



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5393 Pearl Road
Cleveland, Ohio 44129-1597
Tel: (440) 842-8442

ATS Founded in 1902

July 24, 2020

Issue 16

Meet your newest ATS Trustee Michael Bachinger

Michael Bachinger, the newest ATS Trustee, is from Branch 30, Youngstown, Ohio. He has served his local branch for 45 years. He is currently the Treasurer. Past positions include Vice President, Secretary and ATS Deputy. He has been a member of the Youngstown Saxon Culture Group since it started and has attended and helped plan several Heimattags. As a member of the Culture Group, he has represented the USA multiple times in Canada, Germany, Austria, and Transylvania.

Mike is a graduate of Austintown Fitch High School. He attended Youngstown State University. Mike recently retired from the US Postal Service after 40 years of service. He started as a letter carrier, then served as a Supervisor, Manager in Customer Service, Labor Relations, and Human Relations. Mike's community service includes being a member of the Youngstown Neighborhood Development Corporation and the Youngstown Housing Task Force. He also plays and sings with various German music groups when needed.



Michael Bachinger

Mike has stated *"I have been a life-time member of the ATS and am devoted to maintaining the Transylvanian Saxon heritage throughout our organization for years to come. This common bond makes our organization stronger."*

Welcome to the ATS Board of Directors!



Essay Contest for All Ages

Why my Cultural Heritage is Important to me

Rules:

1. All ATS members are eligible.
2. There are three Age Groups for judging:
Ages 12 & under
Ages 13—19
Ages 20 & Up
3. Essay length not to exceed 200 words
4. Essay must be submitted to ATS Home Office by August 30, 2020
5. Submissions must include name, address, age and Local Branch Number.

Awards:

Prizes will be awarded to top three winners in each age group:
1st Place \$100
2nd Place \$50
3rd Place \$25

We will publish essays in the Volksblatt and display them at the 2021 Heimattag.

Deadline for essays
August 30, 2020.

Essay to be sent to the
ATS Home Office,
5393 Pearl Road, Cleveland OH 44129.



KEEP CALM
AND
STAY SAFE!

PRESIDENT'S MESSAGE

By Denise Aeling
Crawford

ATS Nat'l President



I had the pleasure of attending the 63rd Annual Transylvanian Saxon Bowlers Association (TSBA) Convention on Saturday, July 11th. TSBA President Glenn Spack did a fantastic job leading the meeting. There was lots of discussion about what to do with the upcoming TSBA season amid the pandemic. Sadly, the delegates voted to cancel the 2020 – 2021 TSBA Season. The choice was the right one. The future is too uncertain. Bowling alleys that are open today, could be closed on a day's notice. We would have bowlers crossing over state lines, and then possibly needing to quarantine. We need to protect our members. If the pandemic ends in the coming months, then the TSBA may look at scheduling some sessions. But for now, it's cancelled. The Delegates did vote to hold a TSBA Team Tournament in the spring. It is tentatively scheduled for Sunday, March 7, 2021, hosted by the Youngstown bowlers. Of course, this is subject to change, dependent entirely on the pandemic. During the meeting, I had the honor of installing the 2020-2021 TSBA officers to their offices. All of last year's officers retained their positions. I thank you all for your willingness to serve for the upcoming year.

Speaking of bowling, the ATS is asking for a couple of volunteers to serve on our ATS Open Bowling Tournament Advisory Board. The ATS Open Bowling Tournament is generally held in October. Anyone that is an ATS member can bowl at this event. You don't have to be a TSBA league member. The Advisory Board needs to help make some decisions for this year's tournament, as well as future tournaments. Please contact me at the ATS Home Office if you are interested.

