



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5323 Pearl Road
Cleveland, Ohio 44129-1503
Tel: (440) 842-8442

ATS Founded in 1902

October 14, 2022

Issue 21

BRANCH 8, ALLIANCE By Lesley Reed

Branch 8 held its first meeting since taking a break for summer, on September 21st. We had nine members in attendance with four members excused. Our hostess for the meal was Mary Craven. The next meeting is scheduled for October 19th at 6:30 p.m. at the American Legion Hall in Alliance. The hostesses will be Barb Esterly, Linda Gelsinger, and Helen Aeling.

In the “old business” portion of the meeting, the minutes of our meeting in March were read and approved. The minutes from the May meeting were read by President Aeling. She included that seven members of our lodge attended the group outing to see the play, Dirty Rotten Scoundrels, at the Firehouse Theater and a dinner together at Applebee’s afterward. Birthdays celebrated over the summer included Denise Crawford and Mary Craven in June, Casey Crawford in July, and Courtney Crawford, Jan Ossler, and Linda Gelsinger in September. Happy belated birthday, ladies!

In the “new business” segment of the meeting, two scholarships were awarded to Evan Hertel and Sadie Zeedrich. Communications having been received over the summer included a thank you card from Evan Hertel for his scholarship gift, copies of the minutes taken at the convention in May, a request for volunteers for the 2024 convention, as well as reminders of the events that were sponsored by the ATS over the summer/fall. After learning that one of our members was having health issues, Karen Kinser agreed to be appointed as a trustee in her place for the rest of this year.

We were made aware that next July 12th, the Salem Lodges will be hosting a dance group and band from Traun, Austria. The evening will include a dinner, concert, and entertainment by the dance group. Our members were encouraged to volunteer for this event. The tentative date for our 2022 holiday dinner at the Hart Mansion restaurant in Minerva is November 12th. The men’s lodge is looking to confirm the date and time by our next meeting.

To close out the evening, several updates were announced. Barb Esterly gave us an overview of the May convention which she attended as a

delegate from our lodge. She also received the “Best in Show” award for her submission to the artisan show which was a handmade stained glass artwork. Submissions by Casey and Courtney Crawford also received recognition in the art and ceramics categories respectively. Karen Kinser informed us of the new 988 Hotline for Suicide Prevention. Shari Edwards spoke of a video interview, which can be found on You Tube posted by the Cleveland Veterans Administration – Prosthetic Dept., of her husband Jerry speaking about the new prosthetic leg he received. Lastly, a moment of silence was observed for 50+ year member, Barb Noll who passed away earlier this year.

Update Your Personal Records and Family Protection

Address changes?

Have you notified the ATS Home Office of your new address? Have your adult children changed their addresses?

Beneficiary changes?

Was there a marriage, divorce, death, etc., in your family which would require you to make a change of beneficiary on your Life Insurance or Annuity Contracts? Take care of it right away! Senior citizens tend to neglect this, so remind them!

Did the stork visit you recently?

Did a new son or daughter arrive recently? Congratulations! Don’t forget to make him/her an ATS member by purchasing a Life Insurance or Annuity plan so the he/she can benefit from our fraternal programs.

Do you need more life insurance?

Do you have enough life insurance protection for yourself and your family? Chances are you should have better coverage! Call you Local ATS Deputy.

How about an ATS Annuity or IRA Plan?

Are you saving for your retirement needs? ATS Annuity Plans offer you a safe way to increase and protect your savings while providing tax sheltered growth. Call your Local ATS Deputy and strengthen your financial future.

PRESIDENT’S MESSAGE

By Denise Aeling Crawford
ATS Nat’l President



Happy Birthday to Dr. Fritz Frank, retired Chairman of the Transylvanian Saxons in Austria. He turned 99 years young on September 15th. I remember meeting Dr. Frank in Salem years ago when he was visiting the US. Happy Birthday!

The last of our ATS summer activities was held September 23 – 25th. Seven adults and six children participated in the ATS Family Weekend at Camp Fitch. I believe that everyone had a good time at this event, especially the kids. See the back page for pictures.

The various ATS Committees in charge of our events review them to determine whether we continue having them again or not. If you have feedback on any of our summer events, please let us know. It is important for us to hear opinions of participants, not just ATS Board Members. You can email your thoughts to Office@ATSaxons.com. Thank you!

