We held our October meeting on the evening of the 18th. There were 11 members present and 5 members previously excused. Our hostesses were Alice Freeders, Savannah McKinley, and Helen Aeling. Members celebrating October birthdays were Alice Freeders and Lesley Reed. Attendance awards were presented to Penny Zeedrich and Sue Hertel.

Minutes from September’s meeting were read and accepted. With no old business to discuss, new business topics included election of officers and ATS enough. I cannot begin to thank the ATS Home Office: 5393 Pearl Road Cleveland, Ohio 44129-1597 Tel: (440) 842-8442

BRANCH 8, ALLIANCE
By Lesley Reed

I wish everyone a blessed Thanksgiving. I know mine will be great, since I am flying today to Dallas to visit my daughter Hana and son-in-law Ben for about a week. Therefore, I am very excited.

As I am writing this morning, I am enjoying the cool sunny weather as well as the showy colorful trees and shrubs.
Since 1960 Schloss Horneck has housed the Siebenbürger Museum, the Siebenbürger Library and Archive, the Siebenbürger-Institut and is the base for many Saxons organizations. A seniors home is also located on the property. Last September the Verband der Siebenbürger Sächsen in Deutschland purchased the property for one million Euro.

Donations were received from individuals and organizations to help fund the purchase of the property. The purchase of Schloss Horneck gives the Siebenbürger Saxons throughout the world a central location where Saxon artifacts, books and other historical documents can be collected and stored to preserve our ethnic history for many years.

The Federation of Transylvanian Saxons is asking for donations from all Saxons and Saxon organizations to help fund in this historical facility. If you are interested in giving a donation to help fund this project please complete the form below and send to the ATS Home Office, 5393 Pearl Road, Cleveland, OH 44129. Please make your check payable to the ATS.

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**DONATION FOR SCHLOSS HORNECK FUND**

**NAME**

**ADDRESS**

**CITY**

**STATE**

**ZIP CODE**

**AMOUNT DONATED**

---

You can indicate if donation is in memory or honor of someone:

---

Happy Belated Halloween to everyone from the King and Queen of their castle, John and Maria Tellman, Cleveland Branches 1 and 4.

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Saxon News VOLKSBLETT November 17, 2017 - 2
First Transylvanian Women’s Benefit Society Branch 18
Salem Ohio

Proposed Change to Constitution

Addition to ARTICLE II: Membership:
2c. Ages for juvenile members range from birth to age 15.

We will be voting on an addition to our constitu-
tion at our October and November meetings and will be voted on at our December 11th meeting which begins at 7pm. Branch 18 members are asked to be present at the December meeting to comment and vote on this change.

Turkey jokes
Q: Which side of the turkey has the most feathers?
A: The outside!

Q: Why did the turkey sit on the tomahawk?
A: To hatch!

Q: How are a turkey, a donkey, and a monkey alike?
A: They all have keys.

We had a fantastic Children’s Halloween Party. The costumes were great. It was wonderful to see so many adults coming in costume. Next year we will have to increase the number of adult winners. It was definitely was a family night event that brought our children together for a fun evening at the Sachsenheim. We want to thank our Junior Committee and helpers for their work and thank our MC, Grace Botsch, for another job well done. We love having our junior members help out at the parties. Jake Botsch was in charge of the “witches brew” and Katie Hanek was busy helping us set-up for the party. Thanks to everyone for a delightful evening.

The Eintracht-Saxonia Sachsenchor’s Sausage Sale is nearly here which is just in time for us to stock up for the upcoming holidays. The sale will be held on Thursday, December 7th. You can order sausage with or without garlic at $6.30 per pound. Please call Edith Hebrank at 440-734-2584 or Christa Herbert at 440-488-6094 or email Kristaburger@roadrunner.com (Please do not call after 9:00 pm and if you get the answering machine, you can preorder a sausage/ sauerkraut with polenta dinner for only $8. There also will be sausage sandwiches available for purchase the day of the sale. Call your orders in today! We are looking for volunteers to help, please if you have some time, lend a hand.

