



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5393 Pearl Road
Cleveland, Ohio 44129-1597
Tel: (440) 842-8442

ATS Founded in 1902

May 14, 2021

Issue 10

BRANCH 5, LORAIN By Michael Johnson

Our meeting in April was well attended after completing the yearly audit by our Trustees. All records are up to date and financials are healthy as we look into the rest of the year 2021.

Before the meeting on May 17, 2021, members will meet at The Blue Sky restaurant (917 N Leavitt Rd, Amherst, OH) for a pre meeting dinner. We'll start giving our orders at 5:00 p.m. and go to the Slovak Club on Broadway and begin the meeting at 7:00 p.m. It would be helpful if you plan to attend the dinner, to give President Monica Gilles (440 309-7894) a phone call or text, letting her know how many members to expect for seating reservations. We are still under a mask mandate for both the dinner and the meeting, so come prepared.

The Sick Benefit list is clear at this time, with sister Erica Zgola coming off doctors care back on the 5th of April. We are hopeful our summer will be healthier this year than last. Many of the Saxon events that are normally enjoyed during the summer months are again cancelled with the pandemic still lingering throughout the state and beyond. Still, a reservation has been made at Lakeview Park for August 15th, 2021 to again attempt to have a Branch 5 picnic. We were able to purchase 12 pounds of Saxon sausage made by brother Tom Ralph that will be served with other delicious side dishes made by our members. More details to come as the date draws closer.

Happy Birthdays go out to members celebrating in this month of May; sisters Anne Conley, Olga

Theiss, Barb Tillman, brothers John Binder, and Brian Gilles and junior members Logan Ralph, Carsen Sergent, Wade Cox, and Blake Henderson. May you all enjoy your special day!

To those junior members that may be graduating high school this year or if you're a member earning a college degree, send me: (Michael Johnson, 41868 Earlene Ct. Elyria, Ohio 44035) an announcement so I can publish it in our next issue of the *Volksblatt*, that we may congratulate you on your achievements.

Happy belated Mother's Day to all of our Moms. Wishing you the best with love and appreciation. Until next time, continue enjoying the spring, with it's budding trees, and colorful flowers, it is so short lived.



PRESIDENT'S MESSAGE

By Denise Aeling Crawford
ATS Nat'l President



I attended the Federation of Transylvanian Saxons meeting on April 27th via Zoom. In attendance were John Werner, Chairman from Canada; Herta Daniel, Federation President; Rainer Lehni, Chairman from Germany; Manfred Schuller, Chairman from Austria; Martin Bottesch, Chairman from Transylvania; Ilse Welther representing the Association of Transylvanian Saxon Hometown Communities; Friedrich Gunesch, representing the Bishop in Transylvania, and Ute Brenndorfer, the General Manager of the Verband in Germany. Each representative gave a report on what's happening with the Transylvanian Saxons within their Country or area.

During the Federation meeting, the Chairmanship of the Federation was officially transferred from Herta Daniel to Rainer Lehni. Herta has been the Chair since 2018. Thank you Herta for your service. Those of you who attended the Heimattag in Kitchener, Canada in 2017 may remember meeting Rainer at that time. Congratulations Rainer!

The updated Cultural Exchange schedule was presented during the Federation meeting. In 2022, the US and Canada will be receiving the group from Austria. They've been delayed two years now due to the pandemic. The Heimattag here in the US will be one of the events where you will be able to see and meet the group. The US will send a group to Europe in 2024. That is also the year of the next Sachsentreffen in Transylvania. I'm asking the Cultural Groups to consider this in your long-range planning and let the Home Office know if you are interested in representing the US that year.

Branch 33 - Cleveland East has informed us that the date for next year's ATS Convention will be May 22nd and 23rd, 2022 at the Cleveland Marriott East hotel (off of I-271 near Beachwood). They are working on plans to make this a memorable event for the delegates and for their Branch members.