Did you know that October is Cybersecurity Awareness month? The Delegates to our Convention in May heard the owner of the ATS’s IT company speak about what the office does to prevent a cyberattack as well as what they could do at home to help protect themselves. According to the Cybersecurity and Infrastructure Security Agency website, there are four easy things that you can do to help protect yourself. 1. Think before you click. If a link looks a little off, think before you click on it. It could be an attempt to get sensitive information or install malware. Instead of clicking on the link in an email, go out to your normal login site to update information or confirm changes. 2. Update your software. Do not delay. If you see a software update notification, act promptly. Better yet, turn on automatic updates. The software companies use these updates to apply a “patch” that will help ward off viruses. 3. Use strong passwords. Use passwords that are long, unique, and randomly generated. Use password managers to generate and remember different, complex passwords for each of your accounts. A passwords manager will encrypt passwords securing them for you. 4. Enable Multi-factor Authentication (MFA). You need more than a password to protect your online accounts, and enabling MFA makes you significantly less likely to be hacked. An example of using MFA is when you are logging into a website, the site sends a code via email or a text to your phone for you to enter in order to finish logging in. These four tips are easy ways for you to protect yourselves at home.

As far as protecting the ATS Home Office, we have monthly training on what to look for to help spot cyber-attack attempts. In addition, we receive “test” emails

Continued on Page 2

TIMELY - DO NOT DELAY
MAILED WEDNESDAY, OCTOBER 12, 2022

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5323 Pearl Road Cleveland OH 44129-1503

that we should resist clicking on. The emails try to trick us into believing they are legitimate, and if we click, we are promptly notified that we should not have clicked! Our server and computers are backed up frequently, software is updated on a routine basis, and we have firewalls in place to prevent being hacked.

Keeping our members' information secure is very important to us. We have had people ask why they cannot log into their accounts and see their balances or information. Preventing outside access by people is a very big safety feature for us. The more people you allow to have access, the bigger the chance of being hacked. If you have a question on your account, or want a balance on your annuity, please call us. We will be glad to give you the information over the phone (once we verify that you are who you say you are)!

Until next time....



"Maybe it would be best if you waited out here."

Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsen to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donations to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5323 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name _____
Address _____
City _____ State _____
Zipcode _____

Amount Donated \$ _____

Please indicate if donation is in memory
or honor of someone

HAPPY HALLOWEEN
Halloween: Dressing up on the cheap

Have the price tags on Halloween costumes caused a scare? You're not alone. Halloween costumes can get quite pricey, especially given that the outfits will likely get worn only a few times. And many children will quickly outgrow their Halloween costumes, meaning you may have to shell out for a new costume every year. Fortunately, there are some steps you can take to lower Halloween costume and decoration costs.

Want to maximize savings? You can make many great costumes and decorations yourself, spending only a few dollars on supplies. For example, you could run to the print store, print up a large copy of the Mona Lisa, then put it in a picture frame. Next, cut out Mona Lisa's face and you've got a wearable painting mask.

Seasonal products often come at a premium due to high demand. Sometimes you can find great costumes outside of the Halloween section. Have a daughter who wants to play princess? Check out the toy section and see if there are any princess outfits. The toy aisle costume could be much cheaper.

After Halloween wraps up, you can often find awesome costumes on the cheap. It's smart to poke around and see if any costumes catch your eye. If so, you can buy now and deck yourself out later. The same is true for Halloween decorations. Instead of waiting until next year, pick up some stuff this November.

Thrift stores often put together Halloween collections where you can find costumes, props, and costume-ready clothing pieces. Ditto for dollar stores. You might also find great costumes at garage sales.

Many folks don't want to wear the same costume year after year. Rather than ditching your costume or tucking it in the attic, why not loan it to friends? In return, your friends might lend you their extra costumes or decorations. You could also post up offers to swap on social media sites, like Facebook or Nextdoor.

Alliance of Transylvanian Saxons
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SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON.

You may either
E-MAIL: saxonvolksblatt@aol.com
POSTAL MAIL:
Saxon News Volksblatt
29076 Fall River Dr
Westlake OH 44145

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, OCTOBER 19, 2022	FRIDAY, OCTOBER 28, 2022
WEDNESDAY, NOVEMBER 2, 2022	FRIDAY, NOVEMBER 11, 2022
WEDNESDAY, NOVEMBER 16, 2022	FRIDAY, NOVEMBER 25, 2022

Please have your articles in by 12 Noon.