The Junior Committee is now preparing for the Children’s Christmas Party that will be held on Saturday, December 9th at 2:00 pm. We encour-
age our junior members to par-
ticipate in the program that day by singing a song, playing an instrument or reciting a poem. Santa will be dropping by to give each child a gift, so we ask that you make your reservations as soon as possible to help the elves prepare for Santa’s visit. Please call Patty Cunningham at (216)398-7520 or email her at pracirus@yahoo.com before November 30th. When making your reservations, we need the name and age of each child and if the child wishes to perform. If you get the answering machine, please leave your phone num-
ber along with your message. ATST Junior Members of Branch 1, 4, 5 and 33 are free but we ask that everyone brings an item or two of non-perishable food for a donation to the Community Corners food bank. Admission for adults is $5 and non-member children are $15. Remember reservations are to be made by November 30th!

On again Branch 4 is sup-
porting Community Corners Christmas Gift Program which helps needy families provide some Christmas joy to their chil-
dren. We are asking members to donate new toys for children ages 8 & up. Try to get toys that do not need batteries and no gun related toys.

Suggestions for teen girls are nail polish kits, make-up kits or jewelry. We are also looking for toys that help kids earn a \"A\" in reading. Toy Suggestions for boys are guns, plus truck and car toys, action figures, or Paw Patrol toys. Suggestions for girls are articles of clothing, hats, make-ups, or jewelry or anything that will help kids learn about \"A\" in reading. If you have two or more gifts to donate please call Sister Erica Zgola at 216-741-1398 for possible drops off of the gifts.

If you were unable to bring your gifts to the November meeting, just drop them off at the Sachsenheim for Christmas.
FRATERNAL CALENDAR

LOCAL EVENTS

November 18, 2017
Salem BREAKFAST BUFFET 7:00 a.m. - 10:00 a.m.
November 19, 2017
Cleveland Sachsenheim Fall Schnitzel Fest

New Castle Thanksgiving Eve - Club Open

December 23, 2017
New Castle Bar Open for Thanksgiving

November 24, 2017
Salem Bar Open 7 - 9 p.m.

December 15, 2017
Donauschwaben Club, Des Plaines IL

December 2, 2017
New Castle Ugly Christmas Sweater Party 7:00 PM

December 3, 2017
Detroit Br. 37 Christmas Party - St. Peter's @ 2:00 p.m.

December 4, 2017
Salem Br. 19 Meeting (elections) 7:30 p.m.

December 6, 2017
Salem Saxon Retirees 11:30 a.m.

December 7, 2017
Cleveland West E.S. Sachsenchor Sausage Sale

December 8, 2017
Salem Jt. Social/Christmas Party 6:00 p.m.

December 9, 2017
Cleveland Branches 1 and 4 Children’s Christmas Party

December 10, 2017
Salem Children’s Christmas Party - 6:00 p.m.

December 11, 2017
Salem Br. 18 Meeting 7:00 p.m.

December 12, 2017
New Castle Singer’s Christmas Party. Starts at 6:00 PM

December 14, 2017
New Castle Election of Officers/ Branch 25 Monthly Meeting 8:00 PM

December 24, 2017
New Castle Tom and Jerry Party from 10:00 AM till 6:00 PM

December 25, 2017
New Castle Christmas Club Closed

December 28, 2017
Salem Bar Open 7 - 9 p.m.

December 31, 2017
New Castle New Year’s Eve Bash

FRATERNAL CALENDAR

THANKSGIVING

- Number of turkeys that are consumed on Thanksgiving Day, 51,650,000.
- Total U.S. spending on Thanksgiving dinner food, $29,063,000,000.
- Average household spending on Thanksgiving dinner, $59.18.
- Average household spending on Thanksgiving weekend, $343.
- Number of families that will travel for Thanksgiving, 39,000,000.
- Number of places in the U.S. named Plymouth, 37.
- Average cost per pound of turkey, $1.20.
- Average number of turkeys raised in the U.S. each year, 254,000,000.
- Annual consumption of turkey by the average American, 16 pounds.
- Annual tons of green beans produced, 659,340 tons.
- Pounds of sweet potatoes produced annually, 2.4 billion pounds.
- Value of all pumpkins produced annually, $118,000,000.
- Pounds of cherries produced annually, 266,000,000 pounds.
- Barrels of cranberry produced annually, 7,860,000 barrels.
- Total value of totaling produced in the U.S. annually, $4,850,000,000.
- Sources: USDA National Agricultural Statistics Service, Statista.com

BRANCH 27, NEW CASTLE

By Dolores Both

Branch 27 ladies met November 2 at 3:30 pm at the club. President Marie Benedict opened our meeting with a pledge of allegiance and acceptance of reports. A donation was made to the Orphans Fund in memory of Elmer Bower. A big "Hello" goes out to Marie Kraus at The Grove and wishes for continued progress in her rehabilitation. Get well wishes go out to Pat Both, Betty Benedict and Chris Hennon.

