly after, but a dedicated group of volunteers on the bingo floor and in the kitchen carried on and continued to work hard week after week. The loyal (albeit small) group of players who came out and supported bingo week after week helped keep it going. However, due to the costs of licensing, supplies, equipment, and prizes, not to mention manpower and people who really enjoy working the bingo, the cost overshadowed the return on investment. So it was not an easy decision, because the rewards were the socializing, meeting new friends, and the pure fun of it. The Bingo committee extends deep appreciation and thanks to all who supported the Bingo through 2015.

The ladies met for the December meeting at the club on the 14th and viewed the display of clothing purchased for the children in the Salvation Army Christmas program. This year the ladies sponsored 30 children in the program by providing a new outfit of clothing for each child. Additional cash donations to this project were received from the Salem Saxon Retirees and Branch 18 members. Thanks to all who donated. Thanks to Flo Spack and Terri Spack for shopping for the clothing and the display. The ladies also voted to make a donation to the Salem Community Pantry, which provides food to residents in Salem. A donation was also made in November to support a meal at the Banquet in Salem by providing the amount needed to serve a hot meal for 200 people.

Jill Drotleff reported on the Christmas Party which followed the Joint Social on December 11. The children were entertained by a magician and by crafts and face painting, and the party was then highlighted by a visit from Santa Claus.

Lois Whitacre reported that the Retirees will not be meeting in January and February. The next meeting will include a covered dish meal on March 2, 2016.

The Krapfen Sale will be on January 16 from 10:00 a.m. to 2:00 p.m. Please contact Marcia Spack at 330-337-0250 with your order by January 8th.

The officers for 2016 were installed following the meeting. They are President, Florence Spack; 1st Vice President, Jill Drotleff; 2nd Vice President, Terri Spack; Recording Secretary, Barbara Spack; Treasurer, Denise Crawford; Financial Secretary, Helen Aeling; Trustees Mary Ann Roth, Catherine Sanor, Annette Jermolenko, and Sharon Walker; and Sergeant-at-Arms Dorothy Hahn.

Our January meeting will be at the club on Monday January 11 at 7:30 p.m.

Best wishes to all for a Merry Christmas and Happy New Year!

BRANCH 22, YOUNGSTOWN

By Rosemarie Kascher

We thank June Hoelzel for the success of the Br. 22 Christmas Party and we thank the New Castle Maennerchor for their fine performance, as always.

Upcoming events:

Friday, January 1

New Year's Day - Club closed

Monday, January 4

Heimattag Meeting, 6:00 in

Lower Lounge or Annex

Wednesday, January 6

Officers Meeting, 6:00 p.m. in

Ballroom Annex

Sunday, January 10

Br. 22 Meeting, L/L, 2:00 p.m.

Sunday, January 17

Pork/Kraut Dinner, 11:30 - 2:30 p.m.

Ballroom

Reminder: Bingo on Sundays, Ballroom. Retirees will recess in January and February. Need helpers for Bingo Sundays, please.

Dues of \$24.00 are to be sent to Betty Garhammer, 969 Canfield Rd. Youngstown, OH 44511, phone 330-788-4274. If annual dues are not paid by April, a \$5.00 fee will be charged to cover the cost of reinstating your key card. This involves your entrance to the Saxon Club.

If you are aware of any shut-ins, please notify Betty Garhammer, or Gloria Hahn or Mary Ann Dahman. Get wells were sent to Maria Boehm, Marge Artz. Thinking of you to Alice Berquist, Martha Konrad and sympathies of the families of Christine Norton, Michael Chetsko, Richard Measmer, Randy Bokesch and Jo Ann Pentz.

Birthdays are Gertrude Galich, Tillie Stefanick, Eleanore Laise, Carol Allison, Helen Fotiuk and Monica Simon.

Thank you to Helen Fotiuk's daughters for the Childrens' Christmas Party's event; we are truly grateful.

Bring your cancelled stamps from envelopes to Marge Whitacre for a project for disabled veterans; also the front cover of cards if you can. Thanks.

A blessed Christmas and New Year to each of you.



Happy New Year.

PRESIDENT'S MESSAGE

By Thomas J. Manning
ATS Nat'l President



Another holiday season has now passed. Holidays are a very busy time with all of the decorating, baking, shopping, wrapping, and writing Christmas cards and they all take time and effort to accomplish. Sometimes we question why we insist on doing so much preparation. When you see the smiles on the children's faces and family members from far and near gathering together to celebrate the holidays, you know that it is well worth your efforts.

With the start of a New Year, once again our Home Office staff is not only performing their normal everyday business duties of the ATS, but additionally preparing all of the end of the year account statements to be mailed to our members. We are very fortunate and thankful that we have such dedicated employees on our staff.

Income tax season will soon be upon us and we start gathering information in order to file our income tax returns for Uncle Sam. As we all know, the payment of taxes keeps our government working. If you are fortunate enough to receive a refund, you should consider purchasing an ATS life insurance policy or annuity for yourself, your child, or your grandchild. The ATS offers a variety of life insurance plans and annuities at reasonable rates. You can contact your Branch Deputy for detailed information.

Quote of the Day: "Fair play with others is primarily not blaming them for anything that is wrong with us." When we play fair as adults, it's a lot like the games we played as children. We still need to honor boundaries and rules. Relationships go more smoothly when we are the first to admit our mistakes. We can avoid many relationship impasses by being the first to admit responsibility, rather than being the first to point out a flaw in someone else.

Take care until next time and may God bless the members of the ATS.

TSBA BOWLERS



The next bowling session will be held in Lorain on Sunday, January 10, 2016 at the Rebman's Recreation Bowling Lanes located at 5300 Oberlin Avenue. Bowling will start at 11 am. Bowling fees will be \$9.00. There will **NOT** be a luncheon following bowling. Please support the bowling alley and order from the snack bar. Thank you. Any questions, please call Monica Gilles at (440)309-7894. See you in Lorain!