Did you miss the deadline?
Have you emailed your article past 12 Noon?
Please call Hanz Hermann at (440) 525-0020

I hope everyone’s summer went well and fall is looking good. We didn’t have a lodge picnic this year but had a very nice luncheon in August. It was nice to see everyone, have lunch, and socialize.

We will be having lunch and a meeting again on Sunday, October 23, so if anyone would like to join us, please do. We want to keep up with our current and past members’ families so if you know of any member, or direct descendant, of the ladies lodge who needs financial assistance, please contact us. There is a tradition of supporting members and their families, so if there is a need, please let us know. My contact by email is sherlee5@aol.com, and text or phone is at 330-312-5112. I can then forward requests on to others in the branch.


We are looking forward to hearing from you, so please feel free to join us for our next meeting at Meyers Landing on October 23, at 1:00. See you then!



Study: Ice cream is healthier than a bagel

A new study suggests that ice cream might be healthier than a multigrain bagel, according to Yahoo. Researchers at Tufts University developed a “Food Compass” to assign scores from 1 to 100 to any food based on its nutritional value. A chocolate ice cream cone with nuts received a 37, while a multigrain bagel with raisins scored a 19. Saltine crackers, in comparison, scored a measly 7.

Trick or Treat!



Name: _____ Branch No. _____ Cert. No. _____

Address: _____

City: _____ State: _____ Zip Code: _____

Juvenile Members are encouraged to color and mail to the ATS Home Office for a special treat.

Please mail to the ATS Home Office; 5323 Pearl Road; Cleveland, OH 44129

Before November 6, 2022



For each coloring entry the ATS receives, a donation will be sent to St. Jude’s Children’s Research Hospital.

Pumpkin bread: Good anytime

Even pumpkin spice skeptics will enjoy this richly spiced pumpkin bread, which stirs together quickly and makes a tall, dense loaf (or muffins, if you prefer). For a little extra fiber and a nuttier taste, use a mix of all-purpose and whole wheat flour. The loaf lends itself well to experimentation -- try some orange zest or a little ground allspice.

Ingredients

- 1 15-ounce can pumpkin puree
- 1/2 cup vegetable oil or melted butter
- 3 large eggs
- 1 teaspoon vanilla
- 1-2/3 cups sugar
- 1-1/2 teaspoons baking powder
- 3/4 teaspoon baking soda



- 3/4 teaspoon salt
- 3/4 teaspoon ground cinnamon
- Heaped 1/4 teaspoon nutmeg
- Heaped 1/4 teaspoon ground ginger

- Two pinches of ground cloves
- 2-1/4 cups all-purpose flour
- To finish the loaf:
 - 1 tablespoon sugar
 - 1 teaspoon cinnamon

Directions

Preheat oven to 350 degrees Fahrenheit.

Grease a 6-cup loaf pan. Stir together pumpkin, oil, eggs, sugar and vanilla until smooth.

Add baking powder, baking soda, salt, cinnamon, nutmeg, ginger and cloves, stir again. Add flour and stir until just combined.

Pour the batter into the loaf pan and sprinkle the sugar and cinnamon mix on top -- this will create a crisp crust. Bake for about 70 minutes, or until a tester comes out clean.

For standard-sized muffins, bake for around 30 minutes, or until a tester comes out clean.

FRATERNAL CALENDAR

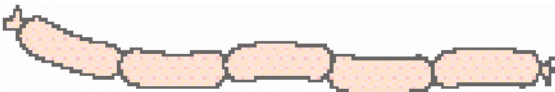
NATIONAL EVENTS

October 29 - 30, 2022
ATS Open Bowling Tournament
Host: Branch 30 Youngstown
November 20, 2022
TSBA Bowling - Host Cleveland West
December 4, 2022
TSBA Bowling - Host Lorain
January 15, 2023
TSBA Bowling - Host Cleveland East
February 5, 2023
TSBA Bowling - Host New Castle
March 5, 2023
TSBA Bowling - Host Youngstown
March 25 - 26, 2023
TSBA Tournament - Host Cleveland West
July 7-8, 2023
North American Heimattag
Host: New Castle Branch 25
July 22, 2023
ATS Family Day
Waldameer Park, Erie PA