Our Christmas party will be held on December 6, at 5:00 pm at Faraone Brothers. Our meal is on our own and instead of exchanging Christmas gifts, we will donate $5 to the Hurricane Fund. Guests are welcome. Reservations are a must. Call Dolores Both 724-658-7407 to make yours by December 1. We will not have our monthly meeting at the party. Our meeting will be Thursday, December 7, at 3:30 pm at the club. Christmas donations will be made to Helen Burick’s grand- son, Ryan Diviney, and to the family of Gudrun Jefferis.

Doris Shenker was nominated to the Nominating Committee for 2018.

Good and welfare notes from our President: November 10 is the Schnitzel dinner at the club from 5:00 to 7:00 pm. Make your reservations by Tuesday. Cost is $10.00. The club is open Wednesday nights for Game Night and the pool players are challenging up their sticks to get ready for the start of the Pool Tournament.

Congratulations to Carole McKey our Door Prize winner! Amelia Hartfelder-Johnson brought some old and time honored pictures from earlier days at the club. It’s always a treat to take a trip down memory lane to the good old days. In honor of Veterans Day, we listened to the stirring poem "I am a Veteran" written and recited by Andrea Christensen Brett. Thank you to all the Veterans for what they have done for us.

Call me with your reservations for our Christmas party as soon as you can. Our party is December 6 at 5:00 pm and our meeting is December 7 at 3:30.

Happy Thanksgiving!

BRANCH 26, MERRILLVILLE

By Helen Brooks

We had our meeting of Saxon Branch 26 on Sunday, November 5th.

President Randall Floyd called the meeting to order and we said the pledge to the flag. Roll call of officers - all present except one.

All reports were given and accepted. It was voted on to have our annual Raffle Cats on March 3, 2018, and we will hold our meeting at the ball park. Randall announced that we will host the bowling tournament on October 20, 2018.

The nominating committee asked for nominations from the floor; there were none. It was voted to retain the same officers.

The raffle was once again won by Erika visiting from Nevada.

Our election is December 7 at 3:30 pm at the club. Willard Schuffert offered a prayer of thanks before we enjoyed a delicious dinner.

Till we meet again.

LOCAL EVENTS

Salem Saxon Club Breakfast Buffet

The Salem Saxon Club will be serving its next monthly Breakfast Buffet on Saturday, November 18th serving from 7:00 a.m. to 10 a.m.

Adults/children $7.00/under 5 yrs. Free. Menu includes bacon, sausage gravy and biscuits, fried potatoes, sausage, scrambled eggs, Belgian waffles, pancakes, tropical fruit, various baked goods, juice, coffee and tea.

THERE WILL BE NO BREAKFAST BUFFET IN DECEMBER

Thanksgiving by the numbers

In American lore, Plymouth, Massachusetts, holds a singular place.

It’s known as the site of the colony founded in 1620 by the Pilgrims, passengers on the iconic ship, the Mayflower, and host to the first Thanksgiving feast.

The town has not always been well known. The town and the Pilgrims who created it were largely forgotten for 200 years until December 22, 1820.

On that day, the great orator Daniel Webster traveled to Plymouth from Boston to take part in the bicentennial celebration of the Pilgrims’ landing. So great was his speech that it became known as the “Pilgrims’ oration.”

Before 1,500 people seated on wooden benches in the meetinghouse, he said, in part: “We have come to this Rock to record here our homage for our Pilgrim Fathers; our sympathy in their sufferings; our gratitude for their labors, our admiration of their virtues; our veneration for their piety, and our attachment to those principles of civil and religious liberty...”

“We listen to the chiefs in council... We are filled with reverence and admiration for the mild dignity of Carver and Bradford, the decisive military air of Standish, the devout Brewer, the enterprising Al- lerton...”

Webster’s oration started the elevation of the Pilgrims to the status of forefathers of the nation. At that time, the recently independent America needed an event and a place to root the country to its founding history.

They needed a founding location. Jamestown in Virginia was a candidate as was Plymouth in Massachusetts. Jamestown had an advantage because it was founded 13 years before the Pilgrims landed. But Plymouth offered a moral authority, thanks to the words of Daniel Webster.

Though the great Thanksgiving Feast occurred 396 years ago, we still follow the Pilgrim’s lead in being thankful for our blessings on Thanksgiving Day.

