



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5393 Pearl Road
Cleveland, Ohio 44129-1597
Tel: (440) 842-8442

ATS Founded in 1902

January 25, 2019

Issue 2

BRANCH 25, NEW CASTLE

By Jonathan Baisch

The Eintracht Singing Society finished 2018 with many fun-filled activities. The first in December was a Christmas concert preceeded by a Wurst dinner. The dinner was prepared by our Männerchor under the leadership of some of the ladies from Branch 27. The Eintracht Männerchor and Kinderchor Christmas concert was one to remember with great performances by both groups and a wonderful guest performance by the Apollo Männerchor. Our Kinderchor continues to grow and improve under Dan Forsberg's enthusiastic leadership! Many thanks to him for starting this wonderful program! Our choirs are already beginning to plan and prepare for the Eintracht's 125th Anniversary and Heimattag!

The very next night the Singing Society put on a very memorable and eventful children's Christmas party. The event was complete with cookie frosting, singing, hot chocolate, and of course Santa Claus.

The Männer and Kinderchors spent many nights in December singing at many nursing and retirement homes through the area, bringing cheer to their listeners. The Männerchor, as is their tradition, the week before Christmas sang at North Country

Brewing Company for the Winter Solstice Festival which is a boisterous and chaotic time not to be missed.

On December 10th, the Eintracht Singing Society held its monthly meeting and completed elections with new officers coming in to replace the outgoing President, Vice-President, Secretary, and a trustee. The new officers are listed below:

President – Eb Seeger
Vice-President – David Miller
Secretary – Jake Holzhauser
Trustee – Robert Coulter

The Eintracht held its annual Tom and Jerry party on Christmas Eve and had an eventful New Years Eve party as well.

While December was a wonderful end to the year at the Eintracht, it also had its share of sorrow. The Eintracht had to say farewell to one of our longest (over 60 years) and dearest members, Joseph Kraus. He passed away shortly before Christmas and will be deeply missed by the Society. Joe was known as the German Jukebox and was a foundational member of the Eintracht Männerchor and Eintracht Singing Society. If the Männerchor sang at your club in the last 60 years, or if you have been part of the ATS bowling league for a number of years, then you remember Joe. Our condolences go out to the Kraus and Miller families.

The Eintracht Singing Society wishes all a Frohes Neues Jahr!!!

Share the Love Sales Campaign



**Let's Start the Year Off with
Increased Life and Annuity Sales
While Showing some Love
To a Charity!**

**For Each Contract Sold
Between Now and March 31, 2019
The ATS will Donate \$20 to the
American Cancer Society**

ATTENTION ATS BRANCH 2 MEMBERS:

**An error was published
in a recent Volksblatt article
stating that ATS Branch 2
dues are \$5.00.**

**THAT IS NOT CORRECT.
Dues are still \$6.00.**

**Please mail to Liz Manning
at 3909 Schaper Ave., Apt. #203,
Erie, PA 16508.**

TSBA BOWLERS



The next bowling session will be held in New Castle, PA on **Sunday, February 10, 2019** at the Colonial Lanes located at 3210 Wilmington Rd. Bowling will start at 11 am. There will **NOT** be a luncheon following bowling.

Any questions, please call Rich Baker at (724) 854-0149. See you in New Castle!

PRESIDENT'S MESSAGE

By Joan Miller-Malue
ATS Nat'l President



The ATS Board of Directors wants to congratulate our Local Branch Officers and Cultural Group Officers who were elected to serve in 2019. These members are willing and able to fulfill the duties of their respective officers but need the support of their membership to assist in them in continuing and developing new ideas and activities that will strengthen the society. We wish our Local Branches and Cultural Groups luck in their future endeavors to engage their membership in a rewarding and meaningful year of fellowship.

The ATS Home Office has not received every Branch's Officer Roster for 2019. Please, if your Branch or Cultural Group has not yet returned form, have your secretary complete it immediately so that we have the current information to update our records and information in the Volksblatt.

We must work together in 2019 to increase our ATS membership. The sales of life insurance and annuities is our nucleus to operate as a strong fraternal benefit society that serves the financial and social needs of its members as well as assist in the betterment of our community. During January, February and March the ATS will "Share the Love" as we sell our life and annuity contracts by donating \$20 to the American Cancer Society for every contract sold. So, let's work together to increase our membership which will strengthen our common bond while accomplishing some charitable work by making a donation to a charity. The great football coach, Vince Lombardi stated: "Individual commitment to a group effort—that is what makes a team work, a company work, a society work, a civilization work."

We will have two ATS youth activities held during the winter months. First, there is the overnight stay at the Cleveland Metropark Zoo on Saturday, February 23, 2019 which is open to our Junior Members and friends ages 6 – 12. Parents are welcome to pack up their sleeping bags and join the group as they will hike through the zoo tracking an Amur Tiger. It will be educational as well as a fun event. Reservations must be made by February 5, 2019. The second activity is the "Annual Bowl Where You Are Tournament" that will be held during the months of February and March for our Junior Members ages 6 -17. We are encouraging our Local Branches to throw a local bowling party for your local members. It can be a great opportunity for our Branches to make it a family bowling event to include parents, aunts, uncle and grandparents. This event also offers the opportunity to our members who do not live within a local branch community to participate in an ATS event. Every participant will be sent a free T-shirt. Taking part in either of these events will earn scholarship award points that can benefit a member when applying for an ATS scholarship.

Continued on Page 2

**TIMELY - DO NOT DELAY
MAILED WEDNESDAY, JANUARY 23, 2019**

**Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597**

Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsen to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donation to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5393 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name _____
Address _____
City _____ State _____
Zipcode _____

Amount Donated \$ _____

Please indicate if donation is in memory
or honor of someone

PRESIDENT’S MESSAGE
Cont’d from Page 1

Also, in this issue is a Valentine’s Day coloring project for our younger members. All members submitting a colored picture will receive a Valentine treat. You know folks, it is all about the kids that gives our Fraternal a future! Let’s get them involved.

Transylvanian Saxon Trivia: Reussmarkt was one of Transylvania’s eleven district chairs in the 17th century. The town was founded in 1198. The church structure began in 1260 and reconstructed in 1496 with further renovations in 1793. The defense walls with gate tower were built between 13th and 15th century. Almost its entire interior side is built with massive two-level rooms and granaries and behind them the battlement walks. These cells were a protection of the villagers’ grain chests which are still exhibited today. This church houses one of the best-preserved granaries in Transylvania. I understand that currently there are accommodations available for visitors in the former parish house that is located next to the church. I love reading about folktales or legends which are passed down through the years. There is a legend in Reussmarkt that a long, long time ago an unattractive girl used to live there. She was so unattractive that she started to cry when she saw her



Reussmarkt

image in the turbid mirrored waters. God took mercy on her and in order to relieve her suffering, created the first white lily just for her. The alluring fragrance of the flower surrounded the young lady which delighted her so much she forgot about her sorrow. Looking at herself in the surface of the water she was amazed, although her features did not change, that she became more beautiful than any other due to her relieved heart. God had thus blessed the flower with His love, bestowing upon it healing properties. So that could be why we use the White Lily at Easter and many times in funeral arrangements.

Ich wünsche allen einen schönen Tag.

NEWS

HIGHER ANNUAL INTEREST YIELD
EFFECTIVE DECEMBER 1, 2018

3.00%

On Current Annuity and IRAa
issued after 10/1/2012 and after

Money Tip

Have you had the talk with your kids? No, not that talk...the one about money. Many people think it is too difficult to talk about finances with their kids, but it is crucial to their future success. You should explain where your money comes from and why it is important to save for the future. They should also understand how critical it is to pay bills on time and to avoid debt. Start by discussing needs versus wants and explain how best they can achieve these goals.

Alliance of Transylvanian Saxons
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The Saxon News Volksblatt (ISSN 0894-1165), the official publication of the Alliance of Transylvanian Saxons, 5393 Pearl Road, Cleveland, Ohio 44129-1597, is published Bi-weekly.

Annual Subscription rate for non-ATS members
USA - \$15; Canada and Europe -\$50

Managing Editors HB Laser Communications,
PO Box 45198, Westlake, Ohio 44145.
“Periodicals Postage Paid” at Cleveland, Ohio.
Postmaster: Send address changes to the Saxon News
Volksblatt, 5393 Pearl Road, Cleveland, Ohio 44129-1597

SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES
IS WEDNESDAY - 12 NOON.

You may either

MAIL: PO BOX 45198,
Westlake, OH 44145
FAX: (440) 399-9339
E-MAIL: saxonvolksblatt@aol.com

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, JANUARY 30, 2019	FRIDAY, FEBRUARY 8, 2019
WEDNESDAY, FEBRUARY 13, 2019	FRIDAY, FEBRUARY 22, 2019
WEDNESDAY, FEBRUARY 27, 2019	FRIDAY, MARCH 8, 2019

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 noon?