Did you know that you can watch the Heimattag in Dinkelsbühl, Germany this year? The Home Day celebration is scheduled for May 21st to May 23rd. This year's theme is Zusammen sind wir Heimattag – Together We Are Heimattag. The Digital Heimattag can be viewed on the Verband's YouTube Channel (SiebenbuergerDE) and their Facebook Channel (Siebenbuerger.de). The program includes live events and preproduced programs. A live stream concert on Friday evening will kick off the event. Saturday highlights will include the opening of the Heimattag, contributions from the Federation, a film made in 1999 on the history of Heimattag, various Saxon groups and a "Digi-Ball" with several Saxon bands. Sunday's activities include the traditional Pentecost service and various concerts. A video of the Cleveland Saxon Dance Group and the Cleveland Saxon Children's Dance Group has been sent to Germany for them to include in the program lineup. Since we have canceled our North American Heimattag this year, here's your chance to enjoy some traditional Transylvanian Saxon songs and dance!

Until next time....

Can't wait for the
postal delivery
of your Volksblatt?



Current and back issues
can be read on the ATS Website
www.atsaxons.com



Convention

Saturday June 12, 2021

10:30 AM

Salem Saxon Club

Luncheon will follow

RSVP: Glenn Spack

(330) 332-8174

KEEP CALM,
WEAR A MASK,
AND GET
VACCINATED!



TIMELY - DO NOT DELAY
MAILED WEDNESDAY, MAY 12, 2021

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597

Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsen to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donation to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5393 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name _____
Address _____
City _____ State _____
Zipcode _____

Amount Donated \$ _____

Please indicate if donation is in memory
or honor of someone



8 tips to save on energy this summer

1. Seal it up. Insulate the attic; stop air leaks; install energy efficient windows when it’s time to buy new ones.
2. Plant trees. Carefully positioned trees can save up to 25 percent of a household’s energy consumption. Plant them so they shade the house.
3. Circulate air with a ceiling fan. They are especially effective in large rooms, common areas and upstairs bedrooms.
4. Use a digital thermostat. Set it so the house is not as cool during times of the day when no one is at home. It will work automatically and save time and money.
5. Cook with care. Cook outside on the grill to keep the heat outdoors. Don’t use your oven on hot days. Cook with the microwave more often.
6. Unplug the second refrigerator. It could be costing you \$200 or \$300 a year, especially if it’s an old one.
7. Fix hot-water drips. A single dripping hot water faucet can waste 212 gallons of water per month. Fixing the drip saves the cost of heating water.
8. Light for less. Use compact florescent light bulbs in your most-used lighting fixtures.

Genetics may affect anti-clot med

Variants of a gene called CYP2C19 affect how well a person converts clopidogrel (Plavix) to its active anti-clotting form in the body, according to Harvard Health.

About 30 percent of people poorly metabolize the anti-clotting drug, leaving them at higher risk for blood clots. People with this genetic variant could take alternative anti-clotting drugs, such as Effient or Brilinta.

Trees of Heaven in the region. The little hopping fly secretes copious quantities of a sweet substance called honeydew, and especially on its preferred Tree of Heaven. Meanwhile, honeybees searching for food in the fall find honeydew in abundance So Pennsylvania beekeepers are finding a strange new honey: Thicker, darker, deep reddish brown, with a smoky aroma and flavor. One keeper told Atlas Obscura that the honey smelled like Maple bacon. The resulting honey did not match honey from flowers, clover or dandelions. One honey taster said it had a figgy flavor with notes of caramel. The honeydew honey is now being sold as Doom Bloom. Reaction from chefs and customers are have been positive. But in Berks County, the order is still to wage war on the lanternfly, which is an evildoer -- its sweet ways notwithstanding.

Bugs make trouble; bees make honey

In 2014, the pretty spotted lanternfly hitchhiked its way to Pennsylvania aboard a shipment of stone leaving China and ended up an unwanted and messy guest in Berks County, just outside Philadelphia. It has now invaded other states throughout the east coast and headed westward into Virginia and Ohio. For the lanternfly, hitchhiking wasn’t a bad personal choice. Nothing in North America eats the lanternfly and there are no natural pathogens in North America, so it has dined and thrived on sap from 70 different species of plants, from grapevines to maple trees. In the process, it makes them wither and mold, causing more than \$43 million in damage in Pennsylvania alone. It mostly prefers Ailanthus altissima, or the Tree of Heaven, which is a hardy, fast-growing, vegetation-killing deciduous tree, itself an import from China. And, it just so happens there are

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SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON.