FRATERNAL CALENDAR

BRANCH 26, MERRILLVILLE

By Helen Brooks

Recognizing the Plymouth Thanksgiving: How the Pilgrims became America’s forefathers

Happy Thanksgiving!
Chips make the data much less useful. The physical cards. Chips make data and then manufacture cards also reduce the value of the data much less useful. The

In the spirit of the giving season, please bring a donation of canned goods and/or dried food products.

*Please note our new location.

Good blood pressure equals good brain function

Controlling blood pressure is one of the most straight-forward ways of preventing one form of cognitive decline. According to Duke Medicine Health News, high blood pressure can lead to tiny strokes in the brain, a condition called vascular dementia. These little strokes take a toll on memory, reasoning, judgment and a general decline in thought processes. Controlling blood pressure also reduces the risk of major cardiovascular problems. So, it seems, what is good for the heart is good for the brain.

Annoying chip readers

Swiping a credit card just seems so much more efficient than sticking the card into a terminal and waiting. And waiting.

But the chip cards are actually more secure, credit companies say. The chip cards attempt to prevent fraud by generating a unique code for every transaction that can only be used once. So the cards are supposed to slow down criminals who steal a bunch of card data and then manufacture physical cards. Chips make the data much less useful. The cards also reduce the value of card skimming, where a device is placed on the card reader to steal data.

Chips do nothing for e-commerce fraud or a variety of other types of criminal activity.

In addition, if you use a chip card, but sign for the transaction instead of using a pin number, the transaction is less secure.

Annoying chip readers

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Chips do nothing for e-commerce fraud or a variety of other types of criminal activity.

In addition, if you use a chip card, but sign for the transaction instead of using a pin number, the transaction is less secure.
**Wurstmarkt / Sausage Sale**
**Thursday, December 7, 2017**

- Pork Sausage with, or without, garlic - $3.60 per pound
- Sausage/Sauerkraut with Polenta Dinner - $8.00 per meal (Please preorder meal.)
- Sausage sandwiches will be available for purchase.

**FIRM DEADLINE** for Sausage Orders: **Thursday, November 30, 2017**

Orders will be taken by:
- Edith Hebrank  440-734-2584
- Christa Herbert  440-888-6094, or
- Email: Kranstuber@roadrunner.com
- Customers ordering by email will receive a return order confirmation.

Pick up orders **AFTER 1:00 pm - NOT BEFORE**
- on Thursday, December 7, 2017 at:
  - Westside Sachsenheim
  - 7001 Denison Avenue Cleveland, Ohio 44102

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**Children’s Christmas Party**
**Cleveland Sachsenheim**
**7001 Denison Avenue**
**Saturday, December 9, 2017**
**2:00 pm**

Santa is planning a visit to the Sachsenheim and we invite our Junior Members of ATS Branches 1, 4, 5, and 33 to join him for an afternoon of fun and entertainment.

In order to make sure Santa has a gift for each child, reservations must be made by November 30th. Please call Patty Cunningham at 216-398-7520 or email her at prscunn@yahoo.com. We need name and age of child.

We invite our Junior Members to entertain us by reciting a poem, singing a song or playing a musical instrument. Please let Patty know when making reservations.

ATS Junior Members: can or box of non-perishable food for the Community Corners Food Bank.
- Adults $5.00
- Non-member Children $15.00
- Plus can or box of non-perishable food

Deadline for Reservations: November 30th

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The meeting was held on October 6, with many members in attendance. President Thut welcomed all the members and began the meeting.

On the Sick list we have Sister Sara Derra and Sister Katharina Thut. Please remember these members with a phone call or greeting card.

As members are getting older or passing away our Saxon Trachts and shirts are left behind for younger generations. However, these generations may not want to keep these items. Many members do not have Trachts and have asked us if they could borrow one for an event. Our answer is we don’t have any. As you know a Tracht is unavailable to buy. So we have come up with an idea at Branch 9 to correct this issue. Rose Hauer and Dede Thut are reaching out and asking any members, past members, and children of members that have a Saxon Tracht or shirt hanging in their closet they do not want please contact Rose at 773-758-9461. We would like to preserve these costumes and have them available for others to wear to our events.

Please mark your calendars for the Branch 9 Christmas party in December 17. "Note we have moved the event this year to the Donauschwaben Club in Des Plaines, IL for easier parking and entertain more members and guests! Invitations will be sent out in the mail. Doors open at 1 pm. Admission is $5. Please bring non - perishable food items for the food pantry. There will be food, entertainment, and a visit from Santa! Please bring your friends, relatives and grandchildren to this event. If your child/grandchild has a special talent such as singing or playing an instrument we would love to have them perform!"