Please call Hanz or Barb Hermann at (440) 892-0436.

Bist du ein Sachs, und sag's mit Stolz?

ALLIANCE OF TRANSYLVANIAN SAXONS SCHOLARSHIP GRANTS – 2019

FRESHMAN ACADEMIC SCHOLARSHIP GRANTS

To be eligible for a Freshman Academic Scholarship Grant you must be a high school senior with an accumulated grade point average in high school of 2.8, or better.

Twenty-one Scholarship Grants will be awarded to freshmen in undergraduate study at an accredited college or university in the United States and three renewable grants to present recipients of the Victor Deptner Scholarship.

- \$1,000 Four Year Renewable Grant from the Victor Deptner Memorial Scholarship
- \$1,000 Past ATS Officers’ Memorial Scholarship
- \$1,000 Henry Schindler Scholarship
- \$1,000 Michael W. Schassburger Memorial Scholarship
- \$1,000 Jon Weber Memorial Scholarship
- \$1,000 ATS Branch 33 National Scholarship Endowment Award
- \$1,000 Julia & Martin Konnerth Memorial Scholarship
- \$1,000 Julia & Martin Konnerth Memorial Scholarship
- \$1,000 Branch 10 – Columbus Scholarship
- \$1,000 Branch 14 – Canton Scholarship
- \$1,000 Davidson-Schuller Appreciation Scholarship Award in honor of ATS and Branches 33 & 34
- \$1,000 Rev. & Mrs. John Foisel Memorial Scholarship
- \$1,000 John F. Spack Memorial Scholarship
- \$1,000 John and Mary Guip Memorial Scholarship
- \$1,000 Branch 5 – Lorain Scholarship
- \$1,000 Dale & Rose Segedi-Kaufman Memorial Scholarship
- \$1,000 Dale & Rose Segedi-Kaufman Memorial Scholarship
- \$1,000 Dr. David E. Schuller Appreciation Scholarship in honor of his parents Elsie and Daniel S. Schuller
- \$1000 John Boehm Memorial Scholarship
- \$ 750 Niles-Branch 20 National Scholarship
- \$ 750 New Castle Branch 27 Scholarship
- \$ 400 Donzella Herman Scholarship

Applicants for the Scholarships listed must be ATS Members in good standing with a minimum of two years continuous membership prior to the scholarship application deadline of April 1st. High School Seniors must have maintained a 2.8, or better, grade point average in high school.

Complete the Request Form below to receive your Application. Please note: upon our receipt of the Request Form, an **official ATS Scholarship Application Form** will be mailed to you. **The completed official ATS Scholarship Application Forms from the applicant and school must be received at the ATS Home Office before April 1st.**

REQUEST FOR ATS HIGH SCHOOL SENIOR SCHOLARSHIP

Name

Address

City, State, Zip Code

Tele:

E-Mail:

Br. No. Cert. No.

Request must be received by March 1st

MAIL SCHOLARSHIP REQUEST FORM TO:
ATS Home Office
5393 Pearl Road
Cleveland, Ohio 44129-1597
Request Forms must be received by
March 1, 2019
Please note: Only official ATS Scholarship Application Forms will be accepted for consideration.



UNDERGRADUATE CONTINUING ACADEMIC SCHOLARSHIP GRANTS

The ATS is offering thirteen Academic Undergraduate Continuing Education Scholarship Grants to our members who are not current year high school graduates and are not entering college in their freshman year of study but are in an **undergraduate program**.

- \$1,000 Award in memory of Marie Stirner
- \$1,000 Award in memory of Marie Stirner
- \$1,000 Award in memory of Marie Stirner
- \$1,000 Award in memory of Marie Stirner
- \$1,000 Award in memory of Gertie & Ernie Gottschling
- \$1,000 Lorain Saxon Ladies Branch 11 Scholarship
- \$1,000 Award in memory of Edward Gottschling
- \$ 500 ATS Branch 34 Cleveland East Scholarship
- \$ 500 Award in memory of Karl & Charlotte Klammer
- \$ 500 Award in memory of Donald G. Miller
- \$ 500 Farrell-Branch 7 Scholarship
- \$ 500 ATS Scholarship Award
- \$ 500 ATS Scholarship Award
- \$ 500 ATS Scholarship Award

Applicants must be ATS members in good standing, with continuous membership for a minimum period of two (2) years. They must have a grade point average of at least 2.8. They may be any age; however, they cannot be a current year high school graduate or entering their freshman year of college.

Applicants must be enrolled in an **undergraduate program** as a **full-time student** at an accredited college or university in the United States.

Requests for official ATS Undergraduate Continuing Academic Scholarship Applications may be made by calling the ATS Home Office (440) 842-8442, or by completing the Form printed below by March 1, 2019.

Completed official ATS Applications for scholarship grants must be received at the ATS Home Office before April 1st. Undergraduate Continuing Academic Scholarship winners will be chosen in a random drawing conducted by the ATS Scholarship Committee

REQUEST FOR ATS UNDERGRADUATE CONTINUING EDUCATION SCHOLARSHIP

Name

Address

City, State, Zip Code

Tele:

E-Mail:

Br. No. Cert.No.

Request must be received by March 1st

MAIL SCHOLARSHIP REQUEST FORM TO:
ATS Home Office 5393 Pearl Road
Cleveland, Ohio 44129-1597
Request Forms must be received by March 1, 2019
Please Note: Only official ATS Scholarship Application Forms will be accepted for consideration

** Scholarship winners will be announced at the ATS Branch Presidents’ Meeting on May 4, 2019 and winners will be notified by mail. **

Attracting Backyard Visitors

Winter is a great time to begin attracting and feeding birds around your home. The key is to keep your bird feeders clean and filled. During the winter months, fill your feeders every day, but only with an amount of seeds that the birds will eat in a day. This helps protect from scavengers such as squirrels and raccoons.

If there is snow in your yard, stamp down the snow around the feeder to allow birds to forage off the ground. Birds also need a steady supply of water for drinking and bathing. You can purchase small birdbath heaters to prevent your water source from freezing.

To keep birds coming back to your feeder, you will need to clean it. Use a mild bleach solution (1/4 cup bleach to two gallons of warm water) and be sure to rinse your feeder very well. With some luck and a bit of tender loving care, your yard can become an oasis to many feathered friends.



ATTENTION
ATS JUNIORS
AGES 6 – 12

Time to Track Down
an Amur Tiger during
an Overnight Stay
Cleveland Metropark Zoo
Saturday, February 23, 2019

Pack up your sleeping bag and pillow for a fun sleep-over at the Cleveland Metroparks Zoo. You will be sleeping in the Wolf Wilderness Lodge. The program starts at 7:00 pm on Saturday, February 23, 2019 and ends at 10:00 am on Sunday morning. The zoo will provide you with an evening snack and breakfast. You take a night hike through zoo tracking the tiger and, in the morning, there will be a scavenger hunt compass activity. Zoo counselor will be with the group at all times. You are welcome to stay in the Rainforest and/or Zoo immediately following the program on Sunday. Each participant will be given a wristband that is valid for that day only if they are remaining in the Zoo. Your parent(s) are welcome to pack up their sleeping bags and join in the fun.

Reservations and Payment must be made by February 5, 2019:

ATS Junior Member Cost - \$20 Adults/Non-Member Child - \$42

Child’s Name: _____ Cert No. _____ Age _____

_____ Cert No _____ Age _____

Non-Member _____ Age _____

Adult Name _____ Cert No _____

_____ Cert No _____

Address _____

Phone No. _____ Email _____

_____ ATS Junior Member(s) @ \$20 \$ _____

_____ Adult or Non-Member @ \$42 \$ _____

Total Remittance \$ _____

Make Check payable and send to the: Alliance of Transylvanian Saxons
5393 Pearl Road
Cleveland, Ohio 44129.

College without debt:
It’s possible

Today, the average cost for one year of college ranges from \$22,000 at an in-state university to \$47,000 at a private college. If you’re taking out student loans to pay for it, you could be at least \$90,000 in debt by graduation day.

You won’t be alone, either: Total student debt in America is approaching \$1.4 trillion.

If you really want to go to college, and stay out of debt, it is possible and, yes, it is difficult.

The biggest costs of university are tuition and room-and-board. The average tuition for an in-state student going to a state university is about \$10,000. It costs a similar amount in most locales to live in a dormitory with food provided.

A student who can stay at

home while in college automatically chops \$10,000 to \$15,000 off the college budget.

That leaves tuition. With a \$10 an hour job, a student makes about \$20,000 a year, enough to pay for tuition on a thrifty budget if he lives at home. Where you work can make a difference. Wal-Mart, Lowes, Home Depot, Starbucks, UPS, FedEx, Best Buy and McDonald’s are among the dozens of companies that offer a college benefit package.

Scholarships can help offset costs of books and fees, each of which tally up to more than \$1,000 per year.

