



Celebrating over 100 years of Saxon Fraternalism

ATS Founded in 1902

July 23, 2021

# We Moved! New Address: 5323 Pearl Road Cleveland OH 44129







Published by The Alliance of Transylvanian Saxons Home Office: 5323 Pearl Road Cleveland, Ohio 44129-1503 Tel: (440) 842-8442

Issue 15

### PRESIDENT'S MESSAGE

By Denise Aeling Crawford ATS Nat'l President



We have moved! Please note that the new address for the ATS Home Office is 5323 Pearl Road, Cleveland, OH 44129-1503. Our phone number, fax number and emails have all remained the same. We had three and a half truckloads, with seven guys moving us. Talk about efficient. We struggled with storage boxes and plastic bins prior to the move. The guys walked down the steps at the old office with three storage boxes on their backs! Our move included a few glitches, as any move does. A late installation of the internet by the cable company at the new location, one of our printers didn't want to work after the move, an email that wasn't connected, etc. But, we're working through them all and should be back to normal by the time you read this.

The Hermann Oberth Space Museum in Feucht near Nuremberg, Germany celebrated its 50<sup>th</sup> anniversary on June 25th with space travelers and space enthusiasts in a talk show that was broadcast on the internet. Hermann Oberth was one of the key pioneers of today's space technology. "He is one of the most important Transylvanian Saxons with his scientific achievements" said Rainer Lehni, Chairman of the Transylvanian Saxons in Germany and the Federation of Transylvanian Saxons. Lehni continued stating that Oberth's almost 100-year-old works, "The Rocket to Planetary Spaces" and "Ways to Spacecraft," contributed to paving the way for space travel in the post-war period. The space museum was opened on June 25, 1971, making it one of the oldest dedicated space museums. Only the Ziolkowski Museum in Kaluga, Russia is older. In addition to the scientific legacy of the rocket and space travel pioneer Hermann Oberth, the museum preserves a wealth of original historic documents and artifacts particularly on the early history of space travel. During your next trip to Germany, you may want to include this destination in your itinerary. Did you know that moving is the third most stressful event in life? It ranks just below the death of a loved one and divorce. The average American moves 11.7 times in his or her lifetime. That's once every six years. Friday is the most popular moving day of the week. Sunday is the least popular moving day. By then, all of the Friday movers are settled into their new homes. Renters move more than home-owners. One out of three renters move every year. Half of all moves occur between May and September. Household moves typically include about 6,500 pounds worth of stuff. 60 is the average number of boxes used for a move. (The ATS office had 70 plastic bins and probably 60 boxes, as well as a few mannequins dressed in Trachts!)

TIMELY - DO NOT DELAY MAILED WEDNESDAY, JULY 21, 2021 Attention Postmaster: Send all Changes of Address to: The Alliance of Transylvanian Saxons 5323 Pearl Road Cleveland, OH 44129-1503



**Continued on Page 2** 

### Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsens to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donation to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5393 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name Address	
City Zipcode	State
Amount Donated \$	

Please indicate if donation is in memory or honor of someone

#### PRESIDENT'S MESSAGE Cont'd from Page 1

When moving locally, a moving company may cost less than you renting a moving truck and doing it yourself. The moving company covers the labor, packing, the cost of the truck, insurance, transportation, gas, etc. The least expensive time to move is during the winter, because it's the least popular time to move. The largest reason people choose their new neighborhood is by convenience to their job. Almost 62 percent of people in the United States currently live in the state they were born in. Florida has the lowest percentage of people born in the state who live there.

Until next time....



### **Bring your full** attention to swimmers at the pool or beach

This year, as you prepare to enjoy the pool or the beach, take care to remember that drowning is possible for anyone and it is often unrecognized.

No one should ever swim alone, even if they can swim well. The World Congress on Drowning states that an estimated 66 percent of the more than 360,000 people who drown worldwide each year knew how to swim.

Often people who can swim overestimate their ability. They overestimate how far or long they can swim before they become exhausted. They might not know how to swim out of a current or undertow. They can be hit by a wave or another swimmer, then panic.

Pre-teen children can dramatically overestimate how well they can swim and should never be left to swim in a pool without an adult inside the pool, even in shallow water.

Everyone knows that children should not swim alone. That includes small plastic wading pools, in which children have drowned, though the water level was not more than three inches. Children can drown in any depth of water, even if the water is not above their heads. Never instruct a baby sitter to watch a child in a pool. Children should always be supervised by parents.

Remember, children playing in water make noise. If there is no noise, there is trouble.

#### **Quotations: Gardens**

There can be no other occupatio

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#### **SECRETARIES TAKE NOTICE:**

THE DEADLINE DATE FOR ARTICLES **IS WEDNESDAY - 12 NOON.** 

You may either MAIL:

29076 Fall River Dr



"OK, you win the staring contest. Now, let's see how long we can talk without using a buzzword."

dening in which, if	Westlake OH 44145	
you were to creep up	E-MAIL: saxonvolksblatt@aol.com	
behind someone at their work, you would find them smiling. – Mirabel Osler	Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirma- tion, please give us a call.	
There are no happier folks than plant lovers and none more gener- ous than those who garden. – Ernest Wilson	DEADLINE DATES FOR ARTICLES:DEADLINEISSUEWEDNESDAY, JULY 28, 2021FRIDAY, AUGUST 6, 2021WEDNESDAY, AUGUST 11, 2021FRIDAY, AUGUST 20, 2021WEDNESDAY, AUGUST 25, 2021FRIDAY, SEPTEMBER 3, 2021	
	Please have your articles in by 12 Noon.	
One of the most de- lightful things about a garden is the anticipa- tion it provides. – W.E. Johns	Did you miss the deadline? Have you emailed your article past 12 Noon? Please call Hanz Hermann at (440) 525-0020	

#### Don't kiss chickens

We're a nation of animal lovers – according to Spots, about 67 percent of American households own at least one kind of pet.