Our next meeting on December 4, will be our annual elections held at the DANK Haus! All members are required to attend unless they have been excused by President Thut. It’s always nice to be a member of the club, but your presence also requires us to exist. The club needs your assistance so we can maintain our club for many years to come. Be thankful/grateful for what we have, because once it is gone it will never come back. Please attend and show your support; we need you!

The German Day Association has come up with a new website http://germanday.com to announce all upcoming events in the Chicagoland area. Please refer to this website to obtain information about events coming up in the future that you may be interested in attending.

God Bless all of you as we soon will celebrate Thanksgiving. What is Thanksgiving? To me it is a time to appreciate everyone/everything that surrounds me. God is good! Be thankful! Happy Thanksgiving!
Sausage with Roasted Veggies…..
Sausage with Bacon & apple Sauerkraut…..
Grilled Sausage with Peppers and Onions…..
Autumn Stew with Saxon Sausage…..
Saxon Sausage and Potato Pancakes.

To make YOUR favorite recipe, it is time to order your Branch 33, Cleveland East,
Homemade Sausage $ 3.75/lb.

Oh YES!!
We will be making our traditional Saxon sausage on Saturday, December 2.
Orders will be ready for pick up at 1pm, final at 5pm.
at St. John’s Lutheran Church,
1000 Ford Rd., Highland Hts.
Orders are a must: Call Fred Krestel, (440) 639-1775
(loose or casing, garlic or non-garlic, or mix it up!)

Cleveland Sachsenheim’s Children’s Halloween Party
It was a fun-filled, frightening, haunting, exciting evening at the Sachsenheim’s Children’s Halloween Party. Costumes were fantastic, entertainment was great, Ghoulish refreshments were served and treat or treat bags were given out. It was great family fun.
The following pictures show the winners in the costume judging:

Ages 4 & under: Skunk-Isaac Schaef, Ghost – Jay Meekins, Vampire Bat – Katie Hanek
Ages 5 – 8: Moana – Annabelle Kloos, Cleopatra – Katelyn Pechatsko, Mario – Liam Clay
Ages 9 & Up: Cookie Monster – Grace Botsch, Steampunk – Gwen Ditzler, Ronald McDonald – Dylan Ireland

The ATS Youth Activities Committee would like to thank the following children for coloring and submitting the Halloween picture found in recent issues of the Volksblatt. They all did a wonderful job of coloring!

Adult Winners: Rockstar Girl – Karin Schobel, Captain Underpants – Brian Gilles

In search of our Saxon family
We are researching the following Saxon families from the Mortesdorf area: Johann Stamp (1829-1906) & Anna Mantsch (1833-1908); George Morth (1850 - ?) & Katherina Krauss (1850 - ?); and John Lang (1855- ?) & Katharina Trausch (1833-1917).
If you have any information on these families and are willing to share, please contact Janice Stamp-Graham at jmg1048@aol.com. Thank you!

Guten Tag miteinander,
mein Name ist Mathilde Sienerth, aus Durles in Siebenbürgen Rumänien. Seit 1990 lebe ich in Frankfurt am Main - mit meinen Kindern und wir sind bei mehreren Abendgesprächen zur Schlussfolgerung gekommen, nach unseren Verwandten in den USA Ausschau zu halten - um vielleicht über die älteren Generationen (Großonkel,Großtanten, etc.) per Briefpost einen Informationsaustausch zu starten.
Und nun einige Eckdaten zu meiner Herkunft:
Vater - Name: Johann Sienerth (verstorben in Durles /Rumänien)
Mutter - Regina (geborene Breit) - nach der Heirat Regina Sienerth ( verstorben in Durles / Rumänien)
Kinder von Hans und Regina Sienerth:
Mathilde Sienerth
Johann Sienerth
Maria Sienerth
Stefan Sienerth
Margarete Sienerth ( in Siebenbürgen /Mediasch verstorben)
Regina Sienerth ( in Deutschland verstorben)
Susanne Sienerth (in Deutschland verstorben)
Martin Sienerth ( in Deutschland verstorben)
In Siebenbürgen haben wir in Durles (im Kreis Hermannstadt) gelebt.
Aus den Erzählungen unseres Vaters wissen wir, dass wir Verwandte mit dem Namen “Sienerth” auch in den USA haben. Insbesondere ein beliebter Onkel unseres Vaters ist beizeiten in die USA emigriert.
Falls uns da jemand weiterhelfen kann, oder sogar Sienerth-Mitglieder der Saxons in den USA kennt - würden wir uns über eine erste Kontaktaufnahme per E-Mail/Brief, sehr freuen.
Vielen Dank und sonnige Grüße aus Frankfurt am Main
sendet Mathilde Sienerth und Familie
Tilly_Sienerth@web.de