TIMELY - DO NOT DELAY
MAILED WEDNESDAY, December 30, 2015

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597

BRANCH 4, CLEVELAND
By Joan Miller-Malue

The New Year is a time to start fresh, and every year people make resolutions to better themselves. We hope that 2016 will be a good year for you and your family and that you enjoy good health and happiness. We also hope that one of your resolutions was to enjoy Saxon Gemütlichkeit at the Sachsenheim at all our various events and monthly Branch meetings.

We invite you to attend the first meeting of the year which will be held on Monday, January 18th at 7:00 pm. We will hold our annual memorial service at the start of the meeting. The Eintracht-Saxonia Sachsenchor will sing as a special tribute for our Sisters and Brothers who died during this past year. We will also hold our Election of Officers. If you are interested in holding an office please contact Renate Jakupca who is heading the nominating committee.

On Saturday, January 30th, the Sachsenheim will host its Annual Winterfest featuring a performance by the Cleveland Saxon Dance Group and dancing to the music of Klang Gesang. Dinner will be served at 6:30 p.m. Admission is \$18 for adults and \$7 for children age 5 – 12; children age 4 & under are free. Send a check payable to ATS Branch 1 to Robert Cunningham, 9005 Memphis Villas Blvd, Brooklyn 44144 by January 25th. For further information call Rob at (216) 398-7520.

The Sachsenheim's Annual Sausage Sale will be held on Saturday, February 13th. Sausage will be \$3.60 per pound. You can place your order for sausage with or without garlic by calling Maria Fischer at (216) 741-1398 (Please do not call after 9:30 pm). Also, you may preorder a Sausage/Sauerkraut with Polenta dinner for \$8. The will also be sausage sandwiches available for purchase that day. We are looking for some young workers for that day. Please call Adolf Fischer if you want to lend a hand. This is the last sausage sale for the season, so make sure you stock up! Deadline for orders is February 7th.

Branch 4's Annual Chinese Auction/Sausage Dinner will be held on Sunday, February 21st. Please mark this date in your calendar and help us

make this the best fundraiser yet. Letters will be going to our members requesting donations of NEW items or a monetary donation. Items may be brought to our January and February meetings. This is a great time to purchase a fantastic item since there are great sales going on after Christmas. We are truly grateful for the wonderful support we get each year and thank everyone for their kindness and generosity. We hope you encourage your friends to join us for this fun afternoon.

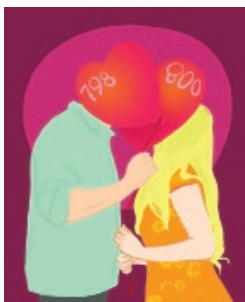
I have read studies that have shown scientifically that there are health benefits to singing in a group. It releases Endorphins and Oxytocin hormones which are associated with feelings of pleasure. It's good for you emotionally, physically and socially. It's a great workout for your lungs, heart and circulation. The list goes on: improving sleep, toning facial muscles, improving posture, opening sinuses, releasing endorphins, boosting the immune system, reducing anger and anxiety, increasing self-esteem, reducing stress, promoting bonding. The Eintracht-Saxonia Sachsenchor is anxious to help you improve your health by inviting you to join the chorus. They practice on Tuesday afternoons from 1:30 – 3:00 pm. If you are interested in joining the choir, please give President Adolf Fischer a call at (216) 741-1398. They are a great group of individuals that will make your Tuesdays "Happy Days."

Dancing is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise while also allowing you to engage in a social activity. Medical researchers have reported that dancing helps to: Reduce stress, increase energy, improve strength, increase muscle tone and coordination, lower your risk of coronary heart disease, decrease blood pressure and improve cholesterol levels, develops the circulatory system, builds and increases stamina, and keeps you mentally fit. The Einstein Aging Study, summarized in June 19, 2003 New England Journal of Medicine, found that dancing helps prevent dementia. So that brings us to the benefits that you will attain by joining the Cleveland

Saxon Dance Group. The group practices on Friday evenings at the Sachsenheim at 7:30 pm. Besides the dance practice, they enjoy Saxon Gemütlichkeit before and after practice. They have also added a new activity, "The Great Outdoors Club," where they will go to different areas for hiking, kayaking and canoeing. They are always looking for ways of having fun. The group is looking for some younger folks to join. If you are interested, please contact President Amanda Donnellan at (216) 235-5240.

We are looking forward to a good year at the Sachsenheim. We invite you to join us for all our events. Make sure you try coming down to the Club for the infamous Taco Tuesday, Wednesday Wing Night, Thursday Dog and Slider Night and Friday evening fish dinners and other dinner specials.

The officers and members of Branch 4 wish you and your family a Joyful, Bright, Healthy, Prosperous and Happy New Year!



Moneywise

What credit scores say about a respective partner

A paper published by the Federal Reserve examines whether credit scores can predict the stability and longevity of a relationship that's starting to get serious. Their conclusions:

1. People with higher credit scores are more likely to be in a committed relationship and stay together.
2. People tend to form relationships with others who have a similar credit score.
3. Credit scores are indicative of trustworthiness in general, and couples with a mismatch in credit scores are more likely than others to see their relationships end for reasons not directly related to their use of credit.

The information was based on information provided by Equifax and includes a "risk score" similar to the FICO score. Both measure an individual's probability of failing to meet credit obligations in the not-too-distant future.

Individuals with above-average credit scores were 14 percent more likely to enter a committed relationship over the next year.

Among relationships that survive for two years, a better than average credit score implies a 37 percent lower chance of separation in the third and fourth years.

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The Saxon News Volksblatt (ISSN 0894-1165), the official publication of the Alliance of Transylvanian Saxons, 5393 Pearl Road, Cleveland, Ohio 44129-1597, is published Bi-weekly.