Not only do we love animals, we love them more than we used to: In a 2016 survey, researchers found that Americans feel significantly more positive about all kinds of animals than they used to – even the less cuddly ones like bats and sharks.

It's no surprise that we love our chickens, too – so much that federal health officials have issued a stern warning: Stop hugging and kissing ducks and chickens, or risk illness.

According to the New York Times, the warning is due to a salmonella outbreak linked to backyard poultry, with 163 illnesses and 34 hospitalizations in



#### 43 states.

Keeping poultry at home in a backyard coop is fine, according to the Centers for Disease Control and Prevention, but owners should wash hands for 20 seconds after contact with birds and related supplies and not allow small children to touch them.

While stories abound about people who have a chicken as a pet, those who have owned chickens as a hobby may not be inclined to kiss them anyway. "They can be jerks," said one coop owner.

#### Ancient pepper can spice up barbecue



Black pepper (piper nigrum), the friend to salt on your kitchen table, probably comes to you from Vietnam or Ethiopia, via thousands of years of discovery and spice trade.

But, there is another pepper, today a less known pepper, that competed for a place on tables hundreds of years ago, with a flavor described as a sort of sweet heat. The Long Pepper (piper longum) was long famous in its native India, where it won a place in medicine and food. Later, it dominated Greek cooking when it appeared in the Mediterranean in the sixth century B.C., according to Gastro Obscura. The long pepper fell into disuse when the Romans, by the fourth century A.D., were able to bring vast quantities of black pepper

from Kerala, undercutting the price of long pepper. By the 1700s, long pepper had largely disappeared.

#### **Barbecue magic?**

Long pepper is still available online and it has reappeared as a key ingredient in pork ribs by Brooklyn barbecue restaurant, Fatty 'Cue, which specializes in grilling, smoking and barbecuing. Writer Sarah Laskow compared the flavors of the black and long peppers, saying that black pepper had a sharp and aggressive pop, while long pepper tended to linger and grow in power with a mellow, floral note. Long pepper is good with fresh melon or pineapple, salads, or even in cocktails. On the Web, long pepper is available at SaltTraders. com.

#### BRANCH 10, COLUMBUS By Donald Blum

#### MONTHLY MEETING

HICKORY HOUSE 550 Officenter Place Gahanna, Ohio 43230 Monday, August 16, 2021 Time 12:00 noon Our meetings are the Third

(3<sup>rd</sup>) Monday of the month.

# Remember to bring a canned good item or other food item.

#### CELEBRATIONS

Please join me in wishing a Happy Birthday to Thomas Hendel (8/1), Udo Maroscher (8/3), Sophie Untch (8/6), Susanna Kauntz (8/16) and Julie Kautz Geurard (8/19). May your blessings and celebrations be many, and your Birthdays be filled with Happiness and Good Fortune. Alles Gute zum Geburtstag!

Please join me in wishing a Very Happy 48<sup>th</sup> Anniversary to Debbie and Mike Roth. Love brought you together as husband and wife, gave each of you a best friend for life, may the love that you share, last your lifetime through, as you make a wonderful pair. Frohes Jubilaeum!

#### FACEBOOK PAGE

### Alliance of Transylvanian Saxons, Columbus Branch

#### <u>10</u>

We will continue to modify and improve the Facebook page as needed. You are invited to join our Facebook group and share your Saxon history or just enjoy what others post. If you are interested in becoming part of the Facebook group you can request an invitation or send me your email address (donaldcblum@prodigy.net), and we will set you up. You do not need to be a member of Columbus Branch 10.

We are happy to say, we continue to add Saxon/German heritage individuals to the Facebook Group. Some of the members include people from all over the US, Canada and Europe. We encourage you to spread the word about our group. We now have 125 Facebook members. Willkommen! **RULERS OF TRANSYL-**VANIA It is appropriate to begin our discussion of rulers that impacted Transylvanian Saxons by looking initially at King Géza II. King Géza II was the King of Hungary and Croatia from 1141 to 1162. While Transylvania existed prior to the German migration, it was under King Géza II that the Transyslvanian Saxons became an integral part of Transylvanian history. King Géza II was the eldest son of Béla the Blind, a cousin of King Stephen II of Hungary, and son to Helena of Serbia. King Géza II was born in 1130. King Géza II's father, Béla the Blind, had been blinded due to rebellious actions. Béla was ordered blinded by Stephen II's father, Coloman of Hungary. Coloman did this because he wanted to insure Stephen's succession to becoming king.

When King Géza II was born his parents lived on an estate that King Stephen had granted them. Eventually, Béla, succeeded King Stephen in 1131. King Béla died on February 11, 1141.

Even though Géza was only eleven years old, he was crowned king on February 16th. During his younger years, his mother and her brother, Belos, ruled the kingdom on Géza's behalf. By the age of sixteen, King Géza II was elevated to governing the kingdom. King Géza II and Belos fought and routed troops of mercenaries from Bavaria and Austria to gain control of the kingdom. Géza married Euphrosyne, sister of the Grand Prince Iziaslav II of Kiev, in 1146.

During the reign of King Géza II there were many battles and disputes with Germany, France and the Byzantine Empire. Géza had gained the reputation for his military prowess and also for his political strategies in creating agreements, alliances and relationships that would enable him to maintain control of his kingdom.

King Géza II had an understanding, that while relationships with warring factions had been somewhat normalized, he was aware that he needed further assurances that his kingdom could be protected from the possibility of invasions. King Géza II determined that a buffer territory would protect Hungary from advance invasions of his kingdom.