We are researching the following Saxons from the Mortesdorf area: Johann Stamp (1829-1906) & Anna Mantsch (1833-1908); George Morth (1850 - ?) & Katherina Krauss (1850 - ?); and John Lang (1855- ?) & Katharina Trausch (1833-1917).
If you have any information on these families and are willing to share, please contact Janice Stamp-Graham at jmg1048@aol.com. Thank you!
Sachsenentreffen 2017 in Transylvania

In early August, my nephew Nick and I joined 40 others on a trip of a lifetime. It had been to my parents' homeland twice before. But seeing it again through older eyes, through my nephew’s eyes and with my Uncle Arthur who was born in Transylvania made this trip an unforgettable experience.

After arriving in Bucharest, we did a walking tour of the city on our way to dinner at Caru cu Bere (the Beer Wagon), which opened in 1979. It was filled with so much wood carving and stained glass, it felt like dining in a museum. The next day we toured Bucharest by bus. My last two times in Transylvania were before the revolution in 1989 and to see the site of the revolution and the tribute to those who lost their lives for Romania’s freedom was moving. Some of our fellow travelers relayed their experiences during that period of unrest. Our tour guide, Bogdan, relayed the historical account of the revolution and the meaning of the statues in Revolution Square. I remembered the lack of food and goods available for purchase on my earlier visits to Transylvania. The country is faring much better since the revolution, but there still is room for economic improvement.

Next we toured the Palace of Parliament, the second largest building in the world with almost 4 million square feet, lots of marble, carved wood and empty rooms! We arrived in Hermannstadt the day before the Sachsentreffen and the city was buzzing with preparation for the Heimattag celebration. Seating was set up outside of Hermannstadt. He was drafted into the army but his brothers remained in Braier until after the revolution. My cousins have been maintaining the family home as a summer retreat. It was so good to see them in person; this was the first time in forty years for me and for Nick, the first time he has met any of his relatives from my father’s side of the family. They took us on an excursion to the Alba Voder in the Carpathian Mountains to meet more of our relatives for dinner. And then we went to see the Saxon musical in Freck. We are resolved to stay in touch now.

The visit to the church in my mother’s home town of Zuckmantel was heart warming. My mother is Maria Ziegler (Kramer Mitzi) who was born in 1929 and my grandparents were Franz and Sara Kramer. The family fled from Zuckmantel in 1944. The village welcomed us with organist, a recital by an organist from Germany and pastry and spirits to celebrate the event. The Youngstown Band was also there and added more beautiful music to the celebration. I am so grateful to Dietmar Wagner, Committee Chairman of Heimatorts Gemeinschaft Zuckmantel, who organized this reception for our visit. We heard from Dietmar about the efforts to preserve the churches and fortresses in Transylvania. He spoke about the efforts to restore the altar with a replica print of the painting that was stolen from the church in Zuckmantel. It was good to see the altar whole again. This was also a special time for me since my Uncle Arthur and Aunt Jeannie were traveling with us. Knowing my mother and her siblings were all baptized in this church made this visit especially personal to me.

We travelled to many churches and fortresses, die Margarethenkirche in Mediasch, die Evangelische Kirche in Bistritz, Kirchenburg Honigberg, Kirchenburg Tartlau and Schwarze Kirche in Kronstadt, the birthplace and castle of Dracula and Peles castle. Our tour guide gave historical color to the cities we visited and I learned so much more about my parents' homeland. But the personal connection to my relatives on this trip is what truly made this trip special. I want to thank the National Alliance of Transylvanian Saxons for organizing this trip for us. It truly was a trip of a lifetime.

Margarete Ziegler
Branch 33, Cleveland, Ohio

- The Zuckmantler Church
- The Zuckmantler Altar
- The Tour Group at Tartlau
- Trachtenumzug Parade in Hermannstadt
- A Wiedersehen with cousins

Trachtenumzug Parade in Hermannstadt

Together again in Transylvania
Participants of the 1973 International Jugendlager which was held in Germany with a trip to Romania.