You may either

MAIL: 29076 Fall River Dr
Westlake OH 44145
E-MAIL: saxonvolksblatt@aol.com

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, MAY 19, 2021	FRIDAY, MAY 28, 2021
WEDNESDAY, JUNE 2, 2021	FRIDAY, JUNE 11, 2021
WEDNESDAY, JUNE 16, 2021	FRIDAY, JUNE 25, 2021

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 Noon?
Please call Hanz Hermann at (440) 525-0020



July 10th
Sylvan Heights
Golf Course

Golf Outing
and Dinner
\$65 / Person

8 AM
Shotgun Start

Dinner to be
Served at the
Golf Course

July 10, 2021

— All proceeds benefit The Eintracht Singing Society —

Joe Kraus Memorial Golf Scramble Golf and Dinner

4 man, best ball scramble. Refreshments
available, lunch at the turn,
hole prizes and skins.

Joe Kraus Memorial Golf Scramble
July 10, 2021
Sylvan Heights Golf Course
2661 Ellwood Rd, New Castle PA 16101

SHOTGUN START AT 8 AM

PLEASE ARRIVE 45 MINUTES AHEAD OF TIME TO CHECK IN

\$65/Person - Includes golf, prizes, refreshments,
lunch and dinner afterwards at the golf course

All proceeds benefit The Eintracht Singing Society

CONTEST TO INCLUDE:

1st, 2nd, and 3rd place winners

Shortest drive, longest drive, skins, 50/50 also available mulligans

Player 1 : _____ Phone: _____
Player 2 : _____ Phone: _____
Player 3 : _____ Phone: _____
Player 4: _____ Phone: _____

Teams must be registered
and payment made by JULY 1, 2021

Questions may be directed to:

Hans Kraus: 724-651-0806 or Rose Montini: 724-674-9327

Forms, along with money, can be dropped off at the

Eintracht Singing Society Club

108 Taylor St, New Castle PA 16101

Checks are to be made out to: "Eintracht Singing Society"

GOLD SPONSORS \$100.00 _____

SILVER SPONSORS \$50.00 _____

ATTENTION: Members Cleveland East Branch 33 2021-2022 Application for Scholarship/Reimbursement College Expenses

Branch 33 members who are newly entering or continuing college (undergraduate studies only) are invited to apply for a Freshman (\$1,000) or Sophomore/Junior/Senior (\$500) scholarship for the 2020-2021 academic year. IT IS THE MEMBER'S RESPONSIBILITY to call or write to REQUEST an application. **DEADLINE IS May 30, 2021.**

Here are the eligibility requirements, i.e. the RULES.

1. At least one parent or guardian or grandparent of the applicant must be a member in good standing of ATS Branch 33 for the past two (2) years.
2. Scholarship applicants must be a member in good standing of ATS Branch 33 for the past two (2) years, having transferred from Junior/Juvenile status to Active/Adult i.e. local dues paying status.
3. Freshman: High School accumulative GPA minimum 2.0
4. Upperclassman: College accumulative GPA minimum 2.5

Branch 33 members attending college for undergraduate studies can request an application by mailing in the form below or via e-mail to Karyn Schmidt at mbks26@gmail.com. Questions call Karyn at (216) 382-7397

Application Request for Branch 33 College Scholarship/Reimbursement

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Phone: () _____

College/University: _____

Year: circle one Freshman Sophomore Junior Senior

Parent/Guardian/Grandparent

Name: _____

DEADLINE IS May 30, 2021:

Mail to: Karyn Schmidt
4979 Anderson Road, Lyndhurst OH 44124

Salem Saxon Scholarships

Scholarship applications are now available to area high school seniors from the Salem Saxon Scholarship Fund. Applications may be picked up in the school guidance counselors' offices at Salem High School, West Branch High School, and United Local High School. Applicants must have at least a 3.2 cumulative grade point average and plan to attend or be

enrolled in a post high school educational program in the fall of 2021. The completed scholarship applications and required attachments are due no later than June 1. The trustees of the scholarship fund are Sam McKinney, Art Maroscher, Marcia Spack, Barbara Spack and Geoff Goll, legal counsel. Questions can be referred to Barbara Spack at 330-501-1491.