There have been various accounts on what occurred whether German settlers (to become known as Transylvanian Saxons) were offered or summoned by King Géza II, to the area from the Mures to Alt River to form settlement on what was considered the new frontier (in the south and northeast). The area was former wasteland along the border area of the kingdom. At the time, the area was only sparsely inhabited by humans, and was mostly inhabited by bears, wolves and lynx. The settlers could freely choose the best areas for settlements.

Tradition holds that Sieben*bürgen*, the German name for Transylvania, derives from the seven principal fortified towns founded by these Transylvanian Saxons. While these settlers, Transylvanian Saxons, would be granted special governing privileges, the intent was for the settlers to provide a source for higher taxes, the settlers would offer better methods of farming, skilled craftsmen and provide an emphasis towards increase in trade. Ultimately, the intent was to provide a buffer against invasion and military support for King Géza Il's kingdom.

So, King Géza II was the first and an important part of our Transylvanian Saxon history in Transylvania. King Géza II would rule Hungary and Croatia, an importantly Transylvania from 1141 to 1162.

In the upcoming series, we will look at other rulers that impacted our Transylvanian Saxon History.

#### HUMOR

Apparently I snore so loudly that it scares everyone in the car I'm driving.

## WE HAVE A RICH

# AND COLORFUL HISTORY AND HERITAGE!

# DO YOUR PART TO KEEP IT ALIVE!

# BECOME A PROUD AND ACTIVE MEMBER!

### FRATERNAL CALENDAR

#### NATIONAL EVENTS

October 23 - 24, 2021 ATS Open Bowling Tournament Host: Cleveland West Bowlers Rollhouse Bowling Alleys May 21-22, 2022 ATS Convention Host: Cleveland East Br. 33 Cleveland Marriott East Hotel, Beachwood OH July 8 - 10, 2022 North American Saxon Heimattag Host: Branches 18 and 19 Salem OH

#### LOCAL EVENTS

July 24, 2021 **Cleveland East Br. 33 Captains Baseball Game** July 25, 2021 Youngstown Br. 30 Saxon Day August 8, 2021 Cleveland East Br. 33 Annual Picnic, Penitentiary Glen August 11, 2021 **Cleveland Sachsenheim Lagerfest** August 15, 2021 Lorain Br. 5 Picnic, Lakeview Park August 28, 2021 **Cleveland Sachsenheim Oktoberfest** September 19, 2021 **Cleveland West Branches 1 & 4 Membership Banquet** October 29, 2021 **Cleveland West Children's Halloween Party** December 4, 2021 **Cleveland East Br. 33 Sausage Sale** December 12, 2021 **Cleveland East Br. 33 Christmas Banquet Cleveland West Children's Christmas Party** 

Grilling season is in full swing, and carnivores know that few things are quite as unpleasant as a dry, tough grilled pork chop. But it doesn't have to be that way! With a little preparation and caution, you can grill tender, juicy pork chops in just a few minutes. The best part? Grilled chops pair well with just about any sauce or side, and pork is more affordable than beef, which means you can grill out as often as you please.

First, choose a thicker pork chop, at least one inch. Thinner chops cook too quickly on the grill, and by the time you develop a nice crust, the inside will be tough. You can choose bone-in or boneless chops -- whichever you prefer.

Next, brine your chops in a mixture of four cups cold water and 1/4-cup kosher salt. Leave them in the mixture for about 30 minutes. After 30 minutes have elapsed, pull them out and dry them off with paper towels.

After your chops are dried, you can sprinkle on



# Introducing our newest Fraternal Benefit Program: The ATS Student Loan Debt Relief Grant

Qualifying applicants must:

- Be an ATS member for 4 years.
- Be out of school for at least two years.
- Have an annuity certificate with a balance of at least \$1,000 or a life insurance policy.
- Be current with their loan payments.
- Have been involved with ATS National or Local events during the past two years or proof of volunteer involvement during the past two years.



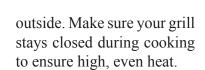
The intent of this program is to provide financial support in the form of a grant to qualifying ATS members who have graduated from college, have been out of school for at least two years, and still owe on their student loans.

Selection of grant recipients will be determined by a random drawing conducted by the ATS Scholarship

### How to grill the perfect, tender pork chop

Il some black v pepper or s your favorh ite spice it or rub, but l make sure d that your r, rub doesn't a c o n t a i n ? salt, or else h your chops e, might end e up over-seasoned.

To grill outside, crank up the heat to sear the chops for three minutes per side, which starts the cooking process and leaves impressive grill marks. After that, you'll want to turn the heat down (or move to a higher rack) for an additional four to seven minutes, depending on the thickness. This completes the cooking process while leaving a nice crust



When your chops register 145 degrees Fahrenheit in the thickest part, they're ready to come off the grill and rest for three to five minutes, which gives juices time to redistribute and lets muscle fibers relax. The result? A tender, flavorful chop with minimal effort and maximum reward.

#### BRANCH 33, CLEVELAND EAST By Arline Krestel-Suts

Frequently I do some research to put something interesting in articles. I remember a song from childhood, seems like a summer classic, "Lazy Days of Summer". As I am looking up the lyrics, I found some trivia to share.

"Those Lazy-Hazy-Crazy Days of Summer" music was composed by <u>Hans Carste</u>. It was originally written as "Du spielst 'ne tolle Rolle", with German lyrics by Hans Bradtke, Aha! Two Germans. This German song was first recorded under that title in 1962 by <u>Willy Hagara</u>, an Austrian, credited at the time as "the best jazz singer in Vienna".

Du spielst 'ne tolle Rolle in den Memoiren

Die ich mal schreibe, das schwöre ich Dir.

Ich hab' was vor für meine alten Tage

Ich brauch' nur Feder und Papier dazu

Sei nicht erstaunt wenn ich

crazy days of summer You'll wish that summer could always be here".