L-R: Brigitte Wagner, Shirley Walker of the Youngstown Brass Band, Tobias Wagner and Dietmar Wagner, chair of the Zuckmantler HOG
Föderationsjugendlager 2017 in Siebenbürgen


Nach dem ausgiebigen Mittagessen, Kaffee und Kuchen sowie Abendessen im Gasthaus in Malmkrog fuhren wir, nachdem die Bühnentheater vorbeigezogen war, wieder zurück nach Bäumchen.


Kathrin Kepp, Föderationsreferentin der SJD SBZ Online 11. November 2017


Beim diesjährigen Föderationsjugendlager in Siebenbürgen erlebten Jugendliche aus Deutschland, Öster-reich, Kanada, den USA und Rumänien eine eindrucks-volle Gemeinschaft. Foto: Marcel Helwig

Saxon News VOLKSBLA TT November 17, 2017 -9
Second chance for children

Across Down
1. Tire filler
2. Afflicts
3. Concept
4. Hotel offering
5. Concept
6. “the fields we go”
7. Style
8. Taro root
9. Refusal
10. Agents, for short
11. Sensational
12. Church instrument
13. “Thee I sing”
14. Cheap cigar
15. Riyadh resident
16. “___ thee I sing”
17. Taro root
18. “Thee I sing”
19. Fills up
20. Thyroid problem
21. Refusal
22. Church instrument
23. “Thee I sing”
24. Riyadh resident
25. Refusal
27. “Thee I sing”
28. Riyadh resident
29. “Thee I sing”

The headline is a clue to the answer in the diagonal

Switch jobs in your 50s for a longer career, study says

Switching jobs late in life might be the key to a longer career, according to Boston College’s Center for Retirement Research.

But the key is switching job voluntarily. Those who were laid off late in life had difficulty finding new jobs.

Who switched jobs voluntarily worked longer, increasingly the likelihood of still working at age 65 by 20 percent.

About 44 percent of the population is still working at age 65, according to a University of Michigan study.

No matter what level of education or type of job, all workers worked longer if they switched jobs in their 50s. About 41 percent of people who switched jobs did so most often to reduce stress. But stress didn’t have a significant effect one who people retired, the study found.

Other factors are at play too. People who still had a mortgage at age 60 were 10 percent more likely to be working at age 65. In fact, more people now reach retirement with a mortgage than in previous decades, possibly because of differing attitudes toward debt.

New tests to diagnose Alzheimer’s disease are emerging, offering hope for new treatments and therapies.

According to the Alzheimer’s Association, the memory disease is now the sixth leading cause of death in the United States, and more than 5 million people are currently living with the disease. In fact, for seniors, a third of all deaths stem from either Alzheimer’s or another form of dementia. Although there is no cure in sight, for now, every effort is being made to find a way to diagnose and treat this growing threat.

According to The Wall Street Journal, there is support for a new approach to how Alzheimer’s is identified in the population, and it could lead to dramatically earlier warnings of the disease and accelerate research. New approaches hope to discover the disease before symptoms ever present.

Like finding malignant cells in the body to find cancer or plaque buildup in the arteries for heart disease, the presence of amyloid and tau proteins could be the key to early identification. Previously, doctors could only see these proteins during an autopsy, but improved technology has allowed for these markers to be seen in living patients. These scans are sometimes used to rule out Alzheimer’s in patients with various cognitive issues.

Critics of the method agree that the process works to identify amyloid proteins but argue that there is no definitive way to predict whether or not the patient will actually develop symptoms.

Another test involves recognition of smells. One of the first things to decline is the ability to smell, which is associated with the first cranial nerve, according to WebMD.

Researchers have found the ability to smell differs between nostrils in Alzheimer’s patients but it is still too early to call definitively if this will be a diagnostic tool for Alzheimer’s.

It has become a truism: You get sleepy at Thanksgiving because of all that tryptophan in turkey.

But is it true? Yes and no, but mostly no.

It is true that the amino acid tryptophan works as a precursor to other sleep-inducing chemicals. Turkey has lots of it. But cheese and nuts have more. Even Tofu-turkey has more, according to Wired.com.

In 1972 a parasitologist named John Fernstrom looked into the tryptophan connection and found that tryptophan alone does not make you sleepy.

Instead, he found that it’s really a carb-heavy meal of mashed potatoes, pie, dressing, and bread.