Annual Subscription rate for non-ATS members
USA - \$15; Canada and Europe -\$50

Managing Editors HB Laser Communications,
PO Box 45198, Westlake, Ohio 44145.
"Periodicals Postage Paid" at Cleveland, Ohio.
Postmaster: Send address changes to the Saxon News Volksblatt, 5393 Pearl Road, Cleveland, Ohio 44129-1597

SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON.

You may either

MAIL: PO BOX 45198,
Westlake, OH 44145

FAX: (440) 399-9339

E-MAIL: saxonvolksblatt@aol.com

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, JANUARY 6, 2016	FRIDAY, JANUARY 15, 2016
WEDNESDAY, JANUARY 20, 2016	FRIDAY, JANUARY 29, 2016
WEDNESDAY, FEBRUARY 3, 2016	FRIDAY, FEBRUARY 12, 2016

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 noon?

Please call Hanz or Barb Hermann at (440) 892-0436.

**YOUNGSTOWN
SAXON CLUB
PORK-KRAUT DINNER**
• **January 17, 2016**
11:30 a.m. to 2:30 p.m.
\$9.50
Children \$5.00
includes coffee/tea/pop
and dessert
OPEN TO THE PUBLIC!

BRANCH 30, YOUNGSTOWN

By Tom Fizet

Some Saxon News from the West.

Dorothy and I wish all a Merry Christmas and a Happy and prosperous New Year. With all the greetings we have received, it makes us feel like we were still at home. We are very glad to hear from everyone. Thanks.

It is six months away - remember to offer your help and support to the Culture Group and the officers of Branches 22 & 30 when they get ready for the Heimattag, June 24, 25, 26, 2016. It is a three day affair of the ATS which will be held at the Youngstown Saxon Club in June. It is very much appreciated when members step up to support your ATS & your local Club. These are some of the reasons for a club, and you can enjoy the privacy of our bar and restaurant.

Tickets are available for the 300 Club. Contact your salesperson or call Rick at 330-518-7593 for tickets. Paid up tickets for the 2016 drawing by January are eligible for the Special Drawing in January. The drawing will be the third Wednesday of the month until August. The Banquet and Drawing will be on September 10, 2016. Come and enjoy a delicious dinner.

The Restoration Memorial and Celebration Committees are doing a nice job of keeping the Club in A-one shape for those desiring to rent our facility. From time to time there is a need to ask for donations for the Memorial Fund to help cover the costs of the goods and (in some cases) the labor. The Committees wish all a merry Christmas and a happy New Year and thanks for

your help in the past.

On January 17, 2016 Branch 30, with help from the ladies, will have the monthly Pork Roast and Sauerkraut Dinner, starting at 11:30 AM till 2:30 PM. Bring your family and friends after church and enjoy a relaxing work free dinner.

Get well wishes go out to Tom Hahn after a procedure at the hospital; he should be up and around soon.

Don Hoelzel requests that Saxon dues for 2016 be paid. If dues are not paid by the March meeting your card will be deactivated and it will not allow you entrance to the club. A lost card can be replaced for \$ 5.00.

My being in the West brings some good surprises. Dorothy and I have received Christmas greetings from a member of the ATS and Branch 22 who resides in Oak Harbor, Washington, which is not too far from us, Gerda Burks and her husband. Gerda is a cousin of Rosemarie Kascher, and a member of the Kascher family. There were 7 members in the family. She reads the *Volksblatt* and enjoys some news from Youngstown. Gerda's husband John, her son and daughter-in-law are Navy retirees. Thanks for serving, friends.

Read the Fraternal Calendar in the *Volksblatt* for up-coming dates of interest. When you meet John Malcomson greet him as "Opa", as he now has a granddaughter. Congratulations to him and Catlin. Great, John.

So goes the News until 2016.

SALEM SAXON RETIREES

By Nancy Stumperth

Here we are with another month gone. The Salem Retirees met on December 2nd with 25 members present and one guest. Barbara Spack was the guest of her mother, Walli Spack. The committee did a great job on the snack table again. We don't get shrimp very often! It was a nice treat for those who like shrimp. There were a lot of other goodies too. Our thanks to them. It seems the committees always seem to come up with a wide variety every month. We had another delicious catered dinner of Swiss steak. We were also treated to several varieties of pie for dessert. Our caterer always does a great job for us.

We had the usual short meeting. It was announced that we would not have our meetings in January and February in case the weather is bad. So far we have had a very unusual winter, with some people needing to mow their lawns until the middle of December. The meetings will resume with our March meeting

on March 2nd. Everyone will have to make a reservation with Katy at 330-533-5154 by February 25th. No one has reservations, so you will have to call Katy. There is no committee for this meeting so everyone is asked to bring a covered dish. Anyone wishing to, may also bring in a snack for the snack table.

A collection was taken up again for the Dress a Live Doll program that Branches 18 and 19 do every Christmas. Flossy Spack brought in all 30 outfits for the Retirees to see. My, what a shopping trip that must have been! One outfit was nicer than the next. The Retirees gave over \$100 towards this project. Thanks to all who donated!

The tables were decorated with red poinsettias that were donated by Siegfried and Hermine Henriss and Mike and Nancy Stumperth. They were in memory of Matt and Herta Drotleff and Henry and Bertha Heidenreich. The winners of the flowers were: Katy Led-

Cleveland Sachsenheim's Annual Winterfest

Saturday, January 30, 2016

Dinner served at 6:30 pm

Performance by Cleveland Saxon Dance Group

Evening Dance Music by Klang Gesang

\$18 Admission \$7 Children ages 5 – 12
Children under age 5 – Free

To make reservations send a check made payable to ATS Branch 1

Send to: Robert B. Cunningham
9005 Memphis Villas Blvd
Brooklyn, OH 44144

Deadline for Reservations is January 25, 2016

For additional information call: (216)398-7520

New Year! New Start! But don't overreach

Why are New Year's resolutions so hard to keep?