Well now here's my point. Branch 33 does suspend meetings July and August. But we still try to meet for warm weather outings. Remember, Barb Hum has arranged a group outing baseball game and picnic party deck Saturday, July 24, at Lake County Captains in Eastlake. Branch 33 will pay admission and food for members.

If you don't like baseball, ATS Family Days at Waldemeer Park in Erie PA is the same day. Branch 33 will reimburse our members' admission for this event as well.

And please remember to sign up for our Branch Annual Summer Picnic, Sunday August 9, Penitentiary Glen in Kirtland. Catering by Dino's, games, raffles, walking trails, and really cool nature and play area for kids. \$5 for members, and \$10 for guests; Reservations to be made with Arline or Wayne Suts, 440-867-6103 or 440-279-3330, by August 2. So hey, call us! I haven't from too many yet .... Meetings start September 8th, in person not Zoom, St. John's Lutheran Church. We will start with a party trav supper.

#### Request for ATS Student Loan Debt Relief Grant application

Name		
Address		
City, State, Zip		
Phone:		
E-mail:		
Branch #: Cert #:		
Request Deadline: August 20, 2021 Application Deadline: September 1, 2021		

Committee. Selected recipients will be awarded \$500, payable to the lending institution.

Send in the attached Request Form to receive the Application. Requests must be received by August 20, 2021. The completed Application, along with the supporting documentation, must be returned to the ATS Home Office by September 1, 2021.

Mail Request Form to: ATS Home Office 5323 Pearl Road Cleveland, OH 44129



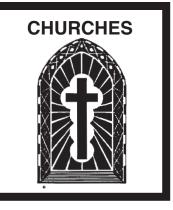
Dir heute sage

Ich schreib' ein Buch, und die Hauptperson bist Du.

OK.... so where's the summer reference?? Well the English lyrics were written by <u>Charles Tobias</u>, with the same theme, N<u>ostalgia</u>. But now, Summertime nostalgia! In 1963, it was recorded by Nat King Cole, arranged by <u>Ralph Carmichael</u>, and hit #6 on the US <u>Hot 100</u>.

"Roll out those lazy, hazy, crazy days of summer Those days of soda and pretzels and beer Roll out those lazy, hazy,

Hope everyone has a great summer. Stay safe and see you at the picnic!



St. Peter's German and Saxon Lutheran Church 11423 Chicago Rd. Warren, Michigan 48093 (586) 979-3850 stpeters \_church@sbcglobal.net www.stpeterswarren.or

10:00 Bilingual Service Nursery Coffee following service **Senior Circle Sunday School** 

> **Church Choir Bell Choir**

St. John's Lutheran Church 1000 Ford Road Highland Hts., Ohio (440) 449-1334

Rev. Barbara Holzhauser Pastor

10:00 Worship Service

#### **BRANCH 26**, MERRILLVILLE **By Helen Brooks**

Saxon Lodge Branch 26 held its meeting on July 11, 2021. We said the pledge to the flag.

Jeff Szostek called the meeting to order. A moment of silence was held in honor of our departed member Christa Guip.

Roll call of officers: three were absent and excused. Minutes were read and accepted. Treasurer's report was also read and accepted, as was the Recording Secretary's report.

A motion was made to pay the death benefit for Christa Guip.

#### SALEM RETIREES By Norma C. Byers

Salem Retirees met on Wednesday, July 7<sup>th</sup>. When we heard the gavel hit, we knew our President Lois Whitacre meant business to open our meeting. Tony Rothbrust gave the invocation and we all recited the Pledge of Allegiance.

We had a delicious lunch (as usual) prepared by Beverly and Cheryl, our precious caterers!

17 were present and after lunch we bowed for a moment of silence for our good friend, Walter Eyrich who passed on July 3rd.

Our Secretary, Dianne Kuttler, gave her report from June and Katie Lederle gave the financial report. Dora Lee Sandoe conducted our drawing.

July birthdays were read and we sang Happy Birthday to everyone and also to George Spack, who was there and it was for his 95th Birthday!

Helen Aeling always comes prepared to cheer us up with her humor, and she did that today! Bless her!

We all had a good time and I must say - I wondered how everyone would look since we hadn't seen one another since before the pandemic!

But guess what? No one seemed to look older and in fact they looked darn good!

We ended with the Lord's Prayer and then YIPPEE -Bingo!- then George won a game and got money, so he really had a Good Birthday! Hope to see all of you on August 4th! Stay Well! Toodle-oo!

> Keep these invasive plants out of your garden



It's pretty, it would look great in your garden, and since your local garden center carries it, there's no way it's a destructive invasive species, right?

Not necessarily. According to Epic Gardening, while garden centers are mostly knowledgeable about the plants that they sell and most don't carry invasive species, destructive plants slip through the cracks all the time, and can wind up in your garden.

tive plants. It's worth noting that the British naturalists, who work where buildings and trees are covered with ivy, defend it, saying it doesn't kill trees or harm buildings. But the ivy should be cut before it reaches a tree's canopy, they say.

**Safety Tip** 

To be safe when using

an ATM, try to avoid

using street ATMs at

night. It is always safer

to go into an open busi-

ness to use an ATM. It is

important to be aware of

your surroundings. Be

on the lookout for sus-

picious vehicles or per-

sons idling in the area

of the ATM. If you are

confronted, it is better to

give up your money than

risk injury or worse. Try

to engage a robber as

little as possible by not

fighting or arguing. As

soon as possible, call

911 for help.

\* Japanese honeysuckle: This plant has almost no natural enemies and can kill shrubs and young trees by girding.

\* Privets: This shrub can If you're thinking about invade woodlands and for-



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Marvin L. Mackeprang, Sr. Age 72 Died: June 8, 2021 Branch 25, New Castle PA

#### Alba Kessler

Age 95 Died: July 2, 2021 Branch 27, New Castle PA

Walter Ulrich Age 92 Died: July 3, 2021 Branch 19, Salem OH

#### **Carol Novotny** Age 97 Died: July 6, 2021 Branch 30, Youngstown OH

#### **BRANCH 30.** YOUNGSTOWN By Rosemarie Kascher

We welcome into new membership: Christa Blasko, Alexander Vargo and Joel Albrect.