Congratulations 2021 Graduates!

INVITE

your relatives and friends to
join the crowd at ATS.
Tell them about our fraternal society!

FRATERNAL CALENDAR

BRANCH 10, COLUMBUS
By Donald Blum

NATIONAL EVENTS

June 12, 2021
TSBA Convention
Host: Salem Saxon Club
May 22-23, 2022
ATS Convention
Host: Cleveland East Br. 33
Cleveland Marriott East Hotel, Beachwood OH

LOCAL EVENTS

July 18, 2021
Chicago Br. 9 Picnic Lynn Woods, Morton Grove IL
July 24, 2021
Cleveland East Br. 33 Captains Baseball Game
July 25, 2021
Youngstown Br. 30 Saxon Day
August 8, 2021
Cleveland East Br. 33 Annual Picnic, Penitentiary Glen
August 15, 2021
Lorain Br. 5 Picnic, Lakeview Park

ATS Masks for Sale



The ATS has face masks for sale.
ATS Secretary, Monica Gilles, modeled
the mask while working at the ATS Office.

Masks are \$5.00 each. Send checks payable to

ATS Home Office
5393 Pearl Road
Cleveland, OH 44129

LIFE OF
MARTIN LUTHER

One of the members of our Saxon Club Facebook Group, Rick Fleischer, got me interested in Martin Luther by posting the topic of ‘Luther, a new free online course’ by Dallas Theological Seminary. Also, I used a reference of Martin Luther from ‘Encyclopedia of World Biography’, in summarizing some points of Martin Luther’s life. Additionally, I thought it would be interesting to share the story of Martin Luther as his teachings and doctrines would shape religious history for Germans, Saxons and the entire world. This will be a series of stories and this is PART 3.

After his return to Germany, Martin questions even more about the Catholic Church. Martin shares his concerns and thoughts with his Father Confessor. His Father Confessor doesn’t know what to do with Martin’s changing attitude toward the church, so he sends him to Wittenberg to study. Martin plunges into Bible studies with professor Johann von Staupiz at the university. Martin as usual excels and receives his PhD in Theology.

After Martin earns his PhD in Theology, Johann von Staupiz decides he is going to step down as the professor of Bible at Wittenberg. He does this so he can give his job to Luther. Luther’s job is to give lectures on the Bible.

So Luther begins writing. As he begins writing on the Bible he comes to ‘Psalms 22:1, “My God, My God, Why have you forsaken Me? Why are you so far from saving me, from the words of my groaning?” Luther is very disturbed by this passage. Luther says, “I know why I was forsaken, but why was he?” “ He says he was a pure innocent Lamb of God. It was for me he was forsaken.” As he was lecturing on Romans 1:17 it reads, “For in it the righteousness of God is revealed from faith for faith, as it is written ‘The righteous shall live by faith.’” This becomes a turning point in Luther’s beliefs and thinking.

To put this in context of why Luther’s thinking changed, you have to look at what Luther experienced and saw. While at Rome, Luther witnesses this unbelievable building of St. Peter’s Basilica by the Pope (Michelangelo is the architect but does not participate in the construction). In order to build this wonderful place of worship the Pope needs money. So how does he do this? Rome decides they will finance the building by selling indulgences. This is a special dispensation of forgiveness. In other words, you can buy forgiveness for past sins, and even buy forgiveness for sins you have not even committed. More or less a get of get out jail card in advance of committing a sin. It would give a person the ability to knowingly commit a sin and know that you would be forgiven in advance of committing the sin. This is such a novel idea. So the Pope sends out indulgence preachers to preach, collect money and forgives sins of the past and future.