You might actually be surprised that many people claim to have kept their resolutions.

According to a Marist Poll, 59 percent of those who made a promise of any kind going into 2014 kept it but only for part of the year. That leaves about 40 percent who evidently did keep their resolutions. Men edged out women 64 percent to 55 percent.

Why do some succeed and others fail?

Behavior therapy experts say it's resolutions that fail

are made casually and not based on reality. There was no clearly defined goal and specific action plan.

"I vow to lose 10 pounds monthly. I promise to exercise an hour every day. I resolve to turn off my smartphone at restaurant tables and during all family meals."

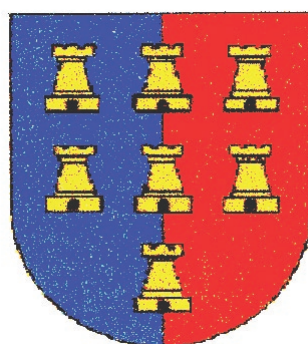
Overreaching, too ambitious resolutions tend to fail; each time the stated vow is broken, resolve weakens.

This year, be proactive.

I will lose 20 pounds. Walk the dog. Exercise daily. Eat right. Save money. Read a book a week. Drink herbal tea.



Make a plan. Think about the potential triggers for relapse and how you'll respond. Know why your goal is important and how it will improve your life. Be patient. Remind yourself of the benefits of achievement. Be accountable.



Est. 1141

erle, Nancy Stumperth, Dianne Kuttler, George Spack, Paul Rothbrush, Norma Byers, Barb Gorman, Bob Kekel, Dorothy Hutmacher and Helen Aeling.

A moment of silence was held for Pat Martin. Our condolences go out to her husband, Bill, and her family. It seems our membership keeps getting smaller and smaller.

Hope to see everyone at our next meeting on March 2, 2016.

SAUSAGE SALE

CLEVELAND SACHSENHEIM'S
WURSTMARKT/SAUSAGE SALE
SATURDAY, FEBRUARY 13, 2016

Westside Sachsenheim
7001 Denison Avenue
Cleveland, OH 44102

LAST SALE FOR THIS SEASON!!

Pork Sausage with or without garlic
\$3.60 per pound

Deadline for Sausage Orders: February 7th

Sausage/Sauerkraut with Polenta Dinner
\$8.00 per meal (must preorder meal)
Sausage Sandwiches will be available for purchase

Orders can be placed by calling:
Maria Fischer (216)741-1398
(Do not call after 9:30 pm)

ORDERS CAN BE PICKED UP AT THE SACHSENHEIM
AFTER 1:00 pm (Not Before) on Sat., February 13, 2016

FRATERNAL CALENDAR

NATIONAL EVENTS

May 14 - 15, 2016
ATS Convention
Hosted by Br. 19 Salem - Celebrating 125th Anniversry
June 24 - 26, 2016
North American Saxon Heimattag
Hosted by Br. 30 Youngstown

LOCAL EVENTS

January 3, 2016
Cleveland Sachsenheim Schnitzelfest
January 9, 2016
Youngstown Saxon Culture Group Night at the Races
January 10, 2016
Youngstown Branch 22/30 meet at 2 PM
TSBA Bowling - Lorain
January 14, 2016
Youngstown Retirees Meet
January 16, 2016
Salem Saxon Club Krapfen Sale
January 17, 2016
Youngstown Pork Dinner, Ballroom
January 30, 2016
Cleveland Winterfest
February 7, 2016
Youngstown Super Bowl Party, Lounge
February 10, 2016
Youngstown Special Fish dinner, Ballroom
February 11, 2016
Youngstown Retirees Meet
February 12, 2016
Salem Fish fries begin
February 13, 2016
Youngstown Valentine Dinner
Cleveland Sachsenheim Sausage Sale
February 14, 2016
Youngstown Branch 22/30 meet at 2 PM
TSBA Bowling - Cleveland West
February 17, 2016
Youngstown Special Fish Dinner
February 21, 2016
Youngstown Pork Dinner, Ballroom
Cleveland Br. 4 Chinese Auction/Sausage Dinner
February 24, 2016
Youngstown Special Fish Dinner
March 2, 2016
Youngstown Special Fish Dinner
March 9, 2016
Youngstown Special Fish Dinner
March 10, 2016
Youngstown Retirees Meet
March 12, 2016
Youngstown Culture Group Sausage sale, tentative
Cleveland Saxon Dance Group Chili Cook-off
March 13, 2016
Youngstown Pork Dinner, Ballroom
March 16, 2016
Youngstown Special Fish dinner
March 17, 2016
Youngstown St. Patricks Day at the Saxon Club
March 19, 2016
Youngstown Presidents Goulash Dinner, Ballroom
Cleveland/Lorain Children's Breakfast with the Easter Bunny
March 20, 2016
Youngstown Branch 22/30 meet at 2 PM
March 23, 2016
Youngstown Special Fish Dinner
March 25, 2016
Youngstown Regular Friday Fish Dinner
March 27, 2016
Youngstown Easter, watch Volksblatt for Dinner Arrangements

Youngstown Saxon Club



In our Main Ballroom Sunday Evenings
DOORS OPEN @ 5PM ~ BINGO STARTS @ 6:45PM
\$10, \$15 & \$20 Special Packages • Tear Offs
Birthday Specials • Pig Number
We're wheelchair accessible!
Food Available! Security Inside & Outside!

YOUNGSTOWN SAXON RETIREES By Teri Laret

The following are the minutes of the Saxon Reitrees meeting held on Thursday, December 10 at Noon at 710 S. Meridian Road, Youngstown, Ohio.

It's twelve noon and it's time to get the show on the road. Our President, Kay Ring, did manage to quiet the natives to give thanks to God for every blessing He has given us; just being here is a blessing. Our server signals us, "it's time to eat" and eat we shall. The hosts are the officers, and as usual, everything that comes out of the kitchen ranks #10.