The ATS is looking for some bids for next year's events. First, we are looking for a Branch to host the 2021 Branch Presidents' Meeting. This is a one-day affair, in the off-years of our Convention. It is generally held in mid-May, but doesn't have to be. If a Branch is having an event that evening, most of the Presidents will stay for your evening. Second, the ATS is accepting bids for the 2021 ATS Golf Outing. This is an event that any Branch can host. You don't need a clubhouse to host this event, as long as you have a golf course in your area. Contact the ATS Home Office if you are interested in hosting either of these events next year.

Continued on Page 2

TIMELY - DO NOT DELAY
MAILED WEDNESDAY, JULY 22, 2020

Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597

BRANCH 10, COLUMBUS
By Donald Blum

MONTHLY MEETING

Unfortunately, due to the spike in Covid-19 cases we were unable to have our monthly meeting. We will advise of future meetings through our member calls.

CELEBRATIONS

Sophie Untch will be celebrating a Birthday on August 6th. Please join us in wishing Sophie a very special and Happy Birthday. We wish you many, many more Happy Birthdays.

Mike and Debbie Roth will be celebrating their 47th Anniversary on August 25th. Please join us in wishing Debbie and Mike a very Happy Anniversary. We wish you many, many more Happy Anniversaries.

MEMBERS

Jill Blum will be having Achilles surgery on August 23rd. Our prayers go out to Jill and we wish her a speedy recovery.

If there is a member, family member or or anyone else that needs to receive a get well, thinking of you or best wishes, please contact me so that I can send them a card. Do so by contacting me as follows:

Don Blum

614-580-8616-leave a message or text

donaldcblum@prodigy.net-send an email

Thanks!

FACEBOOK PAGE

Alliance of Transylvanian Saxons, Columbus Branch 10

We will continue to modify and improve the Facebook page as needed. You are invited to join our Facebook group and share your Saxon history or just enjoy what others post. If you are interested in becoming part of the Facebook group you can request an invitation or

send me your email address (donaldcblum@prodigy.net), and we will set you up.

We are happy to say, we continue to add Saxon/German heritage individuals to the Facebook Group. Some of the new members include people from Europe. We encourage you to spread the word about our group.

**TRANSYLVANIAN
TRADITIONAL
BREAD-MAKING**



Many of the rural communities in Transylvania still have their own room dedicated to making bread (in Romanian "paine"). This room is very simple and consists of a small space, where the woman works on the dough (which lays in a pretty big receptacle and an oven in which can fit 10 to 12 breads and (according to the owner's taste) some pies (filled with cabbage, cheese, or herbs). First the dough should be worked on, for about 1 hour until it is ready to be left to yeast. Most bread comes from wheat; very few do it from corn. An important aspect is the one concerning the yeast, as it is procured from the previous bread-production. So, the process of making new bread feels like an endless circle, tracing back to a bread production dating back many years

ago! After the dough has been worked enough by the woman, she lets it rest for approximately 2 hours, so it can grow and be ready to become bread, in its raw form. Then, the woman shapes the dough into bread and puts it into the oven. It has been always funny to observe that the embers, glowing with fire, are taken out of the oven with a wooden shovel! After another 40-50 minutes of patient waiting, the bread is ready! Up to 10 breads can feed a family of 4 for around 10 days. The best moment to

feel the taste of a real bread is just few minutes AFTER it has been taken out of the oven: warm, crunchy on the outside, and soft in the inside, it makes your mouth melt with pleasure. So that is how grand parents, great grand parents did it years ago and some still today.

HUMOR

One year, I decided to buy my mother-in-law a cemetery plot as a Christmas gift...

The next year, I didn't buy her a gift.

When she asked me why, I replied,

"Well, you still haven't used the gift I bought you last year!"

And that's how the fight started.

CONCLUSION

In these difficult times, it's important for us to think about the Blessings we have in the love of our family and friends. Cherish the memories and remember that we are fortunate to have each other.

God Bless and be safe.



WEAR A MASK!

Alliance of Transylvanian Saxons

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SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES
IS WEDNESDAY - 12 NOON.