One of these preachers was Johann Tetzel, who would later become an adversary and debater with Luther. These preachers would prey on the conscience of people. They would basically say would you not pay for an indulgence for your mother who is in purgatory, basically shaming people to buy indulgences.

Luther was not against penance; in fact he thought it was a good idea. He thought people should perform penance for their sins. He thought this was good to show an outward contrition for inward heart change. Luther objected to the fact that basically there was no

inward heart change if you knew in advance for a sin that you would be committing in the future.

How the nailing of the 95 Theses occurred.

There is much debate and conjecture as to what really happened. Luther, himself, never makes mention of nailing the 95 Theses to the church door at Wittenberg. It was a commonplace procedure to paste notices to the door of the church. Whether it was nailed, pasted or just presented in some other fashion is not of importance in the entire matter of the 95 Theses. Someone took down the theses and translated it into German.

Upon translation, the 95 Theses caused quite a commotion. The 95 Theses was not an attack on the Catholic Church; it was an attack on the indulgence system. It was not really an attack on the indulgence system but how it was abused. Luther would write, “Christians are to be taught if the pope knew that the actions of the indulgence preachers, that he would prefer that the St. Peter Basilica would be burned to ashes rather than know that the basilica was built with the skin, flesh and bones of his sheep.”

Again, the point is that Luther is not challenging the pope, the church or the indulgence system, the 95 Theses are questioning the way the indulgence system is being administered by the indulgence preachers. He is not advocating the overthrow of the church. His intentions were to bring attention to what he felt was an abuse of the indulgence system. What was he hoping to gain from the 95 Theses? Luther intended to have a chance to openly discuss/debate the mechanics of the indulgence system. He wants to have an intellectual discussion of clerical abuses, but it becomes so much bigger.

Luther gets his chance to be heard. This is just what he wants. He gets three debates. Does he slay/destroy his debaters? That is what we will find out in our Part 4 of The Life of Luther.

MONTHLY MEETING

We were extremely excited to be able to have our first monthly meeting since February of 2020. We enjoyed the opportunity to gather and enjoy each other’s company. We will again be back into our normal meeting routine.

Special mention and in consideration of the health of all Saxons attending the meeting, we need to have everyone vaccinated or quarantined and wearing a mask

Continued on Page 5



The Alliance of Transylvanian Saxons is looking for members to share their family’s personal story of life in Transylvania and their journey to America.

The ATS is hoping to gather enough stories that we can publish a book that will be valuable to future generations on learning from personal memoirs on how our Saxons lived in Transylvania and their travels from their homeland.

Individuals submitting their stories can also include photos.

Submit your story to the ATS Home Office, 5393 Pearl Road, Cleveland, Ohio 44129. Include your full name, phone number, email and local Branch No.

We hope that we can collect enough stories within the year that we can publish a book of Transylvanian Saxon Memoirs.

Deadline for submission is June 30th.

CHURCHES



St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.or

10:00 Bilingual Service

Nursery

Coffee following service

Senior Circle

Sunday School

Church Choir

Bell Choir

St. John's Lutheran Church

1000 Ford Road
Highland Hts., Ohio
(440) 449-1334

**Rev. Barbara Holzhauser
Pastor**

10:00 Worship Service

Anna R. Bloch † 1920 - 2021

Anna R. Bloch ended her earthly journey peacefully on April 20, 2021 with loved ones by her side. She was born July 25, 1920 in Henndorf, Romania to John and Theresa Rochus. In 1923, her family emigrated to the United States through Ellis Island and settled in Canton, Ohio. Anna was extremely proud of her Transylvanian Saxon heritage and always belonged to an association for its preservation. She revisited her Transylvanian roots on a trip in 1998, and the memories were bittersweet. Anna was a registered nurse and worked in Washington state, Ohio, and New York. In 1940 she met her love, Michael Frederick Bloch. In 1942 she traveled to Bremerton, Washington where he was stationed with the Navy, and they were married in the Puget Sound Navy Chapel. They were married for nearly 73 years before his death in 2015.