Ernie Roth is our guest for today. In case you did not know he is TOP GUN of this club. His duty this afternoon is to install the officers of the Retirees for the coming year; it was short but to the point. After a few "I dos" all were installed. The officers are as follows: President – Kay Ring, Vice President – Marge Ludt, Secretary – Teri Laret, Treasurer – Ro Dundon, Trustess – Norma Bishop, Joan Cummings, Jim Dundon and Dom Sugar.

Teri Laret and Ro Dundon gave their reports as secretary and treasurer. All agreed to accept as read and reports were accepted.

Happy Birthday to Gert Galich, Tillie Stefanick and Dom Sugar. As we sang to them they in turn treated us to refreshments at the bar.

Joan Giba is still in the hospital. The secretary has the hospital info and room number, get well soon!

The table is covered with raffle prizes, 32 in all and most everyone won something and maybe more than one. It's been a wonderful party. We really do have a wonderful time when we get together, the second Thursday each month. There really isn't much more to say but, MERRY CHRISTMAS TO YOU AND YOURS!

There will be no meeting in January or February. If there is any news, that we should share it will be in the Volksblatt. HAPPY NEW YEAR! That's all folks... So ein Tag.

Quick Tips: Food Tip

If you are roasting meat, but do not have a roasting rack, simply place a layer of coarse chopped celery or onions on the bottom of the pan. Put the meat on top of the vegetables. They will keep the meat off of the bottom of the pan and will provide flavor during the cooking process. Gravy made from the drippings of the meat cooked in this way has the added flavor of these vegetables.



SCHNITZEL FEST

SACHSENHEIM

7001 Denison Ave

Sunday, January 3, 2015

Serving from 1:00—4:00 pm

Doors open at Noon

Wiener Schnitzel	\$12.95
Pork Schnitzel	\$ 9.95
Chicken Schnitzel	\$ 8.95

Includes the choice of two sides:

German potato salad, mashed potatoes, Potato pancakes, mixed vegetables, sauerkraut, red cabbage., cabbage & noodles, plus more!

Make Reservation at the Bar
or Call the Sachsenheim
at (216)651-0888

App of the Month: Tindog

If you are a dog owner and want to connect with other dog owners in your area, Tindog is the app for you. On Tindog, you can create a profile for your dog and search for new friends in your area. You'll only be matched with other pet owners who like you in return. You can then message the other dog's owner and plan to meet up for a dog playdate. While you can certainly hope for a human friendship to develop as well, the app works best to get energetic dogs out and active with other dogs. Tindog is free for both iOS and Android platforms.

BRANCH 27, NEW CASTLE By Dolores Both

Dues Reminder: The 2016 New Year is here and Branch 27 dues need to be paid. We will not have monthly meetings in January and February due to possible bad weather conditions, so please make out your check or money order to Branch 27 and send it to Gertrude Tizak, 241 Cambridge Street #401, New Castle, PA 16105. Any questions call Gertrude at 724 652-1867. She'll be more than happy to answer any concerns.

IMPORTANT! In order to be eligible for the Monday night drawings, your 2016 dues must be paid as soon as possible.

Our next meeting is March 3 at our new time, 3:00 pm, at the club. Happy New Year!

WE HAVE A RICH AND COLORFUL
HISTORY AND HERITAGE!
DO YOUR PART TO KEEP IT ALIVE!

Salem Saxon Club Krapfen Sale



Saturday, January 16, 2016
from 10:00 a.m. to 1:00 p.m.

The deadline for orders is
Friday, January 8, 2016.

Price is \$7.00 a dozen.

Order by calling Marsha Spack
at (330) 337-0250.

Orders may be limited
so order as soon as possible.

CHURCHES



St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.or

Rev. Waldemar Gies
Pastor
pastorgies@sbcglobal.net

10:00 Bilingual Service

Nursery School
Coffee following service.
Bible Study, Senior Circle,
Sunday School, Church
Choir, Bell Choir

St. John's Lutheran Church
1000 Ford Road
Highland Hts., Ohio
(440) 449-1334

Rev. Roberta Davis-Newhouse
Pastor

9:00 Worship Service

The Mommy test

My 4 year old daughter picked something up off the ground and started to put it in her mouth. I asked her not to do that and she asked why.

"You don't know where it's been and it probably has germs on it," I replied.

My daughter said, "Mommy, how do you know this, you are so smart."

Thinking quickly, I told her "All moms know this stuff. It's on the Mommy Test. You have to know it, or they don't let you be a Mommy."

"I get it!" she beamed, "If you don't pass the test you'll be the daddy."

"Exactly," I replied with a smile.



**SALEM SAXON
CLUB BAR
IS OPEN
EVERY THURSDAY.
PLEASE CHECK
CALENDAR OF
EVENTS
FOR TIMES.**



Branch 11 President Jeanne Petty, with new 50 Year Members, Arleen Gilles and Carolyn Mroski.

BRANCH 11, LORAIN By Monica Gilles

Well, if you missed the Christmas dinner, you missed out on some good food and great entertainment. Jackalope's Restaurant provided us with a delicious meal consisting of prime rib, roast pork loin, and salmon, with herb roasted red skin potatoes and vegetables. To help get us in the holiday spirit, Debra Rose and her disgruntled elf sang beautiful Christmas songs. I would like to thank Jeanne Petty for arranging the entire evening. Also, special thanks to Ginger Romes for shopping and wrapping all the gifts we received.

Happy Birthday to Arlene Jones, Molly Kirchner, Suzanne Koepke, and Nancy Kranstuber.

The New Year will begin with our first meeting on Saturday, January 2nd. The meeting will

begin at 8 p.m. but the trustees will be serving up a meal before the meeting starting at 7 p.m. Don't forget that local dues will be collected too. If you can't make the meeting, please make sure to send you dues to Sharron Powell; 1704 N. Urban Circle; Lorain, OH 44053.