The next general meeting will be August 8, 2021 with the officers meeting prior to it.

The Youngstown Saxon Club is open three days a week: Sundays from 9:30 a.m. until 2:00 p.m. with Wednesdays and Fridays, from 4:30 p.m. until 9:00 p.m.

Even though we are open, we ask you to use good health practices while in the Club; distancing and masks when not eating or drinking, please.

Saxon Day was held July 25th, our first major time to get together. I'll report on it in the next issue.



After a delicious dinner at Kings Family Restaurant, President Marie Benedict called the meeting to order. Sincere get well wishes go out to Mary Normington.

Helen Burick announced that she no longer can do her job as treasurer. She feels it is time for someone younger to take over her office. We are all over 80 and need younger women to lead our group. Marie will contact the ATS office if they would come down and help us with our problem. To be eligible to run for an office, a member must attend four meetings a year.

Social Committee: Everyone was in favor of going to the New Castle Playhouse to see "FOOLS," a play written by Neil Simon. We will attend the afternoon show and then go to dinner at Tanner's. Guests are welcome. Date and time will be discussed at the next meeting.

The sign up sheet for the Rail Cat's game on August 29<sup>th</sup> at 2:00 p.m. was passed around.

The Raffle was won by Judy Andrews, and the Membership prize was won by Marty Varney.

It was great to see such a large group show up for the meeting.

We sang Happy Birthday to Wally Szostek who turned 95 years young. We wish many, many more.

Til we meet again - stay safe and healthy.

Plans were discussed to have a lottery drawing table at the club's CASH BASH scheduled on August 14 at the picnic grounds. Jane Fishovitz and Doris Schenker will be at the grounds to sell tickets for the bags full of lottery tickets.

The next meeting will be Wednesday, August 4, at 3:30 at the club. Please note the temporary change to Wednesday. Hope to see you all at the club!

adding one of these comests.

monly available plants to your garden, ask a reputable garden center about a better native option. If you already have it in your landscaping, consider digging it up and replacing it with something that will support local flora and fauna.

\* Chinese wisteria: Popular for its purple flowers, but can kill trees and displace native species.

\* English ivy: Can climb and kill trees or cover the ground and suffocate na-

Burning bush: The \* leaves are beautiful, but this shrub invades prairies and woodlands.

\* Callery/Bradford pear: This small tree invades prairies and woodlands.

\* Common periwinkle: Periwinkle grows in dense patches and can smother native species.

\* Sweet autumn clematis: With its profusion of white flowers, this species can grow over native plants and block sunlight.

Since our Club is experiencing age related problems, we are asking for help from volunteers with general maintenance and building experience to aid with repairs. Even if you can donate a little time, please contact the office. 330-792-7973, or one of the officers. Any help you can give us is truly appreciated.

We thank all the staff and those who volunteer daily for their commitment to keeping us going.

Please stay healthy!

#### Katzendorf / Cața



A pier basilica, easily recognizable by its main features, constitutes the core of the fortified church in Cata. Inside, the pillars with arcades are a typical Romanesque construction to connect the side aisles to the nave. On the northern clerestory two uncovered false windows can be seen. The Romanesque chancel as well as the apse were rebuilt during the 15th century in Gothic style. The cross vault collapsed 1894 together with the western tower and it was replaced later on by a flat ceiling. The tower was never rebuilt. The massive fortified curtain wall dating back to the 15th century still preserves four of initial six defence towers. The pentagonal "priest's tower" offers views over the garden of the parish house. The assembly was provided with a second defence wall with outer bailey as early as the 17th century. Its northern side was demolished in 1884 and in 1937 for using the resulting material to build the school and the community hall.

#### **Place and surroundings**

The precise date of the village's establishment remains unknown. While the first documented reference dates back to the beginning of the 15th century, the foundation of the Romanesque basilica in the village's center was laid as early as 1250 and the church was also fortified later on. The village developed at the crossing point of two main roads, thus being often affected by enemy attacks and fires throughout the centuries. During the 17th and the 18th century the village was plundered and torched six times. A strong fire heavily damaged the fortified church around 1706, while the parish house and the school were entirely

burned down.

With its 2.500 residents Cata is today a rather quiet and peaceful place. In the village's center, in the parish house lives the Transylvanian Saxon writer and film maker Friedrich Schuller. He restored the homestead where his father used to live as priest of the village and regularly hosts nowadays cultural and literary events: for example, in 2011 it was awarded here the first "Wordsmith of Cata" price.



#### **TRIVIA TEASER** Say Uncle

1. What patriotic song includes the lyrics "I'm a real live nephew of my Uncle Sam / Born on the Fourth of July"? a-"God Bless America," b-"Yankee Doodle Dandy," c-"God Bless the USA," d-"America the Beautiful."

2. Peter Parker is the alter ego of which comic book superhero, who was raised by his Uncle Ben and Aunt May? a-Human Torch, b-Beast Boy, c-Lightning Lad, d-Spider-Man.

3. What comic actor played the title role in the 1989 movie "Uncle Buck"? a-Steve Martin, b-John Candy, c-Eugene Levy, d-Jim Belushi.

4. "Uncle Vanya" is an 1898 play by what Russian playwright? a-Nikolai Gogol, b-Alexander Pushkin, c-Mikhail Bulgakov, d-Anton Chekhov.

5. On the sitcom "The Fresh Prince of Bel-Air," what was the name of Will Smith's uncle? a-Peter, b-Paul, c-Phil, d-Parker.