Also, work-study programs can offset costs of housing and tuition. You can get information on those programs from the college financial aid office.



FRATERNAL CALENDAR

NATIONAL EVENTS

February and March, 2019
Bowl Where You Are Tournament for Junior Members
February 23, 2019
Tiger Tracks at Cleveland Metro Parks Zoo
May 4, 2019
Branch Presidents' Meeting
Host New Castle
June 23-28, 2019
Saxon Summer Camp
July 12-14, 2019
North American Saxon Heimattag
Host Aylmer German-Canadian Club, Aylmer ONT
July 19 - 21, 2019
Teen Weekend
July 27, 2019
Family Day at Waldameer Park, Erie PA
October 19-20, 2019
ATS Open Bowling Tournament
Host Cleveland West

LOCAL EVENTS

February 2, 2019
Cleveland Sachsenheim Wurstmarkt/Sausage Sale
February 3, 2019
Cleveland Sachsenheim SchnitzelFest
February 10, 2019
New Castle TSBA Bowling at Colonial Lanes
February 16, 2019
Youngstown Saxon Club Comedy Nite
February 17, 2019
Cleveland West Br. 4 Chinese Auction/Sausage Dinner
Youngstown Pork and Kraut Dinner
March 3, 2019
Youngstown TSBA Bowling at Holday Bowl
March 5, 2019
Cleveland Sachsenheim Fat Tuesday Mardis Gras Buffet
March 9, 2019
Cleveland Saxon Dance Group Chili Cook-Off
Youngstown Br. 22/30 Goulasch Dinner
March 24, 2019
Youngstown Pork and Kraut Dinner
April 5, 2019
Cleveland West Br. 1 250 Club Banquet
April 6-7, 2019
Cleveland West TSBA Tournament
April 13, 2019
Cleveland West, East and Lorain Children's Easter Party
April 27, 2019
Cleveland ES Sachsenchor Spring Concert
May 5, 2019
Cleveland East Br. 33 Membership Banquet
Noel Banquet Center
May 11, 2019
Chicago Br. 9 Stiftungsfest/Trachtenfest
Schwaben Center Buffalo Grove IL
May 4, 2019
Cleveland Saxon Dance Group Trachtenball
June 15, 2019
Cleveland Sachsenheim Beer and Sausage Fest
June 23, 2019
Chicago Br.9 Picnic Lynne Woods Morton Grove
August 24, 2019
Cleveland West Br. 1 Oktoberfest
September 22, 2019
Cleveland West Brs. 1 and 4 Membership Banquet

YOUNGSTOWN SAXON CLUB
PORK-KRAUT DINNER
FEBRUARY 17, 2019

11:30 a.m. to 2:30 p.m.
\$9.50

Children \$5.00

includes coffee/tea/pop and dessert
OPEN TO THE PUBLIC!
TAKE OUTS AVAILABLE!

BRANCH 4, CLEVELAND
By Joan Miller-Malue

The Sachsenheim's Sausage Sale will be held on Saturday, February 2, 2019. Deadline for sausage is January 25th. Orders are being taken by Edith Hebrank (440)734-2584; Christa Herbert (440)888-6094 or email Kranstuber@roadrunner.com. (No phone orders after 9:00 pm. If you are leaving a message include your name and phone number). You may also preorder a sausage/sauerkraut, polenta dinner for \$8. Sausage sandwiches will be available the day of the Sale. **Orders are to be picked up on Saturday, February 2 after 1:00 pm.** Volunteers are needed to help out with this sale. If you are interested in helping please call the Hebrank's at 440-734-2584. This is the last sausage sale for the season, so make sure you stock up!

The following day will be the Sachsenheim's Super Bowl Sunday Schnitzel Fest. There is a choice of veal, pork or chicken plus choice of various sides. Dinners will be served between 1:00 – 3:00 pm. Reservations are to be made by calling the Sachsenheim at 216-651-0888. Deadline for reservations is January 28th. Onkel Grumpy serves up some of the best Schnitzel in town or really should say the best

in town.

We are calling on our members and friends to show support by attending Branch 4's Annual Fundraiser, the Chinese Auction and Sausage Dinner on Sunday, February 17 at 1:00 pm. Admission is \$10 for adults and \$5 for children age 10 and under. We only take prepaid reservations. Please send your reservations to Donna Jankow, 7663 Ragall Parkway, Middleburg, Hts., OH 44130 by February 8th. We will have assigned seating, so please indicate to whom you wish to be seated with. This event helps us defray expenses at the Sachsenheim, so please give us your support. Members or friends making a new item donation may drop it off at the Sachsenheim. It is a fun afternoon for the entire family. Please invite your friends to join us for a delicious meal and have

fun taking chances on winning some lovely items. Get your reservations in today! **Deadline is February 8th.**

Going into March we will start with Fat Tuesday Buffet on March 5th; the Cleveland Saxon Dance Group's Annual Chili Cook-off on Saturday, March 9th and the following day on Sunday March 10th the "Bowl Where You Are Tournament" Bowling Party for our Junior Members, ages 6 -17 which will be held at Yorktown Lanes starting at 3:00 pm.

Plus remember to come down to the Sachsenheim for our weekly evening dinners: every Tuesday our famous Taco Tuesday, on every Wednesday it is Wing Night, Thursday is hot dogs and sliders and Friday night is a variety of fish dinners and other weekly specials.

We have some great times at the Sachsenheim and we welcome all our members and friends to join us for a year full of Saxon Gemütlichkeit.

ASK ...
ASK YOUR DEPUTY HOW
A CERTIFICATE OF
MEMBERSHIP IN THE ATS
CAN HELP YOU TO SAVE!



ATS BRANCH 4 - 2019 FUND RAISER
28th ANNUAL CHINESE AUCTION/
SAUSAGE DINNER

Sunday, February 17, 2019
Cleveland Sachsenheim
7001 Denison Avenue
Dinner at 1:00 pm

Auction of items to follow dinner

ADMISSION BY PREPAID RESERVATIONS ONLY!

\$10.00 - Adults Children 10 & Under - \$5.00
Auction Tickets Sold at the Door - \$7.00

Chinese Auction / Sausage Dinner
Sunday, February 17, 2019
By Prepaid Reservation Only

Send to: Donna Jankow
7663 Ragall Parkway
Middleburg Hts., OH 44130

_____	Adult Dinners @10 .00 each	\$ _____
_____	Children's Dinners @ \$5.00 ea	\$ _____
_____	Total Amount Enclosed	\$ _____

Name _____
Address _____
Tele No. _____ Email _____

Meal Tickets will be held at the Door.

We will have assigned seating...Please indicate if you wish to sit with specific individuals _____

Deadline for Reservations is February 8th

CHURCHES



St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.or

10:00 Bilingual Service

Nursery

Coffee following service

Senior Circle

Sunday School

Church Choir

Bell Choir

St. John's Lutheran Church

1000 Ford Road
Highland Hts., Ohio
(440) 449-1334

Rev. Paul Stork
Pastor

10:00 Worship Service

BRANCH 33, CLEVELAND EAST

By Arline Krestel-Suts

Happy New Year to all! Wow, January 2019 and so far a light winter in Northeast Ohio, but I am sure Winter is winding up to give us a few good punches before Spring.

Hope everyone had a nice Christmas. December 9th, Br. 33 had its annual Christmas dinner. It was great to see a few of our junior members there. We did miss many members including Peg and Florence, but with the weather being good that day we had a fairly good turn out. Thank you to all who attended, especially those who have to make an effort to find a ride, and those who came a long distance like the Fogels from Columbus.

We keep all of our members in our prayers at the monthly meetings.

We have heard that sister Dorothy Hull in Florida has been ill and we do hope she recovers. Sympathy goes out to the Kirchner family; our brother James Kirchner passed away in November. And now that it's a new year, don't forget to pay

dues, in order to be eligible for Branch benefits.

With the start of this new year, Branch 33 installed the officers for 2019. All current officers were reelected, and we thank members for your faith in us. Officers are President Ema Litschel, Vice President Margaret Schmidt, Recording secretary Arline Suts, Treasurer Jeff Krestel, Financial secretary Mike Bretz, ATS secretary Karyn Schmidt, Trustees Barb Hum, Margarete Ziegler, Maria Phillips, Austin Bonnett, and membership Chair Cindy Schneider. Thank you for continuing to serve Branch 33.

Events coming up: coinciding with the ATS annual Bowl Where You Are for juniors, Branch 33 will be holding a bowling party for all members, adults and Juniors. President Litschel is looking at venues and dates, most likely will be on a Sunday at the end of February.

Branch 33 annual membership banquet is Sunday, May 5 at St. Noel Banquet Center starting at 1 PM. Mark your calendar's for that day.