With the year coming to an end, I hope everyone reflects on the new friendships they've made over the year and the loved ones that are no longer with us. Hopefully the friendships outnumbered the deaths. I consider all of you my family and friends and I am blessed to have the most wonderful family and friends.

Branch 11 would like to wish our Saxon family and friends a very Merry Christmas and a Happy, Healthy New Year!

WEST COAST MEETS EAST COAST AT THE NORTH COAST



Heidi Weber, (far right) Br. 22 Youngstown member who currently resides in San Francisco CA, met up with Katie Hermann, (second from right) Br. 4 Cleveland member who currently resides in New York City NY, in Cleveland before Christmas.

Heidi and Katie became friends for life while attending the Federation Jugendlager held in Transylvania in 2007. Also pictured are (L to R) John Hermann, Katie's brother, and Geoff Wit-tine, both members of Br. 1 Cleveland.

The connections to Heidi and Katie go back to their grandmothers, Sara Deutschlander and Sara Hermann, who became friends at their Flüchtlingslager (refugee camp) in Germany after the evacuation from Transylvania in 1944. Heidi's mother, Erna Weber, and Katie's father, Hanz Hermann, also became friends while attending the 2nd International Jugendlager held in Germany in 1973.

**Another example of continuing generational
Saxon bonds of friendship!**



KEEP CALM and SAXON ON



**Vague calculations can
be budget breakers**

Think more about outflows when planning your finances

The top number on your budget calculation is usually your income. That's the easy part.

Your outflows are something else. It's difficult to know in advance how much all your expenses for the month will be. Your budget will break if you don't give expenses enough weight.

John Lynch, director of the Center for Research on Consumer Financial Decision Making at the University of Colorado, Boulder, researched the matter. He found that people don't really think enough about rising expenses, so they end up thinking they can afford things they can't.

- One crucial component is to create an explicit budget. Relying on vague calculations makes it look possible that everything can fit in, says Lynch, so they feel free to spend.

- Some people spend more because of the way they view willpower, thinking it's limited so they deserve to reward themselves for showing some. People who think willpower is unlimited think no reward is needed.

- There is a relationship between mood and money habits. When people are sad, they save less, spend more, and consume more. Study leaders say they should give their financial decisions another look and make a big effort to change their mood and attitude.

- Guard your home equity. Daniel Cooper of the Federal Reserve Bank of Boston found that as home values rise, some view it as an increase in their borrowing power.

He says a home should be viewed as a place to live, not as a tool for borrowing money. "If you max out a home-equity line of credit, then housing prices drop, you will be financially constrained."



**We remember our Sisters
and Brothers who have
departed this life in recent
days. Our sincere sympathy
is extended to the members
of the bereaved families.**

Dorothy M. Stoiber
Age 87

Died: December 4, 2015
Branch 22, Youngstown OH

Joan E. Giba
Age 81

Died: December 11, 2015
Branch 22, Youngstown OH

Louise A. Anderson
Age 100

Died: December 12, 2015
Branch 4, Cleveland OH

Rose M. Sadler
Age 87

Died: December 12, 2015
Home Branch, Cleveland OH

Healthy Living Tip

Nuts are packed with healthy protein and fats, including omega-3 fatty acids. These have been shown to boost mental functioning. Not only are nuts nutritious, they can also help you avoid overeating. Snacking on a handful of nuts half an hour before a meal will help you keep your appetite in control.

BRANCHES 17 & 14, CANTON By Cheryl Henning Schnebelen

I wish all Canton Saxon Branches 17 and 14 members a great holiday season!

We will be meeting again at Vino Fabbrianti with "Ray-the wine maker" on Sunday, February 7, at 1:00 to bottle the Raspberry White Zinfandel and Gewurztraminer wines that were made at our holiday party.

I would like to mention that my mother, Frieda Henning, is having her 95th birthday on February 1st, and I hope that she will also be attending that day. If you know of other members having birthdays or other special events in their lives, please e-mail the information to me and I will be sure to put it in the *Volksblatt* article... Please send any information to: sherlee5@aol.com.

As always, all members are welcome at our activities, so come and party with us on Sunday, February 7, between 1:00 to 3:00 PM at Vino Fabbrianti, 4029 Hills & Dales Rd NW, Canton, 44708. If you would like to attend please call Mary Rowinsky at 330-478-9333. See you there!!

PotPourri

January

Your Horoscope

you.

ARIES: Your positive outlook will increase your confidence and effectiveness in the new year. Remember the feeling and be sure to cultivate it in spite of any situations.

TAURUS: Avoid being convinced that one tweaking of your work process is too mundane to have any effect. Sometimes tiny improvements add up to big improvements.

GEMINI: A work project with incredible potential will begin soon, but check for something that needs to be re-worked before you can demonstrate your true talents.

CANCER: Beware of allowing simple misunderstandings to grow into something else. Focus on clear communication and cooperation with co-workers and at home as well.

LEO: Watch for it. A period of profound realizations and rapid-fire breakthrough thoughts is coming over you. Don't be convinced that each one is right without changes.

VIRGO: The first month of 2016, the Year of the Monkey, will be dynamic. Januaries are always periods of powerful creative influences, but this year will stand out for

LIBRA: You have wished for a fresh start and now you could have it in business or in your personal life. There will be no limitations about what you can set into motion.

SCORPIO: Experiences that you prefer to forget have been bubbling up. But you are ready for a psychological fresh start and won't allow your past to hold you back.

SAGITTARIUS: As the new year begins, you finally have clarity about which way to go in a family decision. Of course, you'll have to convince your partner that you're right.

CAPRICORN: It's a wonderful time to consider how you've wanted to spruce up your look. A new hairstyle or wardrobe can give you a vibe that others find captivating.