Those carbs create loads of sugars and force amino acids to go to work breaking it all down.

In a saucepan, cook celery and onion in butter or margarine until tender but not brown. Remove from heat. Stir in sage and several dashes of salt and pepper.

Place bread crumbs in a bowl and add the onion and celery mixture.

Thanksgiving Sleepy: It’s about the gobbler, not the one you might think

With amino acids busy fighting sugars, the brain starts converting tryptophan into serotonin and suddenly you feel you just can’t watch another third and 10 on the game. Snores ensue.

It’s not just the chemistry of the meal, however. The parasympathetic nervous system also has a role to play. This little brain gadget does things in the background so you don’t think about them; like breathing.

When you eat too much, you have to digest a lot. The parasympathetic nervous system kicks in to give the body energy to digest and takes away energy elsewhere. You feel tired and it’s because you ate a really big carb-loaded meal.

Too late to do anything about it. Just kick off your shoes and don’t blame the turkey.
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Cultural Groups

Are your children, grandchildren, nieces and nephews members of the ATS? Let them benefit from our fraternal program and be a part of our history!

SAXON CULTURE GROUP
Meet: 2nd Sunday of Month Youngstown Saxon Club
PRESIDENT
Robert Bachinger
5268 N Beacon Dr.
Youngstown OH 44515
(330) 792-5177
bman1017@gmail.com
SECRETARY
Michael Bachinger
3134 Neosho Rd.
Youngstown OH 44511
(330) 798-7535
Musik005@aol.com

NEW CASTLE, SECTION 6
ENTRACHT MÄNNERCHOR
Rehearsal: Every Tuesday at 7:30 p.m.

PRESIDENT
Horst Hebrank
26148 Kennedy Ridge Rd
No Olmsted OH 44070
(724) 519-0519
newcastleeintracht@gmail.com
SECRETARY
Christa Herbert
4703 West Ridgewood Dr.
Parma, OH 44134
440-888-6094

ERIE SIEBENBUERGER SINGERS
Meet Monday at Siebenburger Club
PRESIDENT
Tim Clint
5805 West Road
McKean, PA 16426
(814)572-6639
Email: tjlclint@verizon.net
SECRETARY
Karen Kinser
3520 Beavercrest Dr Apt 107
Lorain OH 44053
(440) 309-7984

Are you a member of the ATS? Please indicate Branch number.

YOUNGSTOWN SAXON RETIREES
Meets 2nd Thursday
PRESIDENT
Katherine Ring
1043 Villa Rd.
 Girard, OH 44420
(234) 421-5116
Tank1043@yahoo.com
SECRETARY
Mary Terese Laret
3304 Quentin Dr.
Youngstown, OH 44511
(330) 799-2789

SALEM SAXON RETIREES
Meets 1st Wednesday of each month
PRESIDENT
Lois Whitacre
15425 Lisbon St.
Minerva, OH 44657
(330) 862-2607
SECRETARY
Dianne Kutler
4262 McCann Rd.
Salem OH 44460

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☐ VOLKSBLETT ONLY

Date:__________________________Signature of Person Making Change

Saxon News VOLKSBLETT November 17, 2017 -11
2017 ATS Open-Bowling Tournament

Congratulations to the Winners of this year’s Open-Bowling Tournament!
There were 1,216 Strikes thrown during the weekend
which generated $1216 for Hurricane Relief!
With the addition of $150 donations received by members,
The ATS will send $1366 to the Salvation Army for Hurricane Relief Efforts.

Cleveland West - 1st Place Team
Jamie Radeff, CJ Schmidt, Carl Schmitz
Missing in photo: Sylvia and Tim Wolff

ATS President Joan Miller-Malue
Present Award for Hi-Series, Actual, Any Event
Ladies - Monica Simon and Men’s - Tom Simon

Erica Zgola
Lorain - Br. 5
1st Place Ladies Singles Event

Ron Hughes
New Castle - Br. 25
1st Place Men’s Singles Event

Michael and Jacob Berg
Chicago - Br. 9
1st Place Doubles Event

Ginger Romes
Lorain - Branch 5
Winner
Ladies All Events with Handicap

Jacob Berg
Chicago - Branch 9
Winner
Men’s All Events with Handicap

CJ Schmitz
Cleveland West Branch 1
Winner - Special Trophy “2017 Best Partier”

Next ATS Open-Bowling Tournament
will be held in Merrillville, Indiana
The Weekend of October 20 - 21, 2018