6. Created in 1910 by Howard R. Garis, what kind of animal was the literary character Uncle Wiggily? a-Elephant, b-Tiger, c-Rabbit, d-Fox.

7. Uncle Albert, played by Ed Wynn, hosted a tea party on the ceiling in what Disney movie? a-"Mary Poppins," b-"Matilda," c-Aladdin," d-"The Aristocats."

8. What top 10 hit song for Uncle Kracker featured vocals by Dobie Gray? a-"Good to Be Me," b-"Follow Me," c-"Drift Away," d-"Smile."

9. What musical instrument was the specialty of Grand Ole Opry performer Uncle Dave Macon? a-Banjo, b-Mandolin, c-Fiddle, d-Harmonica.

10. What is the name of the

#### Not all diets best for heart-healthy weight loss

Even though weight loss found in nuts. comes down to a simple formula -- eat fewer calories than you burn -- dieters should exercise

caution when choosing how to eat. Not all diets are created equal when it comes to protecting or improving heart health.

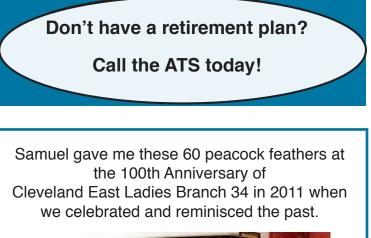
According to the Harvard Heart Letter, all older adults should pay attention to their heart health, and for people who want to lose weight, low-carb diets may not be the best choice. Dieters who stick to a ketogenic or Atkins-style diet tend to eat lots of red meat and highfat, high-salt processed meats, like bacon -- not exactly heart-healthy choices. But low-carbohydrate diets aren't completely off-limits -- for dieters who prefer to avoid carbohydrates, doctors recommend choosing unprocessed or minimally processed foods and highquality fats, such as those

But in general, experts dieters should caution, think twice about any diet



that restricts a specific category of food, such as carbohydrates or fats, because they are less sustainable for people who want to lose weight and

keep it off. Instead of restrictive diets that eliminate entire food groups, experts urge dieters to eat a variety of heart-healthy foods. According to the American Heart Association (AHA), a variety of whole fruits and vegetables, whole grains, low-fat dairy products, skinless poultry and fish, nuts and legumes and nontropical vegetable oils (such as olive oil) are all good choices for heart health. In addition, the AHA recommends that dieters limit saturated fats (such as butter), trans fats, sodium, red meat, sweets and sugary drinks.









**Fortifed Churches Foundation** www.kirchenburgen.org

anthropomorphic pepperoni pizza slice on the animated TV series "Uncle Grandpa"? a-Elmo, b-Ringo, c-Steve, d-Chuckie.

> 10-c, Steve olnsa, Banjo "yawa find", ,2-8 "sniqqo<sup>¶</sup> 7-a, "Mary 6-c, Rabbit Lind , 2-c, Phil 4-d, Anton Chekhov 3-b, John Candy 2-d, Spider-Man "Vanay" 1-b, "Yankee Doodle **Answers**

Thank you, Brother Samuel Fleischer, for this gift. Rest in Peace. Maria Thellmann **Cleveland East Branch 33** 

# **ATS BRANCH DIRECTORY**

Cleveland, OH Br. 1 Mtg. 3rd Mon. 7:00 p.m. Sachsenheim 7001 Denison Ave Cleveland OH 44102 (216) 651-0888 PRES: Robert M. Hanek 22677Peachtree Ln Rocky River OH 44116 (216) 385-9932 rhanek8@yahoo.com SEC'Y. Robert Cunningham III 9005 Memphis Villas Brooklyn OH 44144 (216) 398-7520 rbcunningham@roadrunner.com ATS SEC'Y. R.Cunningham LOCAL DUES to R. Cunningham

Alliance, OH Br. 3 Mtg. 3rd. Wed.- 6:30 p.m. American Legion Post 166 141 W Main St Alliance OH PRESIDENT John H. Aeling 15590 Georgetown St. NE Minerva, 44657 (330) 862-3706 JDAII852@yahoo.com SEC'Y. Matt Aeling 909 E Broad St Louisville OH 44641 (330) 205-2586 maeling1@gmail.com ATS SEC'Y. Denise Aeling Crawford 5934 Stumph Rd # 416 Parma OH 44130 (330) 257-0267 dcrawfordcpa@outlook.com SICK NOTICES & LOCAL DUES to John Aelina Address shown as President

Cleveland, OH Br. 4 Mtg. 3rd. Mon. 7:00 p.m. Sachsenheim 7001 Denison Ave. (216) 651-0888 PRES. Monica M. Weber (440) 356-5936 SEC'Y. Joan A. Miller-Malue 17105 Hilliard Rd. Lakewood OH 44107 (216) 233-8631 miller-malue@cox.net ATS SEC'Y Donna Jankow 7663 Ragall Pkwy Middleburg Hts OH 44130 (440) 826-0773 SICK NOTICES to Joan A. Miller-Malue Address as above LOCAL DUES to Donna Jankow Address as above

Lorain, OH Br. 5 Mtg. 3rd Monday of month 7:00 p.m. American Slovak Club 2915 Broadway, Lorain PRES. Monica Gilles 3520 Beavercrest Dr. #107 Lorain OH 44053 (440) 309-7894 gillemo76@hotmail.com SEC'Y. Brian Gilles 244 Ashwood Dr. Avon Lake OH 44012 (440) 315-5214 bgilles74@yahoo.com ATS SEC'Y Ginger Romes 1507 West 39th St Lorain OH 44053 (440) 989-8424 dgromes@roadrunner.com SICK NOTICES to Jane Mowerv 3600 Jaeger Dr Unit 3101 Lorain OH 44053 (440) 246-3004 janie.e.mowery@gmail.com LOCAL DUES to Michael W. Johnson 41868 Earlene Ct, Elyria OH 44035 (440) 324-2534 mikjo79@gmail.com Farrell, PA Br. 7 (cont'd) ATS SEC'Y. Bonnie Gregorich 55 Oak Tree Ct West Middlesex PA 16159 (724) 528-0309 SICK NOTICES to Karen Zaborowski LOCAL DUES to Kathy Schuller PO Box 834 Andover OH 44003 (440) 293-6973