Wherever they lived, Anna was active in their church and the schools their children attended. In North Tarrytown, New York she played golf at



Anna R. Bloch

Sleepy Hollow Country Club, volunteered at the hospital, belonged to a bowling league, and enjoyed curling with the Westchester Wicks. When Tarrytown celebrated their bicentennial, she was instrumental in the creation of a commemorative postage stamp of the headless horseman, the legend of Sleepy Hollow. She embodied the stylish, smart and witty mid-century suburban woman.

In 1983 she and Michael retired to DeLand, Florida where Anna continued to play golf at DeLand Country Club, belonged to the Stitch and Bitch craft group, made

banners for the church, and enjoyed gardening and working in the yard.

She loved to travel, and with her family and friends she traveled the world taking notes every day of every trip. She was devoted to her family and loved unconditionally, extending her kindness and generosity to animals of all shapes and sizes. At one time she fed a family of 16 raccoons from her kitchen door. Always fun loving, Anna kept her smile, and sense of humor until her death. She was a firm believer in bacon for breakfast every day. She will be dearly missed by many.

She is survived by her children, Michael, Jr. (Janet) of New Milford, Connecticut, Nancy Grant (Russell) of DeLand, Florida, Granddaughter, Lindsay Grant (Maggie Martinez) of Lake Worth, Florida, nephews John Rochus of Canton, Ohio, and Timothy Bloch of California.

A Celebration of Life was held at Emmaus Lutheran Church on May 1st. The family suggests a donation in her name to Emmaus Lutheran Church 2500 South Volusia Avenue, Orange City, FL 32129.



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Nancy Raymer

Age 89

Died: April 13, 2021

Branch 30, Youngstown, OH

Katherine Bloos

Age 94

Died: May 4, 2021

Branch 32, Ellwood City, PA

One change is a blessing for arthritis sufferers

There's one thing COVID-19 did for arthritis sufferers that has been a constant blessing: No more hand-shaking.



When you suffer from aching fingers and joints, a handshake is the worst possible way to be introduced. People want to offer a firm handshake, which turns a happy greeting into a nightmare for some.

Handshakes might come back into fashion, but they just may remain optional, especially for older people. From now on, we never have to feel bad about not accepting a handshake and we don't even need to explain it. Just keep your hands away and say, "I prefer the elbow bump."

Another way to avoid a handshake is to respond to an outstretched hand with your palm down. This courtly gesture is usually (but not always) responded to more gently. With your hand down, the other person tends to cup their hand under yours, rather than giving a punishing joint squeeze.

You can also take the initiative, by gently enclosing the other person's hand between both of yours. Or by going past the outstretched hand and shaking the wrist. This also forces the other person to shake the wrist.

BRANCH 10 Cont'd from Page 4

until advised otherwise about changes in protocol.

HICKORY HOUSE

550 Offcenter Place
Gahanna, Ohio 43230
Monday, May 17-2021
Time 12:00 noon

Our meetings are the Third (3rd) Monday of the month.

Remember to bring a canned good item or other food item.

FACEBOOK PAGE

Alliance of Transylvanian Saxons, Columbus Branch 10

We will continue to modify and improve the Facebook page as needed. You are invited to join our Facebook group and share your Saxon history or just enjoy what others post. If you are interested in becoming part of the Facebook group you can request an invitation or send me your email address (donaldbclum@prodigy.net), and we will set you up.

We are happy to say, we continue to add Saxon/German heritage individuals to the Facebook Group. Some of the members include people from all over the US, Canada and Europe. We encourage you to spread the word about our group. We now have 117 Facebook members. Willkommen!

HUMOR

I'm just back from Kroger.

I have to tell you this story. I was behind a grandfather and his badly behaved grandson. He has his hands full with the child screaming for sweets, biscuits, and all sorts of things.