The next meeting will be February 13, as always the second Wednesday of the month, at St John's Lutheran Church Ford Rd. You know, We live in such an interesting world, Filled with interesting people. Br 33 members are no exception I am sure. So, Before this meeting, members are asked to share in a "Did You Know..." social. Please come and share a piece of trivia, A poem, a joke, info you would like all to know, etc. You can keep it simple, just a few minutes. Bakery and beverages will also be served. Maria Thellmann volunteered to bring pastry, and something you all already DO know is Maria is a phenom in the kitchen. So even if you don't want to talk, please come and share in the social time.



Perfect Attendance! These seven Branch 33 members attended every meeting in 2018

BRANCH 22, YOUNGSTOWN

By Rosemarie Kascher

We invite men and women to apply for the Br. 22 Scholarship to YSU. The applicant must be in good standing in Br. 22, Br. 30 and the ATS. They can be applicants right out of high school or adults who would like to further their education as full time students. Requests may be sent to Julaine Gilmartin, 4173 Timberland Trail, Canfield OH 44406; Rosemary Zamaray, 2158 Cranbrook Dr, Youngstown OH 44511, or Bev Myers, 6980 Kirk Rd, Canfield OH 44406. The deadline for applications is April 15, 2019. Please read elsewhere in the Volksblatt for information on the ATS grants.

Please be sure that you have paid your dues for 2019; they remain the same at \$24.00 for this next year and you want to be able to vote on upcoming changes. Send dues to Betty Garhammer, 969 Canfield Rd, Youngstown OH 44511, or phone to 330-788-4274. Good things are happening ahead and you will want to be a part of it.

Cards were sent in December to: Bonnie Baker, Rosemarie Yohman, Matilda Stefanick, Darlene Nischwitz, Thelma Schuller, Betty Smith, Hildegard Dunkerly, Marianne Sawicki and Dorothy Fizet.

Pork/Kraut Dinners are February 17th, March 24, September 22, and October 27, 2019. Goulash Dinner is set for March 9th, 2019; February 16, 2019, Comedy



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Daniel C. Reighard

Age 90

Died: December 16, 2018
Branch 30, Youngstown OH

Bertha M. Chec

Age 97

Died: December 25, 2018
Branch 7, Farrell

Dorothy M. Fletcher

Age 92

Died: January 04, 2019
Branch 29, Monaca PA

Frances A. Galla

Age 88

Died: January 8, 2019
Branch 22, Youngstown OH

Heather M. (Englert) Dobbins

Age 40

Died: January 11, 2019
Branch 18, Salem OH

Nite, \$10.00 per person, open at 6:30 p.m.

The next event under Youth Activities is February 23, a trip to the Zoo, \$20.00 per child. Contact the Eberth girls for more information.

Officers Meeting Tuesday, February 5 @ 1:00 p.m.
Branch Meeting Sunday, February 10 @ 2:00 p.m.
Happy Valentines Day!

BRANCH 26, MERRILLVILLE

By Helen Brooks

The meeting of Saxon Lodge 26 was held on January 6, 2019. It was time to install officers. Jana Szostek did the honors. Officers for 2019 are as follows:

President, Randall Floyd
Vice President, Dan Schuffert
Secretary, Jeff Szostek
Treasurer, Pete Guip
Financial Sec'y, Zita Palyok
Trustees, Brigitte Floyd, Linda Smith and Judy Andrews
Sick Comm., W i l l a r d Schuffert and Martin Smith
Social Director, Jana Szostek

We started the meeting with the Pledge to the Flag. Minutes from the two previous meetings were read

by our new Secretary Jeff Szostek; they were both accepted as read.

Pete Guip gave the Treasurer's report on the last two months as well as an end of the year report which were approved.

A check was received from the ATS Home Office in Cleveland, for which we are grateful, and we thank the ATS.

The Edward Gottschling Family has asked that his death benefit be put into an ATS Scholarship fund as well as a plaque in his memory. We thank the family.

A Thank You note was read from our local Food Pantry.

The raffle was won by Katie Bouquuti and attendance prize by Charlie Young.

The meeting was then adjourned and we enjoyed an assortment of delicious pizzas.

EINTRACHT SAXONIA SACHSENCOR

By Edith Hebrank

The long absence of my article I can easily explain. Some of you might understand this; for some it might not be a problem at all. In late fall last year my computer crashed. Our “son.com” bought a new one for me. However, I had a totally different instrument than ever before. I just couldn’t find my way through this new thing. In short, I am technology-challenged. That’s what took so long.

The Sachsenchor had a very successful Wurstmarkt, THANKS TO ALLOF YOU EAGER AND WILLING VOLUNTEERS. It turned out that Saturday is the day you helpers are able to support us. Do any of you younger volunteers feel the call to perhaps take the leadership from us, not so young any more? We are more than willing to teach and guide you.

Early in December the choir held its annual Christmas Party. As always, the room was festive, the atmosphere was happy. The weather cooperated; some of our passive members were able to attend and enjoy the tasty Gulasch our cooks had prepared. (Last year we had to cancel the party because of snow.) Christmas Carols and poems by Kathi Gross were enjoyed. We all were glad to see Kathi up and about and doing well. As always, -I can’t emphasize this often enough - desserts, i.e. Saxon bakery, were plentiful. All that delicious pastry after a big meal!

Immediately following the Christmas Celebration, the president had called a meeting, especially to hold elections. That part went off easily: Everyone ran for re-election. We also heard that Martin Schuller, the Sachsenheim’s president, was mending well, but slowly,

from his surgery. We hope to see you soon at the Sachsenheim, Martin.

And now, we are preparing for the last Wurstmarkt of the season. February 1, 2019 we are cutting meat, February 2, 2019 the sausage will be made. Please note the ad in the paper, so you can place your order in time. Readers, please pass the word, so that everyone is informed about the event and volunteers can plan accordingly. Anyone with questions about helping, please call Horst Hebrank, 440.734.2485.

The scheduled rehearsal on January 15, for the Memorial Service of Br. 1 and Br. 4 on January 21, 2019, took place somewhat differently. Because of surgery our Director, Andrea Ball, was unable to come. Edith Yerger, one of our singers, substituted for Andrea. Edith had doubted her ability; however, she surprised herself and did very well directing the choir.

The choir’s annual concert is scheduled for April 27, 2019. Singers, regular practice will begin March 12, 2019, at 1:30 pm. Before that, readers please ORDER YOUR TICKETS for the Chinese Auction of Br. 4. It is quite a lively and enjoyable event. Be sure to mark your calendar.

Hoping everyone had a Blessed Christmas and for the New Year we wish you best of health and happiness.

We all hope for a winter with just as little snow as possible and yet make the skiers happy.

Winter, ade! Scheiden tut weh.

Aber dein Scheiden macht, dass mir das Herze lacht!

Hoffmann von Fallersleben,
1835

YOUNGSTOWN

SAXON RETIREES

By Ro Dundon

In December our meeting was again held in the Ballroom’s annex and also our Christmas luncheon. Everyone was in the holiday spirit, happy chatter went round the room along with a bit of cheer.

Surprlse, surprlse and a sight for sore eyes! Teri Laret attended our final for the year luncheon. She has been absent for some time, and we expect to see her from now on. The same goes for Curt Callahan who also joined us. It’s always good to see those who have been away.

President Marge Teutsch opened the meeting with a pledge and a prayer. Leading the way to the buffet were the birthday celebs, Tillie and Dom. Much thanks to the ATS who gifted us with a generous present. Thank you again, we really appreciated it. Luncheon was on you.

Eileen and Dom were in charge of the 50/50 drawing. Then on to the discussion regarding a new location for our monthly meetings. It was agreed to meet at Denny’s in Austintown. Lucy Is the hostess for March so she will make the arrangements. If we are unable to meet there she will call everyone with new plans.

As usual, we will not meet in January or February. We will meet in March at Denny’s, that is March 14, 2019 at 11:30.

Both Christmas and New Years will have passed and we will be on the way to Spring (but not from the looks of today). I hope the holidays were terrific.

Till we meet again.

Easy trick to limit shopping

According to Consumer Reports, using credit cards will increase the amount of money you spend on a purchase because it makes the purchase less painful and speeds up the shopping process.

One way to slow things down is to create a buffer between the buying impulse and the checkout button. You can do this by simply removing saved credit card information from web browsers and online stores such as Amazon, according to The Simple Dollar. Actually having to take the card out of a wallet and type the information creates a powerful disincentive to purchase.



Schnitzel Fest
Cleveland Sachsenheim
7001 Denison Ave
Sunday, February 3, 2019
Serving 1:00 – 3:00 pm

Wiener Schnitzel	\$15.95
Pork Schnitzel	\$ 9.95
Chicken Schnitzel	\$ 9.95

(Take-outs are \$1 more)

Includes the choice of two sides:
German Potato Salad, Mashed Potatoes,
Potato Pancakes, Red Cabbage, Sauerkraut,
Cabbage & Noodles, Mixed Vegetables,
Plus, more!