Alliance, OH Br. 8 Mgt. 3rd Wed. 6:30 p.m. American Legion Post 166 141 W Main St Alliance OH PRES. Helen E. Aeling 15354 Georgetown St. NE Minerva 44657 (330) 862-2563 HHA658@aol.com SEC'Y. Lesley Reed 611 N. Market St Minerva OH 44657 (330) 868-3816 ATS SEC'Y. Denise Crawford 5934 Stumph Rd Apt 416 Parma OH 44130 (330) 257-0267 dcrawfordcpa@outlook.com LOCAL DUES to: Lesley Reed Same address as above

Chicago, IL Br. 9 Mtg. 1st Mon. 8:00 p.m. DANK Haus 4740 N. Western (2nd floor) Chicago PRES. Diethild Thut 923 E Slayton Dr Palatine IL 60074 (847) 414-2660 dedethut11@yahoo.com SEC'Y. Elfi Sanderson 1425 London Lane Glenview II 60025 (847) 998-0939 elfisanderson@gmail.com ATS SEC'Y: Claudia Schmidt 8550 Niles Center Rd Skokie IL 60077 (847) 899-8663 brasov95@hotmail.com LOCAL DUES AND SICK NOTICES TO: Claudia Schmidt Address as shown above

Columbus, OH Br. 10 Mtg. 3rd Mon. 1:00 p.m. all months Hickory House. 550 Officecenter Place Gahanna OH PRES. Mike Roth 8063 Ivory Gull Cir Pickerington OH 43147 (614) 834-2277 rothpmr@aol.com SEC'Y. Marlene Mueller 310 Jericho Rd Apt 224 Pickerington OH 43147-1459 (614) 834-1060 ATS SEC'Y. P. Michael Roth 8063 Ivory Gull Cir Pickerington OH 43147 (614) 216-0008 LOCAL DUES and Sick Notices to Don Blum 6436 Lakeview Cir Canal Winchester OH 43110 (614) 837-1915 donaldcblum@prodigy.net

Canton, OH Br. 14 Mtg. 2nd Sunday Location varies PRES. Thomas J. Rowinsky 1656 Dunkeith Dr NW, Canton, 44708 (330) 478-9333 ATS SECRETARY: Helen Aeling 15354 Georgetown St NE Minerva OH 44657 (330) 862-2563 HH658@aol.com SICK NOTICES to Thomas Rowinsky Address as shown above

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Date: Signature of Person Making Change				

Mail to: Alliance of Transylvanian Saxons, 5393 Pearl Road, Cleveland, Ohio 44129-1597

Salem, OH Br. 18 Mtg. 2nd Mon. 7:00 p.m. Saxon Club 1980 St. Rt. 9 Salem, 44460 (330) 222-1770 PRES. Marilyn McNutt 1721 State Route 9 Salem 44460 (330) 337-8940 SEC'Y. / ATS SECRETARY Barbara Spack 1389 Brookview Dr Salem, 44460 (330) 337-7487 babrayn@sbcglobal.net SICK NOTICES to Theresa Spack 384 W Pershing Salem OH 44460 (330) 831-4119 LOCAL DUES TO: Helen Aeling 15354 Georgetown St. NE Minerva 44657 (330) 862-2563 HHA658@aol.com

Salem, OH Br. 19 Mtg. 1st Mon. 7:30 p.m. Saxon Club 1980 Newgarden Rd Salem OH 44460 (330) 222-1770 PRES. Glenn Spack 943 Stewart Rd Salem OH 44460 (330) 332-8174 SEC'Y. Robert P. Vogt, Sr. 973 Sunset Blvd. Salem, 44460 (330) 881-3346 mvcobra27@gmail.com ATS SEC'Y Glenn Spack Address and phone as above SICK NOTICES to Glenn T. Spack address above LOCAL DUES to Richard Vogt, Sr. c/o Salem Saxon Club 1980 Newgarden Rd, Salem, 44460 (330) 222-1770

New Castle, PA Br. 25 Mtg. 2nd Thursday 8:00 p.m. Eintracht Hall 108 Taylor St., New Castle PA 16101 (724) 652-7221 PRES. Dave Miller 118 E Hazelcroft Ave New Castle PA 16105 (724) 730-3250 Davidfmiller49@yahoo.com SEC'Y. Jacob Holzhauser 592 Glass Rd New Castle 16101 (724) 971-1260 newcastleeintracht@gmail.com ATS SEC'Y: John McCormick 152 Means Rd New Wilmingon PA 16142 (724) 944-2657 johnmichaelmccormick@hotmail.com Local Dues and Sick Notices to Doug Schafer 113 Okinawa Dr New Castle 16105 (724) 944-6199

New Castle, PA Br. 27 Mtg. 1st Thurs. 7:00 p.m. Eintracht Hall 108 Taylor St., 16101 (724) 652-7221 PRES. Marie Benedict PO Box 25 Edinburg, 16116 (724) 667-7395 SEC'Y. Dolores Both 3512 Hunters Woods Blvd #1 New Castle PA 16105 (724) 658-7407 doloresboth@verizon.net ATS SEC'Y. Judy Both 1512 Drespling Ln New Castle 16101 (724) 654-0573 LOCAL DUES to Gertrude Tizak 241 Cambridge St. #401 N.Castle, 16105 (724) 652-1867 Tizakg@yahoo.com SICK NOTICES to Marie Benedict