You may either

MAIL: 29076 Fall River Dr
Westlake OH 44145

E-MAIL: saxonvolksblatt@aol.com

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, JULY 29, 2020	FRIDAY, AUGUST 7, 2020
WEDNESDAY, AUGUST 12, 2020	FRIDAY, AUGUST 21, 2020
WEDNESDAY, AUGUST 26, 2020	FRIDAY, SEPTEMBER 4, 2020

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 Noon?

Please call Hanz Hermann at (440) 525-0020

PRESIDENT'S MESSAGE Cont'd from Page 1

Entries are starting to come in for the ATS Essay Contest and Saxon Memoirs. Please keep them coming!

Do you know who the beneficiary of your Life Insurance policy or your Annuity is? Has there been a divorce and your ex-spouse is still on your policy? Has there been a death of a loved one and they were your beneficiary? Do you still have your parents listed and your children are now grown and should be listed? Please take some time to look at your policy to determine if these are up to date. If you cannot find your policy, call the ATS Home Office and we can tell you who is listed on your policy or contract. The office will be glad to send out a change form for you to complete and return to us.

Until next time....

CHURCHES



St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.or

10:00 Bilingual Service

Nursery

Coffee following service

Senior Circle

Sunday School

Church Choir

Bell Choir

St. John's Lutheran Church

1000 Ford Road
Highland Hts., Ohio
(440) 449-1334

**Rev. Paul Stork
Pastor**

10:00 Worship Service

Riddle Rattle

How could a baseball team get 45 hits without a man scoring?

It was a girls' team.

What kind of boats should always be docked in a straight line?

Row boats.

What did the big fire-cracker say to the little fire-cracker?

"My pop's bigger than your pop."

What's the best thing to order when there's gravy on the menu?

A new menu.

What will always make ma mad?

Adding the letter d.

How come some doctors get all the breaks?

They're orthopedists.

Why did the farmer plant sugar cubes?

He wanted to raise cane.

Why are gypsies never angry?

They're no-mads.

New deal lowers insulin prices for seniors on Medicare

Seniors on Medicare plans will pay no more than \$35 a month for insulin, thanks to a new agreement between insurance and drug companies and the administration of President Trump.

Insulin co-pays are now capped at \$35 for enrollees in more than 1750 Medicare Part D drug plans. The new plan is called Part D Senior Savings Model.

The voluntary new benefit will be available to seniors in all 50 states, Washington, D.C., and Puerto Rico during open enrollment beginning Oct. 15.

The new insulin costs represent a discount of more than 65 percent on a wide variety of insulin formulations, including short, long, and rapid acting insulins.

The Centers of Medicare and Medicaid Services (CMS) estimates that each participant will save an average of \$446 annually.

Meanwhile, even the federal government will be saving money. CMS projects a \$250 million savings over five years because manufacturers will pay coverage gap discounts.

CMS Administrator Seema Verma said that the "Part D Senior Savings Model provides an innovative market-driven approach that removes barriers to lower insulin costs. We call on health insurance plans and prescription drug manufacturers to take action and provide relief for America's seniors who take insulin."

For seniors on Medicare, CMS will soon send information as to which plans are participating in the insulin program as part of Open Enrollment.

BRANCH 5, LORAIN

By Michael Johnson

Another Lorain Saxon to be remembered, Elmer P. Schneider, passed away on July 3, 2020, just less than one month after celebrating his 98th birthday. On behalf of our members, we extend our condolences to all the family as they go through this sad time of departure. Brother Schneider was our trustee for the ATS National Lodge, served as deputy, and past secretary/treasurer of Branch 5 men's lodge before we merged with the ladies of Branch 11. He for many years, ever since I could read, was the writer for this column. I remember the day that he entrusted this responsibility to me. Since my mother, sister Elaine Johnson, was his niece, I knew "Uncle Elmer" mostly from family picnics and club activities. Horse shoes was his game. If you had brother Elmer on your team, you most assuredly were going to win even if your shoe never hit the pin. I can still remember the picnics at the Saxon Club picnic grounds watching the master toss ringer after ringer, never that I could remember ever being beaten! We love you and may you Rest in Peace.