Make Reservations at the Sachsenheim’s Bar
or Call (216) 651-0888

Deadline for Reservations is January 28, 2019

Join us for the Cleveland Saxon Dance Group’s
9th Annual
Chili Cook-off Fundraiser

Westside Sachsenheim
7001 Denison Avenue
Cleveland, OH

Saturday March 9, 2019
Doors open at 6:00 pm
Chili Tasting begins at 6:30 p.m.

Tickets \$12 in advance from any Dance Group member
or \$15 at the door. Children under 12 half price.

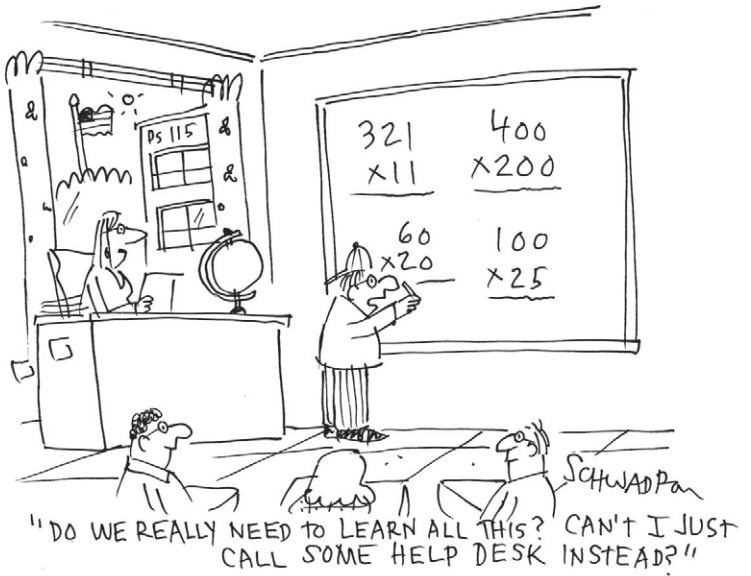
Includes admission, three chili samples,
accompaniments and desserts
Additional chili samples \$1 each
A cash bar will be available

Stay after the cook-off and enjoy
music by the Dirty Franks



Contact Stephanie Miller at 216-647-3229
or email her at samiller55@sbcglobal.net
with any questions or if you would like to
enter a chili for judging in the contest.

Cost is \$20 per entry (includes admission ticket for entrant)
and prizes will be awarded for the top entries



ATS



Tiger Track Overnight at
Cleveland Metropark Zoo
February 23, 2019

Bowl Where You Are Tournament
Ages 6 -17
February and March

Saxon Summer Camp
June 23-28 2019
Camp Frederick Rogers, Ohio
New Adventure Grades 1 - 2 (completed)
Discoverers Grades 3 - 4 (completed)
Journeymen Grades 5 - 6 (completed)
Ultimate Challenge Grades 7- 9 (completed)

Teen Weekend
July 19-21, 2019
Salem Saxon Club
Ages 13-19

ATS Family Day
July 27, 2019
Waldameer Park, Erie PA

Plus Coloring Contests during the Year
and
Coloring Projects in the Volksblatt

Ja Nein
Yes No

Danke
Thank you

Bitte schön
You are welcome

Color to Receive Valentine Treat!



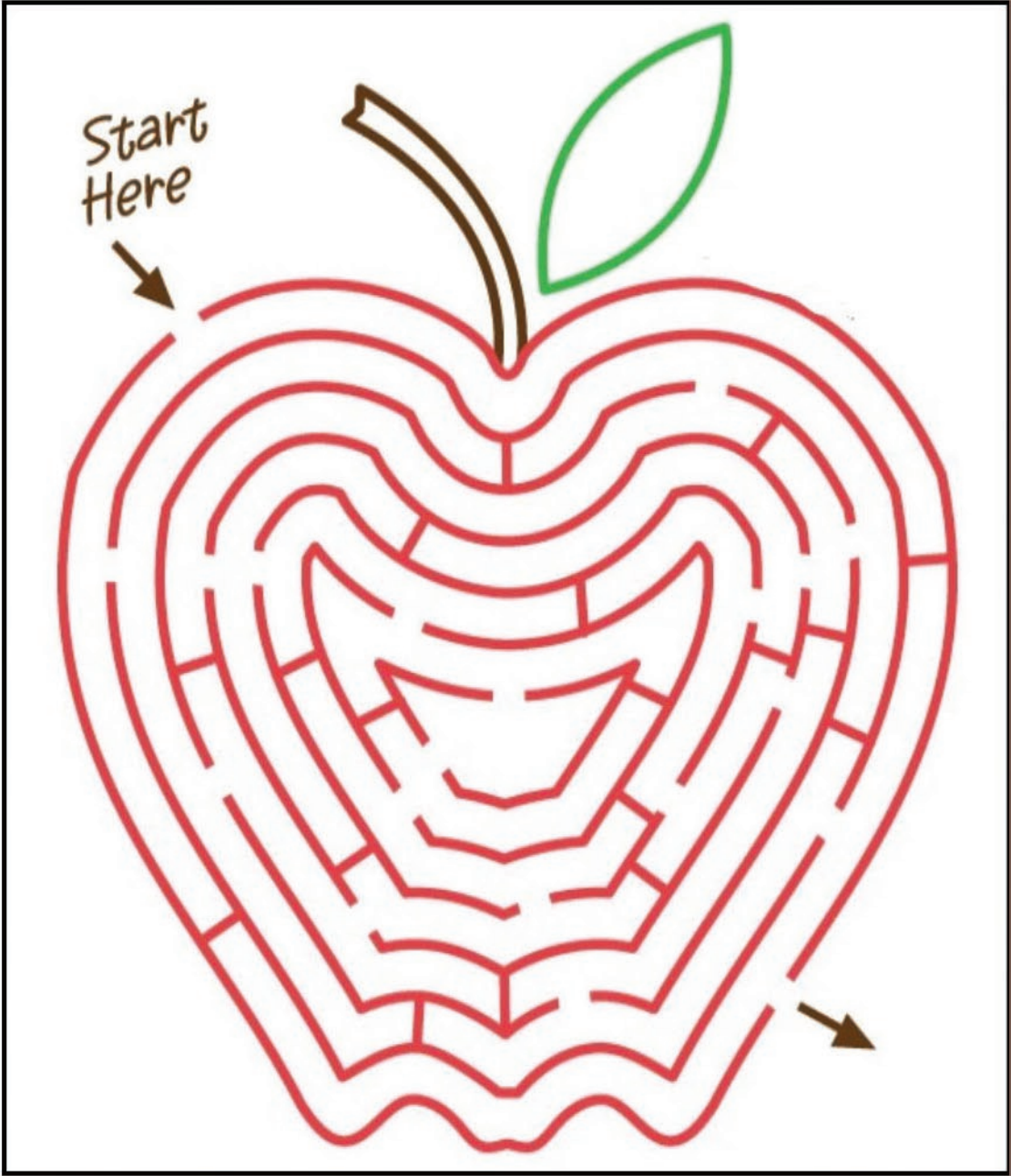
Name: _____ Branch No. _____ Cert.No. _____

Address: _____

City: _____ State: _____ Zip Code: _____

Please mail to ATS Home Office; 5393 Pearl Road; Cleveland, OH 44129

Before February 15, 2019



BRANCH 9, CHICAGO

By Rose-Marie Hauer

Greetings and Happy New Year to our members and all our Saxon friends! The last month has been bittersweet for us with many good times and some very sad times.

On December 16, Branch 9 held its annual Christmas Party. It was well attended and what a great time we all had that day! A special thank you to Sister Sanderson and her committee for all the surprises they had in store for us. Sister Kathy Thut made gingerbread cookies and the talented children decorated the cookies. Ornament kits were supplied and many ornaments were made for Christmas trees at home. Brother Bill Blatter and Brother Walter Dreschler brought their accordions and entertained us the whole afternoon. The committee prepared an excellent lunch and of the course the bakery items were beyond delicious. The children played instruments and recited poems and then they received a visit from Santa. Branch 9 also collected canned good and non-perishable items for the Palatine Food Pantry. New this year, we also collected toys for the sick children at Advocate Lutheran General Children's Hospital. Both the food pantry and the hospital were thankful for our generosity and sent us thank you notes.

Our meeting was held on January 7, with many in attendance. President Thut began the meeting wishing all the members a Happy New Year. She thanked all the Officers and members for another successful year. She encouraged the membership to bring in new members so we can continue to thrive. Please do not forget to purchase polices!

Sister Claudia Schmidt reported several members have been ill and we wish them a speedy recovery. Sister Sara Hartig, Brother John Morgan and Brother Fritz Roth. Please keep these individuals in your prayers.

Branch 9 extends deepest sympathy to the relatives of these family members.