LOCAL EVENTS

October 15, 2022
Youngstown Br. 30 Craft Show
Cleveland Saxon Dance Group Traubenfest
October 29, 2022
Youngstown Saxon Culture Group
Fall Sausage Sale
December 3, 2022
Cleveland East Br. 33 Sausage Sale
Lorain Br. 5 Christmas Dinner
Amber Oaks Restaurant, Sheffield Lake OH
December 11, 2022
Cleveland East Christmas Party
Pine Ridge Country Club
January 28, 2023
Cleveland Saxon Dance Group 50th Year Reunion
March 25, 2023
Youngstown Br. 30 Goulash Dinner

Youngstown Saxon Culture Group's



Fall Sausage Sale

We are now taking orders
for hot, mild, and
garlic sausage.
All flavors come in
3 lb and 5 lb links
or 5 lb bulk packages
(each with a little overage).

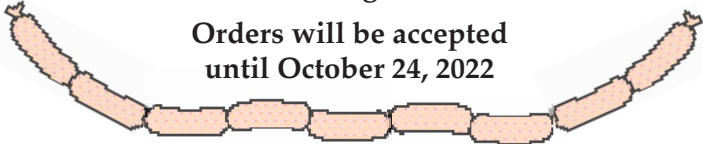
Saturday,
October 29, 2022

Pickup is from
9:00 to 2:00
in the pavilion.

The price is \$4.25 per pound
You can call in orders to
Walter Benesch 330-398-5449
Michael Bachinger 330-540-5168
Robert Bachinger 330-980-0911

If we do not answer please leave us your name,
phone number, and order. We will call you back to verify.

You can also email your orders to
bman1017@gmail.com
Orders will be accepted
until October 24, 2022



INVITE

your relatives and friends
to join the crowd at ATS.



HALLOWEEN PARTY
FRIDAY, OCTOBER 28, 2022
7:30 p.m.
Westside Sachsenheim
7001 Denison Avenue

Junior Members of the Alliance of Transylvanian Saxons Branches 1, 4, 5 and 33 are invited to the Westside Sachsenheim at 7:30 pm on Friday evening, October 28, 2022 for a "frightfully fun" time.

We will have a Masquerade Parade for judging of costumes and awarding of prizes. Tell Mom and Dad to dress in costume - there will also be prizes awarded for the best adult costumes.

You can show off your artistic talents by making a really cool craft, "Herps Alive" will entertain us with an Interactive Reptile and Amphibian Show, and refreshments will be served following the entertainment.

Make Reservations by calling or texting:
Joan Miller-Malue at 216-233-8631

(If you reach the answering machine, leave your name and telephone number - Joan will call you back)

OR: You can e-mail Joan at: miller-malue@cox.net

If e-mailing Joan be sure to list the name and age of each child

DEADLINE FOR RESERVATIONS: OCTOBER 20th

Junior ATS Members: Can or box of non-perishable food
Non-Member Children: \$10.00 plus can or box of non-perishable food
Adults: \$4.00

Note: The boxes and cans of non-perishable food
will be donated to a local charity.

Drugmakers fail
to report quality
issues to FDA

Half of all drugmakers failed to alert the FDA about quality issues with products shipped between 2018 and 2021, according to Axios. Field alert reports (FARs) are not a required reporting measure, but help regulators assess risk to the public and how well companies manage issues. Out of 1,143 sites eligible to submit FARs, the FDA found that only 49.1 percent actually did over a four-year period.

BRANCH 4, CLEVELAND
By Joan Miller-Malue

Many people have had their lives upended from Hurricane Ian and are dealing with stressful conditions. We want our members who live in Florida as well as all Floridians to know that we pray for your strength to get them through this devastation.

At our September meeting we had a moment of silence for our dear departed member Marga Schetterer who had passed away this past summer. We thank Donna Jankow for providing us with a fun game after the meeting. We were all winners! We drew the following winners of the weekly 250 Club: Dana Fernengel, Randy Simonis, Donna Jankow, Dennis Fernengel, Donald Weber, Erika Botsch and Edith Hebrank.