We will not be having a meeting this month but stay tuned to the next issue for a final announcement for this year's Branch 5 picnic being planned for August 16th at Lakeview Park, depending on whether the park system



Elmer P. Schneider

will allow small group gatherings in their pavilion.

It's been brought to my attention that some on the sick list were disappointed that I made no mention of them by name in this column. Given an individual's right to privacy concerning their health, I hesitate to announce through this publication their ailment unless given the permission to do so. In the future if you wish to let others know your condition and invite encouraging phone calls or cards during your recovery, please let our Sick Committee chairperson Sister Janie Mowery (440-246-3004) know this when applying for sick benefits.

Congratulations to our Graduating Class of 2020, Branch 5 junior members, who applied and were selected as ATS scholastic scholarship winners! Andrew Brown, Dalton Cantrell, Ra-



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Martha G. Mandich

Age 64

Died: May 12, 2020

Branch 26, Merrillville IN

Evelyn R. Lingner

Age 85

Died: June 22, 2020

Branch 7, Farrell PA

Elmer P. Schneider

Age 98

Died: July 3, 2020

Branch 5, Lorain OH

Leona K. Wolfe

Age 90

Died: July 7, 2020

Branch 2, Erie PA

chel Gibson, Braedon Gilles, and Castle Weber. Having read each of your impressive bios in the recent edition of the Volksblatt, we extend our words of encouragement to you as you continue your education and pursue your goals and dreams.

Until next time, be safe and enjoy the summer as best you can.



The Alliance of Transylvanian Saxons is looking for members to share their family's personal story of life in Transylvania and their journey to America.

The ATS is hoping to gather enough stories that we can publish a book that will be valuable to future generations on learning from personal memoirs on how our Saxons lived in Transylvania and their travels from their homeland.

Individuals submitting their stories can also include photos.

Submit your story to the ATS Home Office, 5393 Pearl Road, Cleveland, Ohio 44129. Include your full name, phone number, email and local Branch No.

We hope that we can collect enough stories within the year that we can publish a book of Transylvanian Saxon Memoirs.

FRATERNAL CALENDAR

NATIONAL EVENTS

October 10 - 11, 2020
ATS Open Bowling Tournament
Host Youngstown Saxon Bowlers

LOCAL EVENTS

August 15, 2020
Cleveland Br 1 Oktoberfest
August 16, 2020
Lorain Br 5 Picnic Lakeview Park
September 20, 2020
Cleveland Brs 1 and 4 Membership Banquet
October 17, 2020
Cleveland Saxon Dance Group Traubenfest
October 30, 2020
Cleveland Brs 1 and 4 Children’s Halloween Party
November 6, 2020
Chicago Br. 9 Siebenbürger Sachsen Stiftungsfest
November 8, 2020
Cleveland Brs 1 and 4 Veterans Day Dinner
November 21, 2020
Cleveland Br 1 Sausage Sale
December 12, 2020
Cleveland Brs 1 and 4 Children’s Christmas Party



INVEST YOUR SAVINGS IN AN ATS ANNUITY PLAN

Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsens to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donation to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5393 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name _____
Address _____
City _____ State _____
Zipcode _____

Amount Donated \$ _____

Please indicate if donation is in memory or honor of someone

Vaccine technologies:
Why a Covid vaccine will take months, not centuries

The smallpox virus raged among humans for 10,000 years before a leap of insight led to the vaccine that killed it forever. The insight took about 300 years to develop. Today, in the wake of the Covid crisis, drug companies throughout the world are experimenting with vaccines. One company, Moderna, took 42 days to create an experimental vaccine.