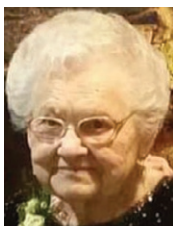
Kathryn Irene McCrea (nee Gunnesch), 60, passed away peacefully December 9, 2018. After graduating from Mather High School, Kathy earned her B.S. in Social Work from Northeastern Illinois University and did post-graduate work at North Park College in Health Management while managing several doctor's offices. Kathy was a skilled gardener, an avid volunteer at Swedish Covenant Hospital, an auxiliary police officer for the Village of Rosemont (1995-2004), and a member of the Alliance of Transylvanian Saxons. She participated in the 1996 Mrs. Illinois-America contest, rescued many animals, and loved her family farm in Edgerton, Wisconsin. Kathy will be remembered for her tender heart, her generosity, and her long blonde hair. Cherished wife of 36 years to Douglas John McCrea and devoted mother of Steven Douglas McCrea. Loving sister of Karen A.G. Miller, dear aunt of Ronald F. (Monica) Miller II and great-aunt of Josh Miller. Step-mother of Toni Lynette Szklarski, Deanna Lynn (Eric) Wiley, and Douglas (Jenny) McCrea, Jr. Step-grandmother of Tyler and Haley Szklarski, Addisyn Wiley, and Lindsey McCrea. Daughter of the late Thomas Gunnesch and Irene Kathryn Gunnesch (nee Lurtz). A Celebration of Life was held on Saturday, December 29, at Himmel's Restaurant.

Nina Mueller age 43, daughter-in-law of Sister Hilde & Brother Andy Mueller passed away on December 18, 2018 in Canada. She was the beloved wife of



Nina Mueller

Andy Mueller, Jr and loving mother of Sam and Eva. A private memorial Service was held on January 19, 2019.



Pauline Zultner, nee Welther, 92, passed away on January 8, 2019. Beloved wife of the late Guntram Zultner, adoring mother of Hilde (Andreas) Mueller, Inge (Robert) Spotnitz, Gundy (Cat) Zultner; grandmother to Jenine and Alex Spotnitz and Christian (Ashley) Gray-Mueller. Loving sister to her siblings Andreas, Daniel and Johanna. Born in 1926 in Scharosch, Romania she emigrated from Germany to the United States in 1952. She married Guntram in 1953 and they spent all their days in Chicago. She was known as an avid baker and crocheter, as well as a beautiful singer. She was an eager member of many Chicago area German clubs, most especially Transylvanian Saxons Branch 9 and Schiller Liedertafel Ladies Club.

EVENTS TO MARK ON YOUR CALENDAR FOR 2019

May 11, 2019-----Stiftungsfest/Trachtenfest at the Schawben Center in Buffalo Grove, IL. Details to follow.

June 23, 2019----Picnic Lynne Woods, Morton Grove, IL.

December 15, 2019-Christmas Party

***Other events will be communicated when available.**

I will end by saying enjoy each day to the fullest because life is just too short! See you at the next meeting on February 4.



Chicago Branch 9 donation to Advocate Lutheran General children's Hospital



Chicago Branch 9 donation to the Palatine Food Pantry



CHICAGO BRANCH 9 CHRISTMAS PARTY



Artisans and Nobles:
The von Kraus Family across 350 Years of War and Social
Change in Eastern European History

Rüdiger H. von Kraus
A Thesis in the Field of History
for the Degree of Master of Liberal Arts
in Extension Studies
Harvard University May 2017

Abstract

The recorded history of the von Kraus family started in 1663 with the birth of Thomas Kraus who was ennobled thirty-nine years later by Leopold I of Austria for bravery in the 1697 Battle of Zenta. The patent of nobility entitled Thomas to pass on the honorific and indemnity privileges to all his “heirs in eternity.”

This study attempts to show how Thomas and his heirs used (or ignored) their elevated status over the span of eleven generations against the backdrop of three-and-a-half centuries of social, political, and economic change.

There are three overarching factors that impacted the family’s history. First, Saxon ethnicity pitched it against its Hungarian and Romanian neighbors. Second, the minority status this ethnicity accorded it throughout its history. And third, Transylvania was the geographical location of the family for most of its history. These factors added a unique flavor to the family’s history.

As time went on the indemnity privileges that came with the ennoblement petered out in Fogarasch, the locality of the original branch of the family, while they were not even allowed by statute in Zeiden, the location of a first transplant more than a hundred years after the ennoblement. The honorific privileges, however, continued at both locations, intermittently in some family lines or with uses that were not necessarily envisioned by the patent. These privileges also ceased to exist when they were outlawed by Romania’s communist regime in 1947; only to be picked up again starting in the 1960s by some of the family members who succeeded in emigrating to West Germany.

The thorough research that I undertook for this study did not unearth any other publicly available history of a Saxon family of lower nobility such as the von Krauses.

Introduction

Not much has been written about Europe’s lower nobility, in general, let alone about one particular family on Europe’s geographic fringes. In our case, said fringe does not imply only its location in the land of Bram Stoker’s Dracula but also the peculiar situation in which the Saxon von Kraus family found itself, surrounded by feudally inclined Hungarians on the one hand and Romanians who rose from serfdom to the rulers of Transylvania on the other.

Three-quarters of the Transylvanian Saxons had established from their beginnings—in the twelfth and thirteenth centuries—statutes that encouraged socially equalizing

forces. On Königsboden—the territories the kings had allotted them—the privileges of the Saxons that were ennobled by Transylvania’s rulers were limited by these forces.

The von Kraus family started out in 1702 as part of the Saxons who lived outside the Königsboden—the parts of Transylvania governed by feudal rules—which allowed them to exercise all the privileges that came with the ennoblement. Over a century later a member of the family branched out to a community governed by the rules of the Königsboden. These separate sets of rules were eventually replaced by universal ones introduced by the three political powers—Austria, Hungary, and Romania—that succeeded each other in governing Transylvania during the three-and-a-half centuries of our story.

It is in this long-term historical context that I shall follow those members of the von Kraus family that left traceable marks along the way. The six chapters of the story—each with three to five sections—follow a chronological order with flashbacks and flash-forwards to cohere the story, develop the characters, or add structure to the narrative.

The first and shortest chapter describes the converging historical contingencies that made it possible for history’s radar to pick up the existence of the family in Fogarasch. Without the elevation of Thomas into nobility, there would not have been a Patent of Nobility that formed the first document that the family maintained, used, and interpreted in different ways over the years.

The lower-nobility title that Leopold I of Austria conferred on Thomas did not catapult him to wealth. That is why in the second chapter, we explore the most likely scenario by which Thomas and his immediate descendants were able to combine their new status with the need to earn a living. In the absence of hard facts, we had to resort in this chapter to “speculations” including the cause of the ennoblement.

A century or so after the ennoblement one family member started a new branch and a new family craft in not-too-distant Zeiden. A flashback in this third chapter seemed appropriate to present the status of the Saxon community on Königsboden of which Zeiden was a part. This is also the chapter in which a third and arguably the most successful craft becomes a family business. The last section of this chapter talks about the start of World War I and its effects on the family.

The consolidation of the gardening business, the new family craft in Zeiden, and the demise of the Foga-

About the Author

Rüdiger (Rick) H. Von Kraus was born in Râșnov, (Rosenau) Romania in 1948 where he earned his M.A in German/English and was on the Faculty for Foreign Languages at the University of Bucharest from 1967-1972. He was a Foreign Trade Officer, Romchim Foreign Trade Organization, Bucharest, Romania, 1972-1973; Commercial Specialist, US Embassy, Bucharest, Romania, 1973-1975.

Rudiger emigrated to the United States in 1976 where he went on to earn his M.B.A. International Business/Industrial Marketing from Rutgers, State University of New Jersey in 1981 and an M.A. History from Harvard University in 2012.

Von Kraus’ work background continued in the U.S as Assistant to the President, Tedruth Plastics Corporation, Farmingdale, N.J., 1976-1980; Marketing Manager, Cities Services Corporation, Fesco Division, Freehold, N.J., 1980-1983; Sales Manager, Windmöller & Hölscher Corporation, Lincoln, R.I., 1983-1985; Vice President, Alpine America, Natick, MA, 1985-1987; Vice President, Plastics, Duro Bag Corporation, Florence, KY, 1987-1988; President/50%, Addex Incorporated, Stoughton, MA, 1989-2015; Chairman of the Board/50%, Addex Incorporated, Newark, N.Y., 2015-present.

Von Kraus is married to Roxana Michaela von Kraus, née Belloiu, M.A., M.B.A.. Children: Major (ret.) Brian Rüdiger von Kraus, B.A., Boston College, M.B.A., UCLA (b. July 2, 1978). Lee Michael von Kraus, B.A., Vassar College, Ph.D. in Neurobiology, SUNY (b. February 22, 1981).

Hobbies include politics, Daily five mile Jogging, Skiing, Swimming, Classical Music, Reading.