AQUARIUS: Career news looks bright. This will be an ideal time to reach for a promotion, launch a business, or go after whatever will help to enhance your reputation.

PISCES: You'll soon be able to assert your worth on the job and reclaim confidence in your earning power. Use this feeling to correct any financial mistakes made last year.

Diseases point up the value of immunization

When a child or adult recovers from a viral illness, such as chickenpox, some of the viruses lie dormant in the body only to re-emerge years, or even decades, later.

Some parents, don't have their children immunized for preventable diseases. A vaccination for chickenpox, in childhood can save people a lot of pain later in life.

Shingles is a well-known disease caused by the chickenpox virus varicella zoster. It causes painful sores on the body that can last for months. Even after the sores are gone, sufferers experience pain.

A shingles shot between the ages of 60 and 69 can also dramatically reduce the risk of getting the disease, or the pain associated with it if you do get the virus.

Now, researchers have discovered a serious disease that's probably caused by the same latent virus. It's called giant cell arteritis. Only 8 percent of patients they treated didn't have varicella zoster.

Researchers say that before they can definitely say the disease is caused by the chickenpox virus, they need more research. But treatment is the same.

How the 'new disease' works

According to the journal Scientific American, giant cell arteritis causes inflammation and damage to the arteries that travel from the neck to the head and scalp. Symptoms include:

- New mild to severe headache, and tenderness or pain in the temples
- Scalp tenderness; it may hurt to brush or comb your hair
- Sudden double vision or vision disturbances that come and go, like a veil being pulled over your eye, which can cause permanent vision loss.
- Jaw pain and weakness when you chew or open your mouth wide
- Pain when you use your arm.

Early indications include unexplained weight loss, fatigue, depression, sore throat, dry cough and a low fever. If you have these symptoms, see a doctor immediately.

Treatment

Your rheumatologist will treat you with high doses of a corticosteroid like prednisone. Symptoms may go away in a few days, but treatment will continue for a month, or you could be prescribed low-dose steroids for a year or more.

National Soup Swap Day! Crockpot Turkey Wild Rice Soup

If your crockpot (slow cooker) isn't already off the highest shelf of your pantry, January is the time to dust it off. Not only is winter in full form throughout the upper half of our nation's states, but the other half is enjoying cool enough weather to enjoy a steaming bowl of homemade soup.

Soup prepared in a crockpot takes fifteen minutes of prep time. The cooking is done overnight, while you're at work, doing errands or chauffeuring children to sports and music lessons.

Use what's in your fridge and pantry to make this soup or an old favorite.

The Tenth Annual National Soup Swap Day is January 16, 2016. A young Seattle guy, Knox Gardner, started it in 1999. He wrote articles for the local newspaper and readers spread the idea through social media channels. When soup-swap groups popped up in a couple dozen states and then spread to Canada and England, Knox started the celebration in 2006.

Since the purpose is to gather a group of friends or neighbors, who share take-home quantities of soup for future meals while sharing samples, laughter and maybe



a glass of wine, it doesn't matter if the specific date is kept. January is also National Soup Swap Month. Check out www.soupswap.com.

Crockpot Turkey Wild Rice Soup

2 cups chopped cooked turkey (or store-bought rotisserie chicken, shredded)
8 cups chicken broth
2/3 cup uncooked wild rice
1 cup diced white onion
1 cup chopped celery
1 cup chopped small carrots
1 teaspoon sage
2 tablespoon balsamic vinegar
2 cups baby spinach leaves

In a 6.5 quart crockpot, add all the ingredients except the spinach. Stir.

Top the pot with the baby spinach. It will shrivel into the broth while cooking. Cover and cook on low for 8-10 hours, or on high for 4-6. The soup is ready when the vegetables are tender. Can't be ruined by "overcooking." Makes 6 generous servings.



Show class, have pride,
and display character.
If you do, winning takes
care of itself.





Siebenbürgen, wo Gott die Erde gestreichelt hat.

WWW.SIEBENBUERGER.DE

Foto: Nicu Hovanir

Choruses

CLEVELAND, SECTION 1 EINTRACHT SAXONIA SACHSENCOR

Rehearsal:
Tuesdays 1:30 - 3:00 p.m.

PRESIDENT

Adolf Fischer
4567 Williamston Ave.
Brooklyn, OH 44144
(216) 741-1398

SECRETARY

Christa Herbert
4703 West Ridgewood Dr.
Parma, OH 44134
440-888-6094



NEW CASTLE, SECTION 6 EINTRACHT MÄNNERCHOR

Rehearsal:
Every Tuesday at 8 p.m.

PRESIDENT

Daniel E. Reiber
115 Reiber Lane
New Castle PA 16105
(724) 333-5836
crsig@comcast.net

SECRETARY

Gerald Holzhauser
3223 Frew Mill Rd
New Castle PA16101
(724) 924-2203
holzhauserj@hotmail.com

ERIE SIEBENBUERGER SINGERS

Meet Monday at
Siebenbuerger Club

PRESIDENT

Tim Clint
5805 West Road
McKean, PA 16426
(814)572-6639
Email: tjbcclint@verizon.net

SECRETARY

Roland Mueller
3918 Lancaster Rd
Erie, PA 16506
(814)920-2113
muelleram@yahoo.com



CLEVELAND SAXON DANCE GROUP

Rehearsal: Fridays
7:30 pm

Westside Sachsenheim

PRESIDENT

Amanda Seiler-Botsch
18920 Laurell Circle
Strongsville OH 44136
(216) 235-5240
seilerbotsch@yahoo.com

SECRETARY

Monica Gilles
3520 Beavercrest Dr Apt 107
Lorain OH 44053
(440) 309-7894

YOUNGSTOWN

SAXON CULTURE GROUP

Meets: 2nd Sunday of Month
Youngstown Saxon Club

PRESIDENT

Robert Bachinger
5268 N Beacon Dr
Youngstown OH 44515
(330) 792-5177
bman1017@gmail.com

SECRETARY

Dana Bachinger
333 Beechcrest Ave
Youngstown OH 44515
(330) 507-5369
dana.bachinger@gmail.com

TRANSYLVANIAN SAXON BOWLING LEAGUE



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943 Stewart Rd.
Salem, OH 44460
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VICE PRESIDENT

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SECRETARY-TREASURER

Jenny Miller King
25321 Conover Dr.
Bay Village, OH 44140
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jmill411@yahoo.com

STATISTICAL SEC'Y. (Men & Women)

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Lorain, OH 44053
(440) 309-7894
gillemo76@hotmail.com



Are your
children,
grandchildren,

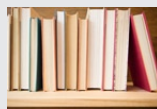
nieces and nephews

members of the ATS?