Why so fast? The most obvious reason is the research infrastructure: Laboratories, drug companies, medical systems -- systems we take for granted -- have never before been available on such a wide scale. Humans are in the era of science and technology. Still, of the seven known coronaviruses, there are no known human vaccines.

According to Johns Hopkins Senior Scholar Dr. Amesh A. Adalja, the key to the new rapid development of vaccines is new vaccine platform technologies. Writing in leapsmag.com, Adalja says these platforms use the same building blocks to make more than one vaccine. Using the basic platform, researchers are able to, in effect, switch out one targeted virus (or bacteria or other organism) like a person switches out a video game cartridge. One example of that is the ebola vaccine, which uses another virus as a platform with the ebola protein inserted.

A variety of different approaches are being used to create a Covid vaccine. Moderna is using an RNA approach. Inovio is using a DNA model in which genetic material is injected into the platform and human cells translate it into a viral protein. At that point the immune system makes antibodies.

Other approaches include nanoparticles (by Novavax), while other companies try to adapt an avian coronavirus vaccine.

According to Adalja, a coronavirus vaccine could possibly confer protection against other human coronaviruses, eliminating their use as a biological threat in the future. And, even curing the common cold.

Alma Vii / Almen



At the beginning of the 14th Century a small hall church was initially erected. In order to defeat the many attacks the chancel is heightened and provided with machicolis at the beginning of the 16th century. At the end of the same century, a wall boasting four defensive towers oriented towards the four cardinal points surround the church. The first floor of the bell tower was habitable, equipped with a smoke funnel. The second floor has small bays on every corner, each having three embrasures, a construction detail that can be found in Thuringia, Germany. Very interesting to visit is the gate tower, a massive structure on 5 levels, three of them equipped with defensive systems and a parapet walk on the highest level.

Place and surroundings

The origin and the meaning of the village name cannot be completely identified. However, it is assumed to originate in the old German word “almo”, which means elm or to derive from the Hungarian word for apple. In favour of the last one militates the usage of the meadows around and in Alma Vii for growing fruit trees. Uphill in the middle of the village stands the mighty, never conquered fortified church. It is said that Alma, the wife of the fortress’s guardian, is the one who first saw the threat of the Tartar army approaching and, to buy time for the villagers to escape, she put some rags on and soiled her face with jam and

soot, thus terrifying the pagan attackers. The village has funny stories as well: one day a young woman who also worked in Mediaş finds all her master’s geese lying breathless in the yard. She figures out that the only thing left to do is to pluck their feathers for later use, so she does it and then throws the naked bodies on the riverside. Unbelievably, the next day the featherless and indignant geese march haughtily, causing great rumour among the villagers. It was only later that the housemasters understood that the geese had eaten the sour cherries from the liqueur and became so drunk that they were believed to be dead. In order to avoid the goose bumps, each goose was dressed with a specially made gown, which certainly offered a pretty spectacular image.

Village Projects

The mighty fortified churches is enthroned above the small village characterized by its long tradition in agriculture, livestock breeding and craftsmanship. Since 2009 the Mihai Eminescu Trust (MET) has been active in Alma Vii and has successfully accomplished a number of projects regarding the restoration of the fortification and general rural development. Together with international partners the MET is now running the “Centre for interpretation of traditional culture Alma Vii”. Further information can be obtained here:

www.almavii.ro
www.mihaieminescutrust.ro



Fortified Churches Foundation
www.kirchenburgen.org

It’s never too early to start
saving for your retirement years

Siebenbürgisch-Amerikanisches Volksblatt

The Siebenbürgisch-Amerikanisches Volksblatt ("Transylvania-American Peoples Journal") was established in Cleveland in 1907 to serve the many German-speaking immigrants from Hungary who had settled in the area during the late 19th and early 20th centuries. Initially known as Die Neue Heimat ("New Home"), this German-language newspaper changed names twice before becoming the Volksblatt in 1917, and was "devoted to the interests of all German nationalities." In 1919 it became the official organ of the Central Association of Transylvanian-Saxons in America, and after 1939 it also represented the Central Association and

the Singers Association of the Transylvanian-Saxons of America and the Transylvanian-Saxons Juniors Association.