The granddad is saying in a controlled voice: "Easy, William, we won't be long... easy boy." Another outburst and I heard the granddad calmly say: "It's okay William. Just a couple more minutes and we'll be out of here. Hang in there, boy." At the checkout the little horror is throwing items out of the grocery cart. Granddad says again in a controlled voice: "William, William, relax buddy, don't get upset. We'll be home in five minutes, stay cool William."

Well, I was really impressed, so I went outside to where the grandfather is loading his groceries and the boy into the car. I said to the Granddad "It's none of my business, but you were amazing in there. I don't know how you did it. That whole time you kept your composure, and no matter how loud and disruptive he got, you just calmly kept saying things would be okay. William is very lucky to have you as his granddad."

"Thanks," said the Granddad. "But I am William. The little brat's name is Kevin."

Skin Cancer Awareness Month: Learn to perform a self-check

May is Skin Cancer Awareness Month, and it's a great time to start or continue good skin health habits to protect yourself against skin cancer. According to the Skin Cancer Foundation, more than 9,500 people are diagnosed with skin cancer every day. This adds up to at least one in five Americans developing cancer by the age of 70.

Skin cancer is the most commonly diagnosed cancer in the U.S. More Americans are diagnosed with skin cancer each year than all other cancers combined.

Prevention

Sun protection is a great and easy way to reduce your risk of developing skin cancer. According to the American Academy of Dermatology (AAD), everyone should take the following steps to protect themselves from the sun's damaging rays:

- Seek shade when appropriate. The sun's rays are strongest between 10 a.m. and 2 p.m.

- Wear clothing with built-in sun protection, such as long-sleeved shirts, pants,

hats and sunglasses. Look for clothing with a UPF label.

- Wear broad spectrum sunscreen of at least SPF 30 or higher, even on cloudy days. Most adults need about an ounce, enough to fill a shot glass. Reapply about every two hours.

- Never use tanning beds.
- Use extra caution near water, snow and sand.

What to look for

The AAD also encourages regular skin checks. Brigham Health Hub recommends self-skin checks using the ABCDE rule:

A: Asymmetry (the two halves look different).

B: Borders (irregular or poorly defined edges).

C: Color (dark black or multiple colors).

D: Diameter of greater than six millimeters, or about the size of a pencil eraser.

E: Evolving size, shape or color.

If you see any suspicious spots, talk to your doctor right away. See a dermatologist regularly for preventative skin checks.

Henndorf / Brădeni



The entrance of today’s church that was probably built in the 15th century from the remains of an older church, is located higher than it was initially. The floor of the nave was also raised by 2m, due to the repeated floods caused by a water stream which flows close to the fortification and which has brought over 3m of alluvial deposit over time, both inside the fortification and around it. The defence story comprises a first level built with stone, above which a second wooden level was raised and endowed with a parapet walk on buttresses and wooden consoles.

The circular palisade that defended the church for 200 years was replaced in the 16th century by a fortified wall with defence towers.

Inside the church there is a fountain from which villagers and tourists can obtain clean drinking water.

Place and surroundings

There is a remote historical mystery flowing along with the water of Hârtibaciu river passing by Brădeni: the enigma of the more than 300 Saxon chests that secretly doze in the attic of the fortified church. Although these medieval chests hide neither gold nor other treasures in their wooden wombs, they are considered to be unique historical assets in Europe. Their age and origin cannot be precisely determined. They are adorned with mysterious paintings of fantastic beings, the style being possible to assign to a particular epoch. Students of the course of study „Architecture, Engineering and Conservation” of the University of



Applied Sciences and Arts in Hildesheim, Germany thoroughly researched and analysed the chests within the frame of a conservation project. Visitors can find out more about the work of the students as well as the history of the chests thanks to very informative boards boasted in the fortification. This discovery is not the only peculiarity of the place. Long time ago it used to live here an earl named Kirr and his castle had a tunnel that led to the church. The end of the tunnel is still in place today. The earl is said to have buried a treasure, a clucking hen with gold-made chicken, right in the place where the shadow of the top of the church fell at noon. Nevertheless the Saxon name of the village can be translated as “The Hen’s Village” and the treasure couldn’t be found up to now.