Affiliations: American Historical Association, Society for Romanian Studies, Society of Plastics Industry, Boston Harvard Club, Bucharest Jockey Club.

Von Kraus recently became a member of the ATS.

rasch branch of the family are the subject of the fourth chapter. The integration of Transylvania into Romania after World War I made apparent the ethnic dimensions in the family. As in the previous chapter this chapter also ends with a section on war: the family’s participation in World War II.

Unlike the relatively minor aforementioned ethnic consequences of World War I, the end of World War II brought about drastic political changes. This fifth chapter also examines the beginning of the Saxons’ alienation from the new political order and their reaction, initially tepid but eventually explosive exo-

odus when Romania’s need for hard currency turned them into an export commodity. All family members participated in the exodus in a variety of ways, mostly to Germany and Austria.

One family member and spouse chose America as their final destination. This last chapter describes the politics that made their leaving Romania possible followed by their assimilation into the American way of life. The last three sections of this chapter are dedicated to their two sons and how they took full advantage of the opportunities this new country offered them.

To be continued

Cabin Fever Workouts:
When winter makes you stay home

Let’s face it: winter can be long when you’re in a cold-weather location, and the gym gets old after awhile. When you can’t get outside, sometimes it helps to simply get a change of scenery -- even if that means a workout at home.

The good news is, you can make up your own routine. Here are some ideas to help you get started:

Lunges: This tried-and-true exercise is great for strengthening the legs and backside. Do lunges and reverse lunges to really work a variety of muscle groups.

Burpees: What better way to mix cardio and strength than this one?

Jogging in place: Do 45 seconds of tush-kicking, and 45 seconds of high knees. Take a quick break and go at it again for as many rounds as you can muster.

Pushups: Perform full pushups or modify them. Either way, you can do 3-5 rounds of a chosen number, and feel the burn.

Tricep dips: Be sure to find a solid piece of furniture that will hold you and won’t move. Then do this classic exercise with your legs straight or bent and, as with the pushups, do 3-5 rounds of a certain number.

Sit-ups: Pick your favorite way to do them, and get to it! Your core will thank you.

Planks: Assume the position! You know the one, where you appear poised to perform a push-up and then stay still for as long as possible. The most popular pose is with forearms flat on the floor, arms forming a 90-degree angle, and legs stretched out behind you, toes pointed down to the ground. Remember to keep your back flat.

There are any number of ways to mix things up and stay in shape. And this is your house -- play whatever music you want or put any channel you like on TV. The key to sticking with a workout is to have fun with it, after all.

PotPourri

Your Horoscope

FEBRUARY

Aries 3/21 - 4/19: Carve out time to be with a friend or loved one, even if it is just listening to music. An older person needs you.

Taurus 4/20 - 5/20: Changes are afoot that might be permanent. Do what you can to influence the outcome, but remember change is the nature of life.

Gemini 5/21 - 6/20: Questions linger by the new moon on the 4th. A bit of silly gossip contains something false and something true. Remain above it.

Cancer 6/21 - 7/22: A child may be on your mind by the full moon on the 20th. Stay calm, close, and loving. Your time is most important.

Leo 7/23 - 8/22: Tackle it now. By the first quarter moon on the 12th, take steps to accomplish one goal of your heart. What you start this month has benefits by the end of the year.

Virgo 8/23 - 9/22: You didn't see it coming, but here it is. Surprise events require your heart, head, and effort. Don't shy from the challenge.

Libra 9/23 - 10/21: You've waited a long time, but a long process is coming to an end. Take a deep breath. Whether the outcome is good or bad, it is what it is.

Scorpio 10/22 - 11/21: Affairs of the heart, or lack thereof, are on your mind in the month of hearts. Take stock of what you have offered and what you can offer.

Sagittarius 11/22 - 12/21: A invitation for a volunteer effort comes your way. You will get more than you give, if you can find the time.

Capricorn 12/22 - 1/19: Time to look into your crystal ball. Where do you want to be in 15 years and, with your current lifestyle, where will you probably be?

Aquarius 1/20 - 2/18: Of course, some Aquarians always get the flowers at the office. But, don't parade around with tokens of your good fortune in love. Stars say a friend is trying to be brave.

Pisces 2/19 - 3/20: Beware of making assumptions about an acquaintance or distant relative. They are more than they seem to be. Assuming otherwise could be embarrassing not to them, but to you.-

When snowmageddon hits, just don't make it worse by shoveling

The 4,000 souls who live in Hancock, Michigan probably know to get their snowblowers out before winter drops the usual 200 inches on them.

But those in less flaky climes, when a storm drops six inches of snow, are probably going to get out a snow shovel one morning.

Think first.

Just don't shovel snow if you are 45 or over. According to Popular Science, shoveling snow isn't mere exercise. It is uniquely challenging to the heart, causing blood pressure to rise and oxygen to drop. In addition, it is done in the cold, which means an increased chance of heart blood vessel constriction.

Don't imagine you are protected because you are a jogger or runner. The de-



mands put on the heart while shoveling snow are much higher than with those activities.

Still, it is better to be in shape than out of shape when you shovel snow.

If you absolutely must shov-

el snow, then follow these guidelines:

- 1 Warm up with some light stretching and movement.
- 2 Don't smoke! You are going to need all the oxygen your body can get.
- 3 Eat lightly before shoveling. Large meals put a strain on your heart.
- 4 Dress in layers.
- 5 Plan to stop shoveling frequently. Go in and get warm.
- 6 Push the snow, don't lift it.
- 7 If you must lift snow, at least use a small shovel. Those wide shovels are best for pushing. Use a small, steel shovel. Don't constantly try to throw snow. Instead, turn small amounts over in a pile.
- 8 Don't drink alcohol before or after shoveling.
- 9 Consider buying a snow blower instead.

How to make baby food



Making your own baby food is a great way to have more control over what your child is eating and it doesn't have to be expensive, according to What to Expect.

All-in-one gadgets are readily available that will both cook and puree the food, but all you need is a food processor or blender to get started.

Fruits and vegetables have to be peeled, pitted, and steamed or boiled. After that, use a food processor or blender to puree. Depending on the ingredients, you might need to add water, breast milk, or formula to make it a little more soupy in the beginning. Babies will need less liquid added as they get older.

Meats, grains, and cereals follow a similar process. Add different ingredients to create a complete meal.

Baby food can be stored for up to four days in the fridge or three months in the freezer, making it affordable in the long run. Use ice cube trays or specialized storage containers to make single servings that can be thawed.

Alles gute zum Namenstag!

Brigitte	1. Februar
Maria	2. Februar
Blasius	3. Februar
Wiltrud	3. Februar
Veronika	4. Februar
Agathe	5. Februar
Bringfriede	5. Februar
Theoderich	6. Februar
Dorothea	6. Februar
Richard	7. Februar
Wolfram	8. Februar
Apollonia	9. Februar
Armgard	10. Februar
Irmgard	10. Februar
Diethelm	11. Februar
Rothild	12. Februar
Valentin	14. Februar
Kurt	15. Februar
Siegbert	15. Februar
Juliana, Julie	16. Februar
Konstantia	17. Februar
Konstantin	17. Februar
Konrad	18. Februar
Susanne	19. Februar
Herbert	20. Februar
Jutta	20. Februar
Eleonore	21. Februar
Gundhard	22. Februar
Egon	23. Februar
Matthias	24. Februar
Viktor	25. Februar
Gotthilf	26. Februar
Gotthold	26. Februar
Leberecht	27. Februar
Berta	28. Februar



Martha Scheiner:
Zem nâe Johr

Na äs et awwer nemmi long,
bäs de Klok mät ärem Klong
es soot: Det âlt Johr äs dervun
und e nâet feht na un.

Wunn't vum Turren zwelfmol schliet,
angder frâem Hemmel em stiht.
Em lett ä Gedonke villet zeräck,
und hofft af det nâ Gläck.

As Wangsch äs et, gesangd ze bleiwen,
uch wu' mer 2019 schreiwen.
Dett Lächt, dât vun de Stârre kitt,
nâ Hoffnung af de Wiëj es gitt.

E jeder wiel dennich na gârre sähn,
wä der Hemmel ufeht ze brähn.
Em hirt e lokt Krachen uch Knallen
durch de Dankelhiet na schallen.

E mystesch Lächterdânz äs ze sähn,
vill Feierkugeln um Hemmel verglähn.
Gehiemnesvol äs dess Atmosphär,
wä wunn de Wält verzuwert wer.

As Härze vir Frâden hecher schlön.
Iwwerâl hirt em de Lekt sich soon:
"Norr de Gesangd wäll ich der wängschen,
uch datt Fride bleiwt fir alle Mängschen."



Choruses

CLEVELAND, SECTION 1 EINTRACHT SAXONIA

SACHSENCHOR

Rehearsal:

Tuesdays 1:30 - 3:00 p.m.