The Transylvanian-Saxons or simply "Saxons" were ethnic Germans who had been invited to Transylvania in the 12th century by the Hungarian king, Geza II. They called Transylvania "Siebenbürg", meaning "seven towns," for their original seven settlements. Having lived in Transylvania for centuries, the Transylvanian-Saxons no longer identified as Germans, though they continued to speak the language. In the mid-19th century, nationalism took root in the region, and the ruling Hungarians began a process of Magyarization,

attempting to erase the languages and cultures of all non-Hungarians. At the same time, ethnic Romanians were trying to take over Transylvania to include it in a new Romanian state. These were the conditions that led many Transylvanian-Saxons to immigrate to the United States.

Early editors of the Volksblatt included Moritz Weinberger, Joseph Kundtz, and John Reich, before Georg Schneider took over from 1917 to 1952, followed briefly by Walter Eckstein until 1954. Under Schneider, the paper reached a circulation high of 9,600 in 1930 before falling to 4,954 in 1950. The Volksblatt included news from Northeast Ohio, Pennsylvania, New York, Illinois,

and Michigan, as well as national news and international news pertaining to World War II and the post-war world. Local content consisted mainly of event calendars for the social and fraternal clubs the Volksblatt served, church news, and wedding announcements. There were also excerpts from novels and listings of radio programs. An average of one page per issue was published in English. In 1971, the paper became known as the Saxon News Volksblatt, which is still published in Cleveland today by the Alliance of Transylvanian Saxons.

Provided by: Ohio History Connection, Columbus, OH

Study: Cybercrime isn't outlaw fun; it's boring

Cybercrime has gone mainstream, according to research by Cambridge University's Cybercrime Centre, and it has become a snooze fest.

At one time, maybe, cybercrime attracted a certain type of brainy outlaw, looking for loot in the wild world of the internet. At least that is the way cybercriminals have been portrayed.

But the reality is much different.

It turns out that maintaining a network of connected computers designed to perform nefarious tasks is not only hard work, but really boring work. That's mainly because cybercrime has become a service, one that bad people can actually hire to do bad things. And if people are hiring you for a service, and if you have competition in the same evil area, you have to give good customer service. You need to collect money and deal with customer's technical questions, all while fending off the cops and fighting wars with other criminals.

Another thing you have to do is find people who know enough to do the low-level technical work. But, these people are in short supply and in a legal job, your low-level techie would be making more money.

That all means costs are high, work is hard with little reward in the thrill of it, while income isn't that great.

Might as well be legit. In fact, the business of running computer crime is nearly the same as legitimate system administrative work. The difference is most cybercrime services are exposed to law enforcement.

One former cybercriminal quoted in the Cambridge paper said:

"And after doing [it] for almost a year, I lost all motivation, and really didn't care anymore. So I just left and went on with life. It wasn't challenging enough at all. Creating a (cybercrime network) is easy. Providing the power to run it is the tricky part. And when you have to put all your effort, all your attention...When you have to sit in front of a computer screen and scan, filter, then filter again over 30 amps per 4 hours it gets annoying."



Digital copies of the "Volksblatt" from 1939 to 1954 are available at <https://chroniclingamerica.loc.gov/ccn/sn83035274>

PotPourri

Your Horoscope

August

Aries 3/21-4/19: After a long stressful period, you finally feel a little playful. Don't take undue risks, but let go and have fun.

Taurus 4/20-5/20: Delays occur that complicate things. You'll get some wires crossed in August. End of the month gets better.

Gemini 5/21 - 6/20: Personal responsibilities are demanding early in the month. Money is still a concern, but stick to your money plan. You will see how important it is shortly.