We have sent out invitations to the Junior members of Branches 1, 4, 5 and 33 to attend the Halloween Party that will be held at the Sachsenheim on Friday evening

October 28, 2022 at 7:30 p.m. Children can make a Halloween craft. We will have judging of costumes which will include those of adults. Our entertainment is a reptile and amphibian show followed by refreshments. Make reservations by calling or texting me at (216) 233-8631. If you get my answering service, please leave your name and phone number. Or you can email me at miller-malue@cox.net. Please provide name and age of child and number of adults. Deadline for reservations is October 20th. There is no charge for our ATS Junior members, but we ask that they bring a can or box of non-perishable food for a local charity; Non-member children: \$10 plus can or box non-perishable food and Adults \$4.

Our next monthly meeting will be held on Monday, October 17 at 7:00 p.m. We would love to see you that evening.



**St. Peter's
German and Saxon
Lutheran Church**
11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.org

10:00 Service
Nursery
Coffee following service
Senior Circle

St. John's Lutheran Church
1000 Ford Road
Highland Hts., Ohio
(440) 449-1334

Rev. Barbara Holzhauser
Pastor

10:00 Worship Service

**One-pill regimen
works best for
heart patients**

Patients who receive a single “polypill” that combines three common heart medications are more likely to stick to their medication regimens, according to the New York Times. Researchers monitored more than two thousand patients who were prescribed the polypill within six months of a heart attack and found that not only were they more likely to adhere to the simplified medication regimen, they experienced significantly fewer cardiovascular events than patients on a conventional multi-pill regimen. The polypill, which is not yet available in the U.S., combines a blood pressure medication with a cholesterol-lowering drug and aspirin.



Siebenbürgische Elegie

*Anders rauschen die Brunnen, anders rinnt hier die Zeit.
Früh faßt den staunenden Knaben Schauder der Ewigkeit.
Wohlvermauert in Gräften modert der Väter Gebein,
Zögernd nur schlagen die Uhren, zögernd bröckelt der Stein.
Siehst du das Wappen am Tore? Längst verwelkte die Hand.
Völker kamen und gingen, selbst ihr Namen entschwand.
Aber der fromme Bauer sät in den Totenschrein,
Schneidet aus ihm sein Korn, keltert aus ihm seinen Wein.
Anders schmeckt hier der Märzenwind, anders der Duft von Heu,
Anders klingt hier das Wort von Liebe und ewiger Treu.
Roter Mond, vieler Nächte einzig geliebter Freund,
Bleichte die Stirne dem Jüngling, die der Mittag gebräunt,
Reifte ihn wie der gewaltige Tod mit betäubendem Ruch,
Wie in grünlichem Dämmer Eichbaum mit weisem Spruch.
Ehern, wie die Gestirne, zogen die Jahre herauf,
Ach, schon ist es September. Langsam neigt sich ihr Lauf.*

Adolf Meschendörfer, 1927
Kronstadt, * 8.5.1877, † 4.7.1963

Transylvanian Elegy

*The fountains murmur differently, time flies differently here.
The shudder of eternity grips the astonished boy early.
Walled up in tombs, the bones of the fathers rot,
The clocks chime hesitantly, the stone crumbles hesitantly.
Do you see the coat of arms at the gate?
The hand withered long ago.
Peoples came and went, even their names faded away.
But the pious farmer sows in the shrine of the dead,
Cuts his grain from it, presses his wine from it.
The March wind tastes different here,
the scent of hay is different,
The word of love and eternal loyalty
sounds different here.
Red moon, many nights only beloved friend,
Bleached the young man's forehead, tanned by midday,
Ripened him like the mighty death with a numbing smell,
Like an oak tree in greenish twilight with a wise saying.
Rather, like the stars, the years drew up,
Oh, it's already September
and her run is slowly coming to an end.*

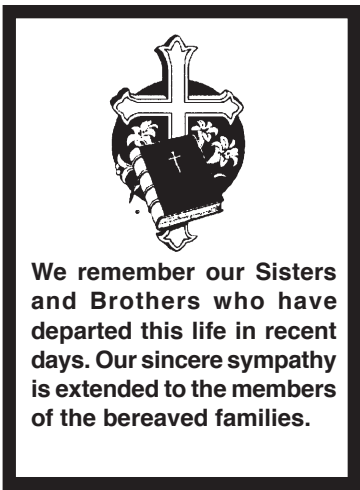


Experts say heart patients shouldn't skip flu shots

People with heart disease or history of stroke should always get an annual flu vaccine, according to the Centers for Disease Control and Prevention (CDC). While the agency recommends flu vaccines for everyone over six months of age, heart patients face elevated risk of serious illness leading to hospitalization and other complications. Among 80,000 U.S. adults hospitalized for flu between the 2010-11 and 2017-18 flu seasons, half had heart disease, and sudden heart com-



plications occurred in one out of every eight patients, according to the CDC. Flu patients also face significantly elevated risk of heart attack within a week of a confirmed infection, particularly among older adults or patients experiencing their first heart attack. People with heart disease