PRESIDENT

Horst Hebrank

26148 Kennedy Ridge Rd

No Olmsted OH 44070

(440) 734-2584

SECRETARY

Christa Herbert

4703 West Ridgewood Dr.

Parma, OH 44134

440-888-6094

NEW CASTLE, SECTION 6 EINTRACHT MÄNNERCHOR

Rehearsal:

Every Tuesday at 7:30 p.m.

PRESIDENT

Jonathan Baisch

3336 Plank Rd

New Castle PA 16105

(724) 519-0519

newcastleeintracht@gmail.com

SECRETARY

Samuel Audia

635 Moffatt Rd

New Castle PA 16101

(724) 651- 3354

eintrachtmaennerchor@gmail.com

ERIE SIEBENBUERGER SINGERS

Meet Monday at
Siebenbuerger Club

PRESIDENT

Tim Clint

5805 West Road

McKean, PA 16426

(814)572-6639

Email: tjbcclint@verizon.net



Cultural Groups

CLEVELAND SAXON DANCE GROUP

Rehearsal: Fridays

6:30 p.m Children

7:30 pm Adults

Westside Sachsenheim

PRESIDENT

Amanda Donnellan

9578 W. 130th St

Strongsville OH 44136

(216) 235-5240

adonnellan5@yahoo.com

SECRETARY

Christine Roppelt

8905 Fernhill Ave

Parma OH 44129

(216) 773-9375

tantechrissy68@gmail.com

YOUNGSTOWN SAXON CULTURE GROUP

Meets: 2nd Sunday of Month

Youngstown Saxon Club

PRESIDENT

Robert Bachinger

5268 N Beacon Dr

Youngstown OH 44515

(330) 792-5177

bman1017@gmail.com

SECRETARY

Michael Bachinger

3134 Neosho Rd

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Musik005@aol.com

TRANSYLVANIAN SAXON BOWLING LEAGUE



PRESIDENT

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VICE PRESIDENT

Tom Simon

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SECRETARY-TREASURER

Jenny Miller King

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Bay Village, OH 44140

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YOUNGSTOWN SAXON RETIREES

Meets 2nd Thursday 11:30 a.m.

Youngstown Saxon Club

(March - December)

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Margaret Teutsch

5704 Kirk Rd,

Canfield OH 44406

(330) 799-7794

SECRETARY

Rosemary Dundon

7637 E. Parkside Dr

Youngstown OH 44512-5309

SALEM SAXON RETIREES

Meets 1st Wednesday

of each month

PRESIDENT

Lois Whitacre

15425 Lisbon St.

Minerva, OH 44657

(330) 862-2607

SECRETARY

Dianne Kuttler

4282 McCann Rd

Salem OH 44460

(330) 525-0120

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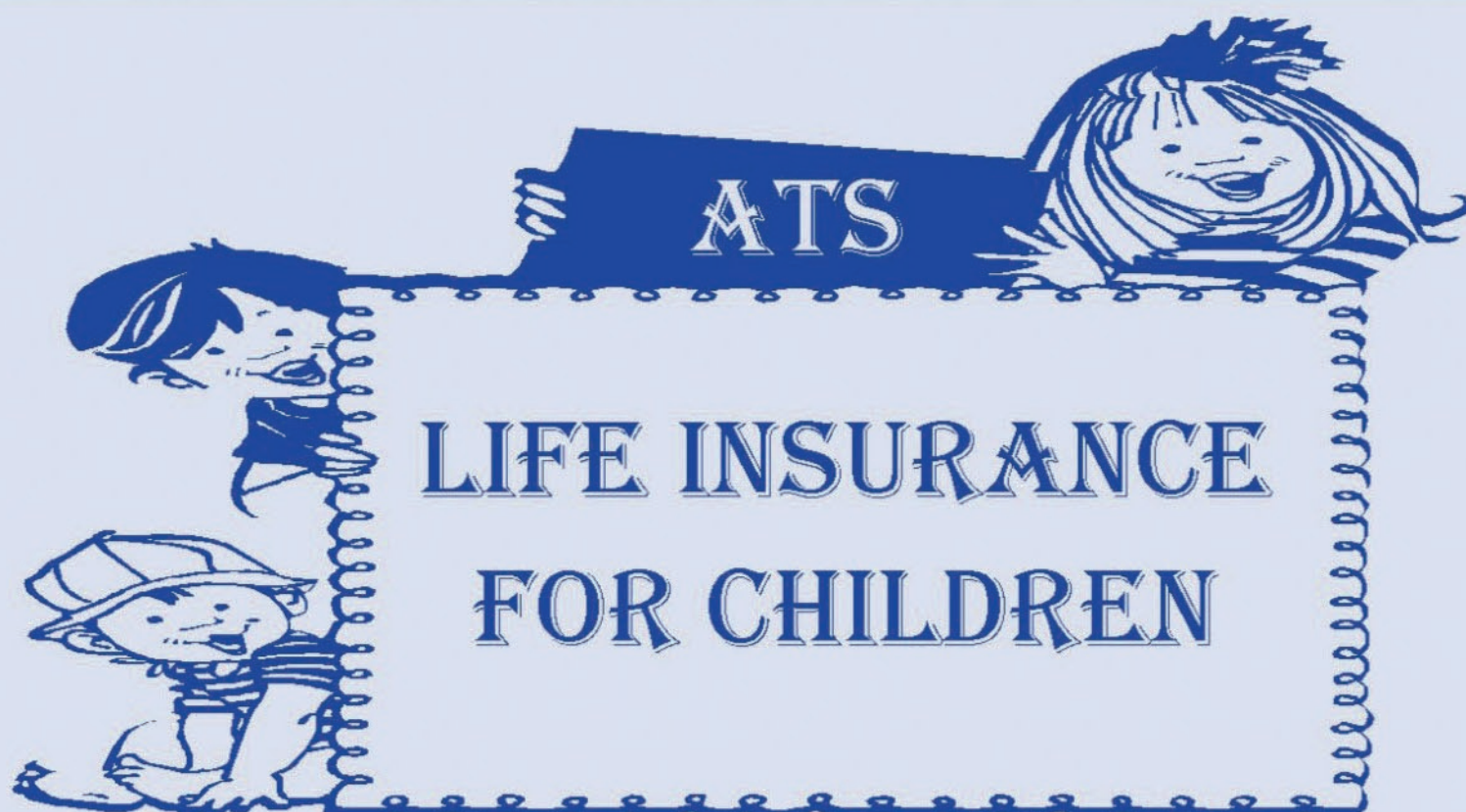
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BASICALLY, THERE ARE FOUR REASONS THAT A PARENT OR GRANDPARENT SHOULD WANT TO BUY LIFE INSURANCE FOR THEIR CHILD OR GRANDCHILD. THEY ARE:

- BUILDING A FUTURE NEST EGG
- BUILDING AN EDUCATION FUND
- GUARANTEE LOW PREMIUMS FOR LIFE
- GUARANTEE INSURABILITY

BUILDING A FUTURE NEST EGG

Permanent Life Insurance is a good way to provide tax-advantaged savings for a child. By purchasing a life insurance policy at an early age, the cash accumulation can be substantial by the time the child becomes an adult. And when the child becomes an adult, money is there when it's needed...for a down payment on a home, to begin a new business, etc. The policy's cash value acts as a reserve fund that can be used to meet future needs.

BUILDING AN EDUCATION FUND

With the cost of a college education rising even faster than the overall rate of inflation, most parents with young children are concerned about whether they will be able to afford to put their children through college. A permanent life insurance policy is a way to guarantee that money for college is available. The tax-deferred growth inherent in whole life assures that the cash values grow on a tax-sheltered basis.

GUARANTEED LOW PREMIUMS FOR LIFE

When a permanent life insurance policy is purchased on a child's life, the premiums are guaranteed because they are based on the insured's age at the time the policy is issued. The younger the insured, the lower the premium. By purchasing insurance for youngsters, parents or grandparents can be assured that when the child grows up and assumes responsibility for the premium payments, the cost will be substantially lower than comparable insurance coverage purchased at that time. And though the child won't appreciate the benefits when it's purchased, the grown-up undoubtedly will.

GUARANTEED INSURABILITY

While money pays for life insurance coverage, it's the insured's good health which allows it to be purchased. If the insured is in poor health, no amount of money can purchase life insurance coverage. And since no one can predict the future, no one knows for sure which healthy child will become a healthy adult.

THE ADVANTAGES AND BENEFITS OF JUVENILE INSURANCE ARE NOT ENJOYED UNTIL MANY YEARS LATER WHEN THE JUVENILE GROWS UP AND ACQUIRES ALL OF THE INSURANCE NEEDS AND FINANCIAL RESPONSIBILITIES THAT ACCOMPANY ADULTHOOD. PREPARE YOUR CHILDREN FOR THE FUTURE.....

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