Monaca, PA Br. 29 Mtg. 2nd Sunday 6 p.m. Saxon Club 112 Simes St PRES. Dan Nolder 470 Center Grange Rd Monaca PA 15061 (724) 312-1854 SEC'Y Lauren Freshkorn 1298 Wagner Ave Monaca PA 15061 (724) 462-0046 ATS SEC'Y. Terri L. Munroe 1018 Wayne Ave Monaca PA 15061 (724) 544-0457 enchantra220@yahoo.com

Youngstown, OH Br. 30 Mtg. 2nd. Sun. 2:00 p.m. Saxon Club 710 S. Meridian Youngstown OH 44509 (330) 792-7973 PRES.Ernest Roth 6280 Morningside Dr SE Hubbard OH 44425 (330) 534-4960 SEC'Y Dominic Lucarelli 2418 Walden Ct Youngstown OH 44509 ATS SEC'Y Julaine Gilmartin 4173 Timberland Trail Canfield, OH 44406 (330) 799-5171 Local Dues Val thomas 5947 Tippecanoe Rd Canfield OH 44406 (317) 373-0797 Ellwood City, PA Br. 32 Mtg. 2nd. Wed. 7:30 p.m. Saxon Club 901 Millview St. (724) 758-3268 PRES. Laura Goehring 113 Mahony Ave Ellwood City PA 16117 (724) 971-2040 SEC'Y Docia Jacobs 130 Belton Rd Ellwood City PA 16117 (724) 758-8486 ATS SEC'Y Lori Berendt 2260 Cherry Hill Rd Ellwood City 16117 (724) 714-1217 SICK NOTICES to: Joan Evans 197 Portersville Rd Apt 3 Ellwood City PA 16117 (724) 752-1109

Cleveland, OH Br. 33 Mtg. 2nd. Weds. 7:30 p.m. St. John's Lutheran Church 1000 Ford Rd Highland Heights OH PRES. Margarete Ziegler 38047 Parkway Blvd. Willoughby OH 44094 (440) 951-0159 margarez@aol.com SEC'Y. Arline Suts 413 Downing Dr Chardon OH 44024 (440) 279-3330 asuts@windstream.net ATS SEC'Y. Karyn Schmidt 4979 Anderson Rd Lyndhurst OH 44124 (216) 382-7397 SICK NOTICES to Arline Suts Address and phone as above LOCAL DUES to Michael Bretz 388 East 317th St. Willowick OH 44095 (216) 392-6241 meb3172@att.net

Detroit, MI Br. 37 Mtg. 1st. Sun. 12:30 p.m. St. Peters Lutheran Church 11423 Chicago Rd. Warren, MI (586) 978-3850 PRES. Susanna Fleischer 11060 Furbush Rd. Holly MI 48442 (810) 694-1860 beetlebugsue7@peoplepc.com SEC'Y. Janet Nelson 128 Ottowa Dr. Troy MI 48085 (248) 879-3213 janetreadnelson@gmail.com ACTING ATS SEC'Y. Susanna Fleischer Address as above LOCAL DUES to Ingrid Weihs-Ferguson 11711 Lancer Dr Sterling Hts MI 48313 iwferguson@aol.com

Ellwood City, PA Br. 45 Mtg. 2nd. Sun. 7:30 p.m. Saxon Club 901 Millview Ave. (724) 758-3268 PRES. Tim Hardy 919 Aiken Ave Ellwood City 16117 (724) 679-2122 SEC'Y. Jamie Miller 114 Rustic Park Rd Ellwood City PA 16117 (724) 601-4181 ATS SEC'Y. Lori Biddle-Berendt 5412 Fifth Ave Koppel PA 16136 (724) 900-2616 LOCAL DUES TO: Ellwood City Saxon Club PO Box 161, Ellwood City PA 16117 SICK NOTICES TO: Mike Bieselt 106 Fairview Dr Ellwood City PA 16117 (724) 709-0595

#### **CHANGE OF ADDRESS FORM**

Farrell, PA Br. 7 Mtg. 3rd Tuesday 5:30 p.m. Farrell Lions Den 810 Lions Club Lane Farrell PA (724) 981-7130 PRES. Karen Zaborowski 1714 Shady Dr Farrell PA 16121 (724) 346-0373 SEC'Y. Betty Holmes 409 Patt Dr. Farrell PA 16121 (724) 981-7130

Canton, OH Br. 17 Mtg. 2nd Sunday Location varies PRES. Mary Rowinsky 1656 Dunkeith Dr. NW, Canton 44708 (330) 478-9333 SEC'Y. Mary Rowinsky Samme adress as President ATS SECRETARY: Helen Aeling 15354 Georgetown St NE Minerva OH 44657 (330) 862-2563 HH658@aol.com SICK NOTICES to Mary Rowinsky LOCAL DUES to: Rosanne Miller 5186 Everhard Rd NW Apt 7 Canton OH 44718 (330) 933-4584

Merrillville, IN Br. 26 Meeting first Sunday at 2 p.m. Slovak Club - 6920 Broadway (219) 756-5101 PRES. Jeff Szostek 1652 West 97th Ave Crown Point IN 46307 (219) 313-7854 219szos@gmail.com SEC'Y. Jamie Connors 1035 Garfield St Hobart IN 46342 (312) 758-6341 Weebee052277@yahoo.com ATS SEC'Y. Randall Floyd Address and phone as shown above LOCAL DUES to Zita Palyok 724 E. 25th Pl, Lake Station IN 46405 (219) 962-7345 randz724@comcast.net Sick Notices to Jamie Connors Listed above



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- Do you want to have an income that you cannot outlive?
- Do you want a guaranteed interest rate?
- Do you want income and growth to be guaranteed?
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- Do you want to avoid probate by having your money go directly to your chosen beneficiaries?

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