Let them benefit from

our fraternal program

and be a part of our
history!



BOOKS

The Saxon Cook Book - *Third Edition*
Over 400 Saxon/American Recipes \$12.00 per copy (postpaid)

Fleeing to the Friendly Enemy by Barbara Ohler Weber
A true story of the author's experiences during World War II and her immigration to America in the 1950's.
\$14.00 per copy (postpaid)

Flucht aus Siebenbürgen by Monika Görig/Maria Schneider
Memoirs of Maria Schneider written in German describing her family's hardships when they had to flee from their home in 1944 and start a new life in Austria.
\$20 per copy (postpaid)

Saxons Through Seventeen Centuries, author Rev. John Foisel
A paperback which provides a romantic account of the customs and phases of intellectual development of the Transylvanian people. Not intended to be a history of Transylvania, rather a story of our people based upon seventeen centuries of history.
\$15 per copy (postpaid)

DVD - "Leaving Transylvania" producer/director Dieter Auner
A documentary on an elderly Saxon couple from Arbegen that had chosen to stay in Transylvania during the massive exodus of Saxons in the 1990's and now after a decade of loneliness and disorientation is faced with abandoning their home and emigrating to Germany to be with family.
\$20 per copy (postpaid)

Note: All books have English Text. Proceeds from book sales go to the Saxon Orphan Fund Program.

Order From:

The Alliance of Transylvanian Saxons
5393 Pearl Road, Cleveland, Ohio 44129
Make Checks/Money Orders payable to
ATS ORPHAN FUND
ATS Member, please indicate Branch number.

SAXON SENIORS

YOUNGSTOWN SAXON RETIREES

Meets 2nd Thursday

PRESIDENT

Kay Ring
1043 Villa Pl
Girard, OH 44420
(234) 421-5116

SECRETARY

Mary Terese Laret
3304 Quentin Dr.
Youngstown, OH 44511
(330) 799-2789

SALEM SAXON RETIREES

Meets 1st Wednesday
of each month

PRESIDENT

Lois Whitacre
15425 Lisbon St.
Minerva, OH 44657
(330) 862-2607

SECRETARY

Dianne Kuttler
4282 McCann Rd
Salem OH 44460
(330) 525-0120

USE ONLY THIS FORM FOR CHANGE OF ADDRESS AND CANCELLATIONS CHANGE OF ADDRESS FORM

Branch No. _____

Certificate No. _____ SS# _____

All information in the form to the right and below must be correctly typed, or legibly written.

☐ CHANGE

☐ CANCELLATION

☐ NEW to receive paper

Date of Birth _____

Name _____

Old Street Address was _____

City/State/Zip _____

New Street _____

City/State/Zip _____

THIS CHANGE IS FOR:

☐ HOME OFFICE RECORDS & VOLKSBLATT
☐ VOLKSBLATT ONLY

Date: _____ Signature of Person Making Change _____

Mail to: Alliance of Transylvanian Saxons, 5393 Pearl Road, Cleveland, Ohio 44129-1597



The ATS Board of Directors wishes our members and friends a year of happiness, good health, peace and success. We look forward to another year of providing you with good service, excellent insurance and annuity products, fraternal benefits and activities.

This year, we will hold our 105th National Convention at the Salem Saxon Club hosted by Branch 19 the weekend of May 15-16. Branch 19 will be celebrating their 125th Anniversary! We look forward to sharing in this very special celebration marking a great milestone for the members of Salem Branch 19 and our fraternal society.

The following month we travel to the Youngstown Saxon Club to enjoy a weekend of Saxon Gemütlichkeit at the North American Saxon Heimattag that will be hosted by the members of Branches 22 and 30. This is a weekend that displays our colorful Transylvanian Saxon culture with music, folk dancing, sharing memories of the past with our Landsleute and making new memories with our family and friends. We hope that our local Branches will be well-represented at both of these important Saxon events.

So let's start the year off with enthusiasm for new goals for our fraternal society. Let's work together at our local Branches to help increase our membership and initiate more events. Let's work harder to encourage our younger members to get involved in our organization and for them to know just how important they are to our fraternal family. We also need to make our communities aware of our Transylvanian Saxon fraternal.

We have wonderful people with our organization that have great talents and we need them to share their talents with us. The ATS Board of Directors is asking our members to make a commitment to their local Branch to more involved and volunteer some time to support their local Branch's goals and projects.

*Let's make a 2016 Resolution that we work together to strengthen our ATS and Local Branches
by volunteering and bringing in new ATS members!*

Our New Year Toast to You...

**Here's to the new year...
May it bring more joy and success
And less grief and regret.**

**To our dreams...
May we never stop believing in them
And taking the actions that will make them a reality.**

**To our friends, loved ones, colleagues...
May we take the time to let them know
How much it means to us
To have them in our lives.**

**Let us encourage more and criticize less,
Give more and need less.
And whenever we can,
Let us create harmony and peace.**

**To new beginnings...
Let us start fresh, right now,
To make this the very best year ever.**

A very Happy New Year to all of you!