Irmgard E. Emrich
Age 88
Died: September 3, 2022
Branch 30, Youngstown, OH

Vernon Ostovich
Age 93
Died: September 7, 2022
Branch 30, Youngstown, OH

James M. Drotleff
Age 75
Died: September 14, 2022
Branch 19, Salem, OH

David C. Bauman
Age 70
Died: September 14, 2022
Branch 30, Youngstown, OH

John F. Krich
Age 86
Died: September 15, 2022
Branch 33, Cleveland, OH

Richard J. Halt, III
Age 84
Died: September 16, 2022
Branch 30, Youngstown, OH

*The weak can never forgive.
Forgiveness is the attribute
of the strong.*
Mahatma Gandhi

*The Bible tells us to love our
neighbors, and also to love
our enemies; probably be-
cause they are generally the
same people.*
G. K. Chesterton

**Saxon Axe Fun at
ATS Family Weekend at Camp Fitch**



Photos: Rob Hanek

Enduring Plant

1	2	3		4	5	6	7	8
9				10				
11				12				
13			14					
15						16	17	18
			19					
20	21	22				23		
24						25		
26						27		

Across

1. Opposite of post-
4. Kind of yoga
9. Gas station abbr.
10. Desert sight
11. Henley need
12. Turbaned Punjabis
13. Rains ice
15. Tallinn natives
19. Is unable to
20. Not fulfilled
23. “____ Got a Secret”
24. Spa feature
25. Ed.’s request
26. Broadway backer
27. Unagi, at a sushi bar

Down

1. Nonpoetic writing
2. Former Spanish coins
3. Everglades wader
4. After childbirth
5. Cereal fruit
6. Inquire
7. Govt. medical agency
8. Beast of burden
14. Geological period
16. Biscotti flavoring
17. Star bursts
18. Symbol of strength
20. Dos Passos trilogy
21. A Bobbsey twin
22. Coffee holder

Bike without pedals lets you walk with wheels

You want to walk the dog. You might like to browse at a flea market or go to the local fair.

Simple pursuits, yet painful, and maybe impossible. When mobility decreases with age or disease, the world gets smaller.

Dutch designer Barbara Alink thought about all of these issues when her mother needed a mobility device and refused to use walkers or rolling chairs. So Alink came up with a new device.

Her creation -- the Alinker -- is a walking bike, a bike without pedals that has two large wheels in front and one small wheel in back. Users sit on the seat and walk the bike with a striding motion, rolling it along at a brisk pace, stopping to rest or browse around or chat when they want.

The Alinker has some very useful features:

- No leg lifting. Users simply walk into the bike over the small back wheel -- no need to swing a leg over the seat.
- Eye level. The seat on the bike lifts the user up nearly to eye level of other people and store shelves. Unlike a wheelchair, the Alinker rider can glide alongside



people on a sidewalk.

- Walking speed: Users travel at the same walking speed as pedestrians (or faster if they want.)
- Balance: The bike has two big wheels at the front to provide stability and balance and a small wheel at the back.

- It can be controlled with just one leg on the ground. The Alinker has a bar in front that can serve as a foot rest.

- It’s portable. The 26-pound Alinker is foldable and can fit in a trunk. Unlike a scooter or an electric trike, you can take it with you. It will fit in a elevator.
- It is active. The rider uses legs for power, but the device takes pressure off the back and joints.

Drawbacks: At \$2,700, the Alinker is not inexpensive and costs the same as an electric trike. It has about the same footprint as a wheelchair, so some users say it won’t go into tight spaces.



October is Contact Lens Safety Month

Tips for safe use of contact lenses

October is Contact Lens Safety Month, and if you’re one of the 45 million Americans who wear contact lenses, it’s a good time to review some safety tips to protect your eye health for years to come.