Cancer 6/21 - 7/22: The stars are welcoming this month, but some Cancerians hold a long-standing grudge. Discern whether the person is actually toxic, or if there needs to be forgiveness here.

Leo 7/23 - 8/22: It's your month to celebrate! Mid-month birthdays can be real events. Stars say this will be a great year. Enjoy your day.

Virgo 8/23 - 9/22: You might be hard on yourself in the first few weeks because you can't keep up with all your "shoulds." Pay special attention to work that is very detailed. You could miss something. All this will pass.

Libra 9/23 - 10/21: Fears appear by mid-month. Some are real, others seem to come out of nowhere. Librans, should avoid following the crowd this month.

Scorpio 10/22 - 11/21: Scorpions have had a lot of time to themselves. Now is the time to plan a different path and gather your tribe.

Sagittarius 11/22 - 12/21: Your optimism will be tested in August. You may feel vulnerable. Do everything you can to increase your sense of security. Be ready to change your mind.

Capricorn 12/22 - 1/19: Cappies may feel industrious at mid-month. Be careful not to take your eyes off the future, especially now. You'll want to use your energy to make an important plan.

Aquarius 1/20 - 2/18: Time to pull back the kids. Aquarians may feel deeply proud of them or deeply disappointed this month. Either way, some young people are heading in the wrong direction.

Pisces 2/19 - 3/20: Luck is on your side! Enjoy the benefits of your work. Do something spontaneous in August. Cupid could pay a call.



2. Kam, len dich nor fiëst u menj Schulter, denj Zëren, se senesi hiß. Hekt kân ich noch fiest dich ämschlänjen, wi wiß, woni weder, wi wiß!
3. De A-stern blän insem am Gärtchen, de Rîse sen alle verbä ... Schlöf gât, ta menj inijet Härzken, det Schiden, det Schiden äs hä.

Weise, Satz und Worte von Grete Lienert

Out of quarantine: What we need first

If you have just been in isolation for months (or someone you care for has), some basic human needs will have to be renewed upon social opening.

- Touch. The deprivation is real. It often doesn't require a full-on massage, but all people need the connection of touch. Light, caring touches on the back and shoulders mean a lot. Hugging and holding communicate love, trust, and well-being. Often the people who touched us the most are gone.

- Shared laughter. Think of the funniest stories you remember about childhood, vacations, silly moments, even frustrations and disappointments -- what can you laugh about now that didn't seem so funny then. Laughing together is part of being known to each other and being known is one of the best parts of being human.

- Eating together. We certainly don't have to go to a restaurant to enjoy a shared meal! A light dinner with family and friends is a simple pleasure that boosts spirits and forges connections.

- Foot care. Two or three months alone in the house can take a toll on feet. Get to a podiatrist or a pedicure place for toenail cutting and moisturizing. A lot of time spent in bed can result in pressure sores on the heels. Check for sores, especially if you or your patient are diabetic.

- Hair care. Nearly everyone joked about needing a haircut during quarantine and lockdown, but with things opening up, it's time to get out and fix up for both pleasure and health.

- Enjoying nature. Getting out. Just getting out of the house, especially if it means being able to sit in a park, see flowers and plants, breathe in the trees around you. These things renew the spirit and connect people with the earth.

Alles gute zum Namenstag!

Magda, Magdalena	1. August
Arno, Gustav	2. August
August	3. August
Hartmut	4. August
Oswald	5. August
Karin, Ulrike	7. August
Helfried, Reinhard	8. August
Roland	9. August
Laurentius	10. August
Hermann, Sieglinde	11. August
Klara	12. August
Hildegard, Hildebrand	13. August
Gerlinde	14. August
Vera	15. August
Markwart, Rochus	16. August
Bertram, Willibald	17. August
Helene	18. August
Sebald	19. August
Stefan	20. August
Benno	21. August
Alfons	22. August
Philipp	23. August
Bartholomäus	24. August
Liane, Ludwig	25. August
Samuel	26. August
Gebhard	27. August
Augustin	28. August
Ottokar	29. August
Benjamin	30. August
Melitta, Rebekka	31. August



"Your cubicle is on back order, so for the time being, work within these chalked lines."