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Raw zucchini salad: Fresh and easy for warm spring days

Zucchini is a low-calorie vegetable that packs a huge nutritional punch with vitamins, minerals and antioxidants, and its mild flavor makes it a versatile ingredient for a wide variety of dishes. This raw zucchini salad is quick to assemble and packs a ton of flavor -- a perfect side dish for your Memorial Day cookout. Bulk it up with toasted pine nuts or cashews, or personalize it with your favorite fresh herbs. Make sure to use smaller zucchini -- larger squash tend to have a looser texture and more seeds. You can also experiment with dressings -- add some extra dijon mustard to your vinaigrette, or try different types of vinegar instead of lemon juice, like champagne vinegar or mirin. Top with basil, parsley, cilantro -- whatever you like!

Lemon vinaigrette:

- 1/4 cup fresh lemon juice
- 1 grated garlic clove
- 1 teaspoon dijon mustard
- 1/4 teaspoon sea salt or more to taste

- Fresh black pepper to taste
- 1/2 teaspoon honey or maple syrup (optional/ to taste)

- 1/4 to 1/3 cup extra-virgin olive oil
- 1/2 teaspoon fresh or dried thyme (optional)
- For the salad:
- 3 small zucchini
- 1 tablespoon chopped chives
- Handful of basil
- Grated parmesan or crumbled feta cheese (optional)
- Sea salt and black pepper to taste

To make the vinaigrette, whisk together the lemon juice, garlic, dijon mustard, salt, pepper and honey or maple syrup. Slowly drizzle in the oil while whisking quickly to emulsify the mixture. Add thyme if desired. To prep the salad, use a vegetable peeler, sharp knife or mandoline slicer to slice zucchini in long, thin strips (or whatever shape you desire) and arrange on a plate. Drizzle with dressing, then top with chives, basil, other fresh herbs as desired, cheese as desired and salt and pepper to taste. Serve immediately.

“Soup of the day? Mumbo Jumbo Gumbo.”



Choruses

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SACHSENCHOR

Rehearsal:

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NEW CASTLE, SECTION 6

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Siebenbuerger Club

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Cultural Groups

CLEVELAND SAXON

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6:30 p.m Children

7:30 pm Adults

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SAXON CULTURE GROUP

Meets: 2nd Sunday of Month

Youngstown Saxon Club

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(March - December)

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Youngstown, OH 44509

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SECRETARY

Rosemary Dundon

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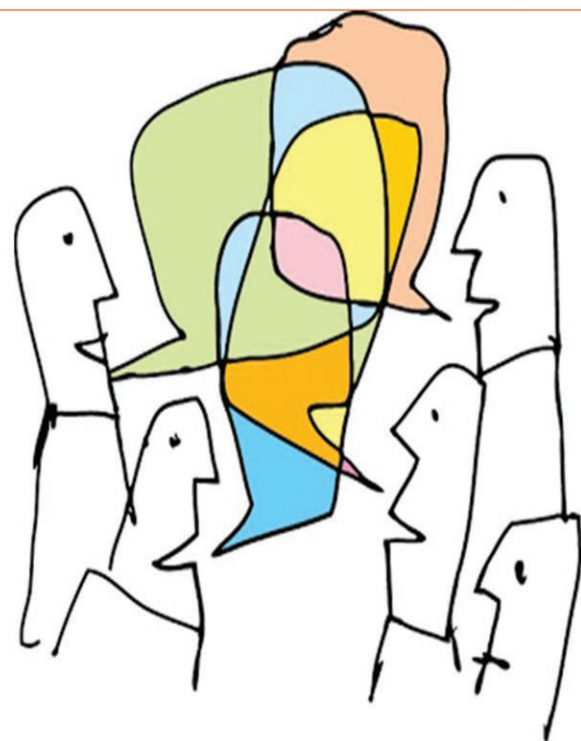
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