- Make sure your prescription is current. Never order contacts with an expired prescription (even if you can get away with it) and don’t stock up on new contacts if your prescription is about to expire.

- Stick with known and reputable contact lens suppliers. A good supplier always requires a valid prescription before dispensing lenses.

- Keep your exact prescription (including the brand and lens name) written down and check it against new contacts when you receive them to ensure you have the correct lenses.

- Never buy costume lenses from novelty stores or online if a prescription isn’t required -- these unregulated lenses can pose serious health risks and should be avoided at all times.

- Never share contact lenses.

- Clean and store your contact lenses properly -- always use new solution and replace your lens case at least once every three months.

- Replace your lenses as often as recommended by your optometrist.

- Keep a spare pair of glasses handy in case of eye infections or problems with your lenses.

- Always remove your lenses before you go to sleep.

- Discard daily wear contact lenses after a single use -- don’t re-wear them.

- Water and contact lenses don’t mix -- avoid swimming or showering in your lenses.

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Keep kids cool, confident and out of gangs.

October is Crime Prevention Month

1	2	3	4	5	6	7	8	9	10	11	12
E	V	S		V	N	N	V	S			
E	A	I		T	E	W	N	N			
L	O	N	N	V	C						
S	N	V	I	N	O	L	S	E			
			S	T	E	E	T	S			
S	H	K	I	S		R	V	O			
S	I	S	V	O		G	E	R			
V	N	A	R	P		E	R	E			

I used to be indecisive, but now I'm not so sure...



Choruses

CLEVELAND, SECTION 1 EINTRACHT SAXONIA SACHSENCOR

Rehearsal:
Tuesdays 1:30 - 3:00 p.m.

PRESIDENT

Horst Hebrank
26148 Kennedy Ridge Rd
No Olmsted OH 44070
(440) 734-2584

SECRETARY

Christa Herbert
4703 West Ridgewood Dr.
Parma, OH 44134
440-888-6094

NEW CASTLE, SECTION 6 EINTRACHT MÄNNERCHOR

Rehearsal:
Every Tuesday at 7:30 p.m.

PRESIDENT

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(724) 816-6866
jonathanbaisch@gmail.com

SECRETARY

Paul Garmon
2305 Highland Ave
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(724) 674-7491
paulgarmon1@gmail.com



Cultural Groups

CLEVELAND SAXON DANCE GROUP

Rehearsal: Fridays
6:30 p.m Children
7:30 pm Adults
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csgd7001@yahoo.com

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Christine Roppelt
8905 Fernhill Ave
Parma OH 44129
(216) 773-9375

SECRETARY

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(216) 647-3229

YOUNGSTOWN SAXON CULTURE GROUP

Meets: 2nd Sunday of Month
Youngstown Saxon Club

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Erna Weber
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Warren OH 44483
(330) 509-9421
Saxnera@aol.com

SECRETARY

Kevin McCarty
1901 Oakwood
Youngstown, OH 44509
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TRANSYLVANIAN SAXON BOWLING LEAGUE



PRESIDENT

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943 Stewart Rd.
Salem, OH 44460
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SECRETARY-TREASURER

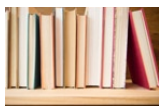
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SAXON SENIORS

YOUNGSTOWN SAXON RETIREES

Meets 2nd Thursday 11:30 a.m.
Youngstown Saxon Club
(March - December)

PRESIDENT

Diana Kommel
666 N. Schenley
Youngstown, OH 44509
(330) 799-1738

SECRETARY

Rosemary Dundon
6000 Lake Rd W Apt 112
Ashtabula OH 44004
(440) 536-4661

SALEM SAXON RETIREES

Meets 1st Wednesday
of the month
Noon at 1980 NewGarden Rd

PRESIDENT

Lois Whitacre
15425 Lisbon St.
Minerva, OH 44657
(330) 813-0400

SECRETARY

Dianne Kuttler
4282 McCann Rd
Salem OH 44460
(330) 428-1723

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ASK YOUR
DEPUTY HOW
A CERTIFICATE
OF
MEMBERSHIP
IN THE ATS CAN
HELP YOU TO
SAVE!



**ATS Family
Weekend at
Camp Fitch
September
23-25, 2022**