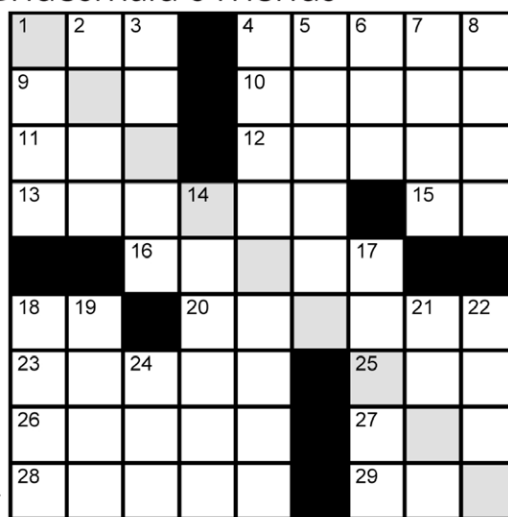
Bridesmaid's friends

Across

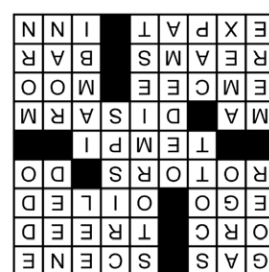
- Tank filler
- Public row
- Tolkien beast
- Cornered
- Psychoanalysis subject
- Lubricated
- Turbine parts
- Coiffure
- Adagio and allegro
- Cellist Yo-Yo --
- Render harmless
- Roast host
- ___ goo gai pan
- Lots and lots
- Keep out
- Political exile, for short
- B & B

Down

- Attendee
- Cornstarch brand
- "Ivanhoe" author
- Most tempestuous
- Potato chips, in London
- Sushi fish
- Call for



- Poi source
- Dropsy, today
- Poets' feet
- ___ mortals
- Kind of charge card
- Reddish-brown
- "September ___" (Neil Diamond hit)
- Spending limit



The headline is a clue to the answer in the diagonal.

Wasche dich rein und trockne dich fein



Choruses

CLEVELAND, SECTION 1

EINTRACHT SAXONIA

SACHSENCOR

Rehearsal:

Tuesdays 1:30 - 3:00 p.m.

PRESIDENT

Horst Hebrank

26148 Kennedy Ridge Rd

No Olmsted OH 44070

(440) 734-2584

SECRETARY

Christa Herbert

4703 West Ridgewood Dr.

Parma, OH 44134

440-888-6094

NEW CASTLE, SECTION 6

EINTRACHT MÄNNERCHOR

Rehearsal:

Every Tuesday at 7:30 p.m.

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(724) 519-0519

newcastleeintracht@gmail.com

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ERIE

SIEBENBUERGER SINGERS

Meet Monday at

Siebenbuerger Club

PRESIDENT

Tim Clint

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McKean, PA 16426

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Email: tjbcclint@verizon.net



Cultural Groups

CLEVELAND SAXON

DANCE GROUP

Rehearsal: Fridays

6:30 p.m Children

7:30 pm Adults

Westside Sachsenheim

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Samiller55@sbcglobal.net

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SAXON CULTURE GROUP

Meets: 2nd Sunday of Month

Youngstown Saxon Club

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Youngstown Saxon Club

(March - December)

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666 N. Schenley

Youngstown, OH 44509

(330) 799-1738

SECRETARY

Rosemary Dundon

7637 E Parkside Dr

Youngstown OH 44512

(330) 726-6851

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of the month

Noon at 1980 NewGarden Rd

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to the right and below must
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